



Probussouth Club of Avoca Beach Inc.

NEWSLETTER

Issue: 394 Monday 20th July 2026

Life Members : Roy Crump, Dennis Elliott,
Jan Heinrichs , Jock Plimmer, Barry Porter.,

Management Committee

President:	Peter Ayton	0404 615 090
Vice President:	Pamela Spencer	0400 396 542
Secretary:	Dorothy Harper	0419 310 685
Treasurer:	Joan Flynn	0419 997 573
Guest Speakers:	Peter Mear	0401 346 824
Membership:	Sue Roe	0422 771 070
Asst Secretary	Barbara Chalmers	0427428 721
Asst Treasurer	Maureen Bell	0409 778 141
Asst Editor	Barry Tobin	0417 260 833
Asst Membership	Joan Flynn	0419 997 573
Asst Guest Speaker	John Evans	0414 997 273
Social Activities:	Paul McInnes	0412 524 815
Catering Liaison:	Sue Roe	0422 771 070
Editor & Printing	Dennis Elliott	0412 049 020
Immediate Past Pres	Barry Tobin	0417 260 833

Ancillary Appointments

Attendance:& Welfare	Sue Elliott	0425 234 725
Social Activities:	Jenny Lucas	0411 021 913
	Val Allen	0433 131 774
	Judith McDonald	0412 795 620
Catering Team	Joy Kuiters	0432 684 445
	Jan Johnson	0407 631 686
Raffles (Meetings):	Wendy Noonan	0416 286 787
	Jan Johnson	0407 631 686
Raffles (Barbecues):	Merrilyn Self	0404 072 065
	Sue Elliott	0425 234 725
Book Exchange:	Joe Panozzo	0458 130 338
Website & Email	Barry Porter	0432 697 490
Auditor & Pub Officer:	Jock Plimmer	0427 877 851
Printing/Production	Dennis Elliott	0412 049 020
Probussouth Ambassador:	Barry Porter	0432 697 490

Interest Group Convenors

Golf Group Convenor:	Jock Plimmer	0427 877 851
Mexican Train Group:	Yvonne Hollis	0409 030 304
Mexican Train Group	Barry Tobin	0417 260 833
Walking Group	Jeanette Anderson	0422 161 893
10 Pin Bowling	John Hart	0402 020 026

EMERGENCY TELEPHONE NO

Social functions- Paul McInnes 0412 524 815

TODAY'S GENERAL MEETING

10:15am at Avoca Beach Bowling Club

Guest Speaker:

Bruce Carty - Norah Head Lighthouse

NEXT GENERAL MEETING

17th August 2026

PROBUS CLUB OF AVOCA BEACH INC.

PO Box 14 Avoca Beach NSW 2250

avocaprobussouth@gmail.com

www.probusouthpacific.org/microsites/avocabeach

General Meetings: 3rd Monday of the month

This Newsletter is for information of members of the Probussouth Club of Avoca Beach Inc. and other Probussouth Clubs and is not to be used for any other purpose

The Newsletter is available on the club website

FROM THE PRESIDENT

Probussouth Information Day.

Nine Committee members attended the informative Probussouth Information day in Wamberal.

We each rubbed shoulders with other Probussouth Club committee members in our area, in our various roles, exchanging ideas and enjoying new information to continue

to keep Avoca Beach Probussouth continually moving forward in the future. Thank you to all who attended.

THE GOSFORD RACE DAY.

Thirty members attended and thoroughly enjoyed Seniors Race day at the Gosford Racecourse.

Our club was given the honour of receiving a Race Sponsorship package, which included the Naming of Race 2 and presenting the winner with a trophy and sash suitably inscribed at no cost to our club. (See photo below).

The honour of the presentation and afterwards was attended by Sandy, Paul, Jock and myself, with Dorothy also enjoying this event on our behalf.

Well done to those who backed a winner, it was a great day to all who attended.

Best dressed Julie Biancotti and David Minshall winning the chocolates.

A special thank you To Roy and Kay Crump for their organisation of this event.

Yours in Fun, Friendship and Fellowship

Peter Ayton



Gosford Race Day –

From the Editor:

To assist with the loading of our newsletter onto our website (which only has a limit of 2mb per article) we have re-arranged our newsletter slightly



Social Activities Program 2026



WHAT'S HAPPENING IN 2026

To add, alter or cancel booking please Contact

Social: Paul McInnes 0412 524 815 or

Jenny Lucas 0411 021 913

BBQ's & Pub Lunches: Sue Roe 0422 771 070

If Possible, Please pay to attend social functions by online banking, or by cheque. Bank Details are Westpac: BSB 032 596 Acc No 147818 Use your name plus the 4/5 letter function code

If paying by Cash at the meeting: Please place exact money in a sealed envelope indicating Name, Event and amount tendered for each separate event. (envelopes will be provided if needed.)

