INTEREST AND ACTIVITY GROUPS

BOOK CLUB Contact Glenys Hall
Meets **10.30-11.30** the third Tuesday of the month at the Albury Library Museum Activity Room, allow time if you can for a coffee afterwards. We are reading *'Nothing to Envy, Love, Life and Death in North Korea'* for this month. Next meeting is **15th September.**

CYCLE GROUP Starts in September Contact Lois Clark. Riders meet at the Kensington Gardens Reception every **Friday** at 9.00am.

DINE OUT Contact Wendy Harvey
Enjoy lunch at **Quartz Cuisine at Cofield Wines**, 341 Distillery Rd, Wahgunyah, at 12.00 noon on **Wednesday 2nd September**

INFORMATION TECHNOLOGY Please bring your issues to Neville Windeyer, Geoff Smith or Jenny Butt who will arrange individual support

PROBUS MORNING TEA 2nd Wednesday of the month, 10.00 at **Borella Café**, Albury, **Wednesday 9th September** No need to book.

SUNDAY PUB LUNCH Contact Wendy Gibbons
Meets 12.00 noon on the 3rd Sunday. This month enjoy a Sunday adventure at **The Dederang Hotel** on **Sunday 20th September**

WALKING GROUPS
Contact Geoff Smith - Meets every **Monday morning** as advised by Geoff by text message
Contact Jenny Butt - Meets every **Thursday morning** as advised by Jenny on WhatsApp

WORLD AFFAIRS Contact Geoff Smith
Meets at 2.00pm on the 2nd Tuesday of the month at the Commercial Club. Topic for meeting on **8th September** is "*How do we address homelessness, poverty and the housing situation in Australia".* Guest speaker is Geoff Harsant from Junction Support Services.

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Essential Club Information

President	Joan Waldon joan.waldon@gmail.com
Secretary	John McDonald jhmcdonald6@gmail.com
Welfare Officer	Carmel Hicks carmel.hicks@icloud.com
Newsletter	Susan Hanson smpickup01@gmail.com
Meetings	4th Wednesday of the month, Commercial Club 9.30am
Postal address	PO Box 3500, Albury, NSW 2640

Probus Club of Albury-Murray Inc. NEWSLETTER

Meeting #316 Public Newsletter #302 August 26th, 2026

Guest speaker is **Ema Davis**, Naturopath (BHSc) NHAA talking about the five foundations your naturopath wants you to know before trying another diet.

Next month's guest speaker is Paul Tasker, Musician, Composer and Conductor speaking on "Music's place in our lives"

Mini talk with Susan Hanson *"Hope in Action: the Earthshot Prize"*

MONTH	MEMBERS	MEMBER INPUT
August	Jeanette Tornow, Joan Waldon, Jenny Arnold	Susan Hanson
September	Cheryl Blacker, Charlie and Connie Trenchard	Helen Colja

CELEBRATIONS

INDUCTIONS: Welcome to our new members – Wendy Drummond, introduced by Pat Pierssene, **Judy Ross,** introduced by Wendy Gibbons and **Cheryle Hallows**, introduced by Jenny Butt.

VALE: At our July meeting we were able to acknowledge our member Gillian Bahr, who died recently, and reflect on her time in our Probus Club. We would also like to record here that she holds a special place in our hearts and thoughts and we send our best wishes to her family.

Interested in our Club?

You are most welcome to join us as a visitor at our monthly meeting – see how we enjoy Fun, Fellowship and Friendship across our variety of members and activities. Call 0427 413 306 for more details and to arrange a visit.

WHAT TO DO NEXT – NEAR and FAR

PROBUS ACTIVITIES

Fortnightly Games Afternoon at the Commercial Club, near Dean St entrance. Next meeting are **Friday 28th August, September 11th and 25th at 2.00pm. Contact Catherine Cutler** for more details.

The **Cycle Club** will meet each Friday at 9.00am at the Kensington Gardens Reception for an approximately 1 hr ride around the local area, followed by coffee. **Starting 4th September. Contact Lois Clark**. No need to notify that you are attending, just roll up.

