

**Bilgola Plateau Probus Club
General Meeting held at Newport Bowling Club
10.00 am, 7 October 2022**

MINUTES

1 WELCOME/HOUSEKEEPING/APOLOGIES

Patricia Ryan, President, welcomed members to the 1st General Meeting of the Bilgola Plateau Probus Club. She explained Probus provided members with the opportunity to join a social Club in their local community in order to meet retirees on a regular basis, listen to interesting speakers, join in activities and follow the Probus motto of fun, friends and fellowship.

Patricia mentioned the need for the area to have an additional Probus Club and mentioned that the Foundation meeting of the Bilgola Plateau Probus Club was held on 6 September 2022 with seven members. She displayed the Club's Certificate of Accreditation and indicated the Club hoped to attract a maximum of 150 members over the coming months. She asked members and visitors to list 3 activities they were interested in to assist the Committee plan future relevant activities.

The *ice breaker* activity was won by Cheryle Protze.

Attendance:

Chris	Barnard	Hilary	Macorison	Cheryle	Protze
Sandra	Bedelis	Carol	Marcer	Patricia	Ryan
Joy	Bell	Peter	Marcer	Catherine	Simpson
Linda	Boge	Joyce	Moody	Jan	Turnbull
Dianne	Bonner	Mary	Musgrave	Murray	Turnbull
Jenny	Brown	Mike	Musgrave	Ann	Vogelmann
Ray	Drury	Sue	Patrick	Mary	Wearne
Chris	Elliott	Steve	Peam	Sue	Whiskor
Robyn	Elliott	John	Perrott	Alan	Wilson
Connie	Genna	Monica	Perrott		
Eric	Gidney	Barb	Poss		

Apologies:

Brian Penhall

Guests:

Lorraine O'Sullivan
Dr Judy Ford
David Newton Ross

2 MINUTES OF PREVIOUS MEETING

The minutes of the Foundation Meeting, moved by Mike Musgrave, seconded by Peter Marcer, were tabled as a true and accurate record.

3 BUSINESS ARISING FORM THE MEETING

Nil.

4 CLUB CORRESPONDENCE

- Brochures and posters supplied by PSPL (Probus South Pacific Limited) for distribution in the local area
- Application for registration of an incorporated association by 5 or more individuals OR by an existing unincorporated body – this has now been signed by the Club’s Secretary and forwarded to PSPL for processing with NSW Fair Trading

5 TREASURER’S REPORT

Nil. It was anticipated that a Treasurer would be nominated for the November meeting.

6 GENERAL BUSINESS

- David Newton Ross, President, Newport Probus Club, discussed the benefits of joining Probus and encouraged all present to join the Bilgola Plateau Probus Club. He added that whilst a Management Committee could organise the Club; it is the members who actually make it happen!
- Patricia indicated all members joining today would be considered as Foundation Members. She mentioned the membership fees which are:
 - \$30 joining fee (this is a one off fee)
 - \$60 annual membership fee (currently set at \$45 on a pro-rata basis)
- Patricia outlined it was Probus policy for visitors to only be allowed to attend three meetings and/or activities before being asked to join a Probus Club.

Activities for October:

Date/Time	Activity	Meet at
Tuesday 11 October, 10 am	Walk around the Newport area followed by coffee (or just coffee if raining)	Newport Bowling Club carpark, Barrenjoey Road, Newport
Friday 21 October, 12 noon	Lunch, Avalon RSL	Club Foyer
Tuesday 25 October, 10 am	Walk around Narrabeen Lake followed by coffee (or just coffee if raining)	Tramshed, Pittwater Road, Narrabeen,

7 MORNING TEA

8 GUEST SPEAKER

Dr Judy Ford, PhD gave a most interesting talk on ‘Your Lifestyle and Health Ageing’. Although not necessarily the views of Probus, Dr Ford asked members to consider the dietary benefits of olive oil, Brazil nuts, maple syrup, onions, garlic, pork mushrooms and dark chocolate.

9 CONFIRMATION OF NEXT MEETING DATE AND CLOSE OF MEETING

The meeting concluded at 12 noon.

The next meeting will be held on Friday, 4 November 2022, commencing at 10 am in the Newport Bowling Club. Members were encouraged to bring their friends along to assist the Club’s membership drive campaign.



President

7 October 2022

Date