Monday 20 July	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Thursday 23 July	Christmas in July at Camden Valley Inn Lunch and Entertainment, includes coach travel. \$120 Maximum 35) Pick up at 0830 at the Avoca Bowling Club Carpark	Bookings & Payment Contact: Paul McInnes	Xmas
Monday 3 August	Pub Lunch at 12pm at Kincumber Pub Kincumber. Own Cost.	Bookings by 15 July Contact: Sue Roe	
Monday 17 August	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Friday 21 st August	Enjoy an outing to The Sydney Aquarium & Madam Tussauds \$39 for both attractions. Travel using our opal cards & Lunch at own cost Attendees to pay at the venue	Bookings and Payment Contact: Paul McInnes	AQUA
Monday 7 September	Barbecue , 11am at Kincumba Mountain Reserve, Island View Drive, Kincumber. Cost: \$5. Pre-booking and cancellation advice essential. <i>Wet Weather Alternative: 12pm Elanora Hotel East Gosford. Own Cost.</i>	Bookings by 19 August Payment at Barbecue Contact: Sue Roe	
Friday 18 th September	Postman's Run – Train to Hawksberry River where we will join the Ferry for an enjoyable run up the river and back with lunch. Cost TBA	Bookings by 17 th August. Contact Paul McInnes	
Monday 21 September	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Mon 29 Sep – Fri 10 Oct	School Holidays		
Mon 05 October	Labour Day		
Monday 12 October (one week later than usual)	Probus Day Special Barbecue - "Fish and Chips" at 11am at Hunter Reserve (near theatre), Avoca Drive, Avoca Beach. Cost: \$5. Pre-booking and cancellation advice essential. Celebrate Probus Day. Come dressed in our Probus colours of blue and yellow. Prizes to be won for the most creative ensemble. Share a good joke. Prize for the best joke. <i>Wet Weather Alternative: 12pm Kincumber Hotel, 6 Carrak Road, Kincumber. Own Cost.</i>	Bookings by 16 Sept. Payment at Barbecue Contact: Sue Roe	

SPECIAL INTEREST GROUPS

GOLF	Each Wednesday, 10:30 @ Breakers Country Club, Wamberal	Contact Jock Plimmer
Mexican Train (1)	Each Thursday, 1:30 pm @ at the Elliott's Home	Contact Yvonne Hollis
Mexican Train (2)	The 2 nd & 4 th Mondays @ ABBC at 1300	Contact Barry Tobin
WALKING GROUP	Each Tuesday @ 09:00 meeting point to be advised Walk commences at 0910	Contact Jeanette Anderson
10 PIN BOWLING	Second Monday of the month @ 10:00 am contact John Hart	Contact John Hart

Don't forget that the next instalment for the Club Holiday is due in This Month \$400.00 pp

FINANCIAL REPORT

Financial Statement – 20-5-26 to 16-06-26

Cash Balance	20,420.47
Plus Income	4,125.00
Less Expenditure	-5,514.92
Cash Balance	19,030.55
Plus Deposits to Suppliers	7,150.00
Less Members pre-payments	-17,050.00
Available funds	9,130.55

Joan Flynn, Hon. Treasurer

**HAPPY
BIRTHDAY!**

Best wishes to everyone celebrating a birthday

Between 21st July and 17th August

22/7 Marilyn Penny, Roy Crump,

29/7 Dennis Elliott, 29/7 Joan Flynn,

31/7 Val Allen, 31/7 David Self,

4/8 Ruth Shepherd, 4/8 Pam Spencer,

5/8 Marilyn Self, 6/8 Pat Tobin,

8/8 Jock Plimmer, 8/8 Jeanette Panozzo,

15/8 Lorraine Kane

A Very Happy Anniversary

*to everyone celebrating a Wedding Anniversary
this month*

WELFARE

Please let our Welfare Officer, Sue Elliott, know if any of our members are unwell and would welcome a friendly call.

**For apologies at our General Meetings please
phone or email our Membership Officer Sue**

Roe on

0422 771 070 or lsroe@outlook.com

**PUB LUNCH
3rd August @
Kincumber Hotel
12.00 am.**

(Own Cost)

**Please tick (✓) your name on the booking sheet if you
will be attending.**

**Please Advise Sue Roe 0422 771 070
if you wish to cancel.**

**This Month's Event
Christmas in July @ Camden Valley Inn
Coach Travel, Lunch and Entertainment
Cost \$120**

Maximum Numbers 35



**Avoca Beach Bowling Club
"Bowler of the Year" –Les Sharp**



Congratulations



Pub Lunch West Gosford RSL 01/06/26



Jim and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Jim suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there.

Edna promptly jumped in to save him. She swam to the bottom and pulled Jim out. When the Head Nurse became aware of Edna's heroic act she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable.

Pub Lunch 6/07/26 west Gosford RSL



When she went to tell Edna the news she said "Edna, I have good news and bad news. The good news is you're being dis-charged, since you were able to rationally respond to a crisis by jumping in and saving the life of another patient, I have concluded that your act displays sound mindedness. The bad news is, Jim, the patient you saved, hung himself right after you saved him with his bathrobe belt in the bathroom. I am so sorry, but he's dead.

Edna replied "He didn't hang himself, I put him there to dry. How soon can I go home?"

(thanks to Marge Clague for the above)

Gosford Race Day 18th June



PIC•COLLAGE

Lunch @ The Grange, Wyoming 6th July



Best Dressed Julie Biancotti & David Minshall