Coach Trip to Coolamon Wednesday 9th September – UPDATED INFORMATION leaving from Lincoln Causeway Carpark at **8.30**, **cost $40.** We will be told about the Cheese Factory and cheese samples will be available at the front of the café. Please note you will need to pay for your own lunch, bring gold coins for your entrance to the Fire Museum and Art Show. **Names to June**

Celebrate 50 years of Probus with other Probus Clubs on **Sunday 27th September,** at the SSA Club Starlight Room, 11.30am, cost $50pp. **Names to June**

SAVE THESE DATES:

29th October – PROBUS month BBQ

18th November – Self Drive Trip

16th December - Probus Christmas Lunch

Don't forget **Norfolk Island Trip 10th-17th February** and **Cabivan 15th-22nd March in 2027.** Book your accomodation at **Reflections Tumut River Holiday and Caravan Park.**

Are you looking for some gentle but effective exercise? Why not give chair Yoga a try? Each Tuesday, 9.30-10.15 at Wodonga, cost $10.00, a small group of Probus members. Contact Leanne on 0480 476 126 for more information and to confirm attendance – (please note corrected phone number, my apologies for the earlier error).

COMMUNITY ACTIVITIES

Murray Concert Choir Spring Concert ***Paths of Light*** **Saturday September 12th St Matthew's Albury at 7.30pm,** and **Sunday September 13th St John's Wodonga at 2.30pm. Admission $25, ($20 concession, under 18 free).** See Catherine, Don or David for more information and tickets, which are also available via Try Booking, from Regent Cinema Albury or at the Door.





Next Month's Guest Speaker:

Paul Tasker

Musician, Composer, Conductor



"MUSIC's PLACE IN OUR LIVES"

Paul is a man is a man of many talents.

- ✓ *Virtuosic pianist*
- ✓ *Conductor*
- ✓ *Composer*



Paul career includes:

- ➢ *Director of Music at Scots School Albury*
- ➢ *Albury Wodonga Symphony Orchestra*
- ➢ *Murray Concert Choir*
- ➢ *Three Choirs Festival*
- ➢ *Composed a stunning "Moodemere Suite"*
- ➢ *Composed "Sutherland's Grave" which premiered at the recent 4 Choirs Concert*

How do we address homelessness, poverty and the housing situation in Australia?

World Affairs Discussion Group

Tuesday 8th Sept 2026
at 2.00PM
Commercial Club

Special Guest Speaker
Geoff Harsant
Junction Support Services







Dine Out:

Quartz Cuisine at Cofield Wines

QUARTZ CUISINE AT COFIELD

cofield wines



Time: *12 noon*

Date: *2nd Sept 2026*

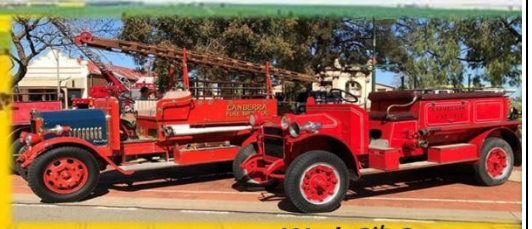
Venue: *341 Distillery Rd*
Wahgunyah, VIC 3687



Names to Wendy H please

A Great Day Awaits You!!

A Trip to Coolamon, NSW



Stroll down the main street and visit:

- ✓ **NSWFB Museum**
- ✓ **2026 Art Exhibition**
- ✓ **Old Coolamon Hotel**
- ✓ **Visit Coolamon Cheese**
- ✓ **Plus more !!**





Wed, 9th Sept

Depart: *Lincoln Causeway Carpark*

Time: *8:30am*

Return: *Leaves at 2:30pm*

Cost: *$40*

Buy your own lunch

Please put your name on the list with June

Pub Lunch:

The Dederang Hotel



Enjoy a Sunday adventure with good food, laughter and conversation at the newly renovated Dederang Hotel

Date: *Sun, 20th Sept 2026*

Time: *12 Noon*



Names to Wendy G Please

If you require a lift, please ask

MURRAY CONCERT CHOIR

Under the Direction of CATHERINE NASH
with Pianist SANDRA WILLIAMS
presents

Paths of Light

A Musical Journey across Continents and Centuries

Saturday, September 12th 2026
at ST. MATTHEW'S ALBURY at 7.30 pm

Sunday, September 13th 2026
at ST. JOHN'S WODONGA at 2.30 pm

Tickets: $25 ($20 Concession) under 18 FREE
Available at TRY BOOKING,
REGENT CINEMA CENTRE ALBURY
or AT THE DOOR

Catherine Nash *makes her debut as Music Director of Murray Concert Choir in our Spring concert*

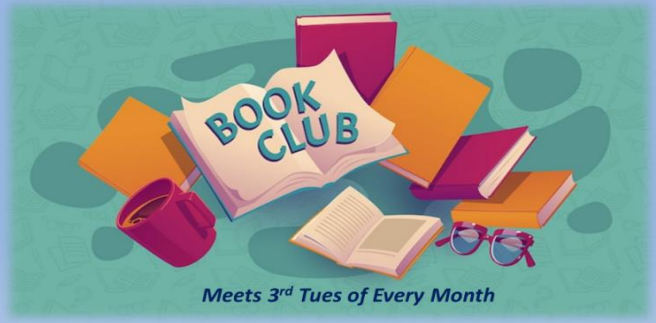
The program traces a musical journey across continents and centuries and moves from jubilant celebration to radiant sacred splendour.

Featuring works by Contemporary Australian and American composers:
- ✓ *Lyn Williams AM*
- ✓ *Stephen Paulus*
- ✓ *Eric Whitacre*
- ✓ *Paul Jarman*

Plus the grandeur of works by:
- ✓ *George Frideric Handel*
- ✓ *Henry Purcell*
- ✓ *Wolfgang Amadeus Mozart*

See Catherine, Don or David for more information and tickets

BOOK CLUB NEWS



Meets 3rd Tues of Every Month

Next meeting: *15th September 2026*

Time: *10:30-11:30* *(followed by coffee)*

Venue: *Albury City Library*

See Glenys for more information

Games Day

Meets fortnightly



Commercial Club

(Near the Dean St entrance)

2pm

- ✓ *28th Aug*
- ✓ *11th & 25th Sept*

See Catherine

If you are interested in carpooling for any of our Trips or Activities please let the organiser of the event know. The contents of this newsletter are Private and Confidential for Probus use only and not to be used for any other purpose.

September activity calendar at a glance, details in the newsletter or for more information contact June or Gwen						
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
				28th August **Games Afternoon**	29th	30th
31st **Walking Group**	1st **Chair Yoga** 9.30-10.15	2nd **Dine Out – Quartz Cuisine Cofield Wines**	3rd **Walking Group**	4th **Cycle Club**	5th	6th
7th **Walking Group**	8th **Chair Yoga** 9.30-10.15 **World Affairs**	9th **Morning Tea** – Borella Rd at 10.00am **Bus Trip to Coolamon**	10th **Walking Group**	11th **Cycle Club** **Games Afternoon**	12th **Murray Concert Choir** Paths of Light, Albury 7.30pm	13th **Murray Concert Choir** Paths of Light, Wodonga 2.30pm
14th **Walking Group**	15th **Chair Yoga** 9.30-10.15 **Bookclub**	16th	17th **Walking Group**	18th **Cycle Club**	19th	20th **Pub lunch – The Dederang Hotel**l
21st **Walking Group**	22nd **Chair Yoga** 9.30-10.15	23rd **Monthly meeting** 9.30-12.00	24th **Walking Group**	25th **Cycle Club** **Games Afternoon**	26th	27th **Probus Clubs 50th Anniversary** lunch SS&A Club
28th **Walking Group**	29th	30th				
Save the date 2026	29th October **Probus Month BBQ**	18th November **Self Drive Trip**	16th December **Probus Christmas Lunch**			
Travels in 2027	**Norfolk Island** 10th-17th February	**Cabivan to Tumut** 15th-22nd March				