

[Find out more about Probus](#) [View this newsletter in your browser](#)

[Forward to a friend](#)



TRADE TRAVEL
Premium Journeys. Extraordinary Experiences.

Curated Asia

Premium small-group journeys
beyond the ordinary
Iconic Highlights. Authentic local encounters.



8 escorted
tours



Maximum
16 guests



Local Trade
Travel Host



Built-in ME Days
(most tours)



[Learn more. Click here](#)



Active Retirees

Fun, Friendship and Fellowship in retirement

23 Sep 2026 – [Share with your friends](#)



If you have been forwarded this email, sign up to the monthly E-newsletter [here](#).



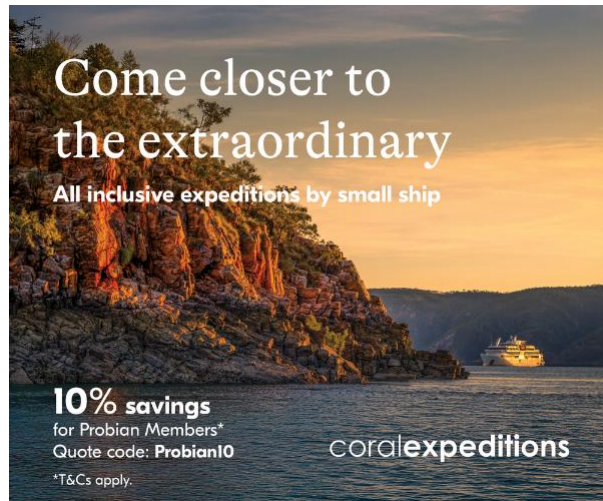
Could you live without your wallet?

For decades, leaving the house meant checking for three things: keys, wallet and phone. Today, your wallet is often an optional extra! [Read more](#)



[Help improve heatwave support](#)

Macquarie University researchers are testing a new text messaging system for Australian adults with chronic health conditions during extreme heat. [Read more](#)



Sponsored

[Small Ship Expeditions, Kimberley & beyond](#)

Explore the Kimberley and beyond with Coral Expeditions' award-winning small ship expeditions. Probian members save 10%*, with additional savings available for groups on selected voyages.

[READ MORE](#)



[How much cash is too much cash?](#)

Explore how holding substantial cash reserves can provide security in retirement while inflation may gradually reduce the purchasing power of your savings over time. [Read more](#)

GOULBURN GUIDED CITY TOUR

BOOK NOW

Ph: 02 4823 4492

GOULBURN · NSW



Is hearing loss affecting your life?

Register for a free information session



[What I Learned From My Italian Nonna](#)

Local senior fitness instructor Tanya Bianchi shares what her Italian Nonna taught her about staying active, embracing life and making movement part of every day. [Read more](#)

aspect | 
Autism Spectrum Australia

Your gift in Will can help create a future where Autistic people are seen, valued and supported.

What future will you help create?

Learn more 



EXCLUSIVE CHARTER



THE GHAN

Darwin to Geelong onboard The Ghan Expedition

6 DAYS | COMMENCES 29 OCTOBER 2027

**Darwin Extensions are available on Request

GOLD PREMIUM TWIN	FROM \$7,995* PP	ONLY 2 CABINS REMAIN	GOLD TWIN	FROM \$6,995* PP	ONLY 2 CABINS REMAIN
-------------------	-------------------------	----------------------	-----------	-------------------------	----------------------

AussieTrains & Cruise
Your journey begins with us

Email: stuart@aussietrains.com.au | 13 44 26



Delicious Tart

Who better to learn how to bake a delicious tart from than the culinary guru herself, Margaret Fulton? An alternative to figs for this recipe could be muscat grapes or blueberries. [Read more](#)

PROBUS TRAVEL INSURANCE

FEATURES AND BENEFITS*:

- Pre-existing medical condition cover
- 24/7 emergency assistance
- Simple claims process

LEARN MORE

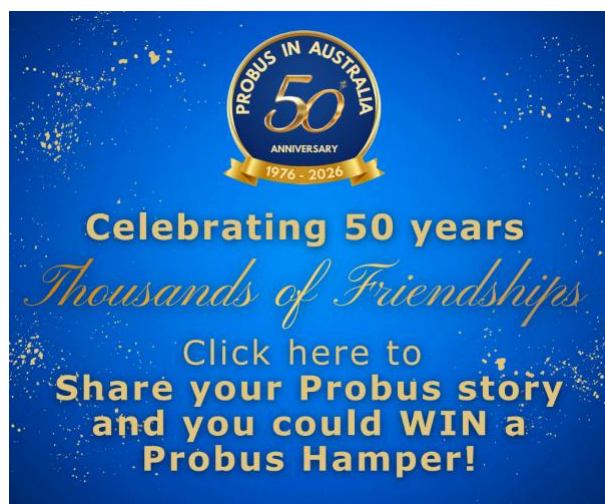
1800 125 234

ProbusTravel@allianz-assistance.com.au

*T&Cs apply. Probus arranges this insurance as authorised representative for Allianz Global Assistance (AGA) who issue and manage travel insurance for the insurer, Allianz Australia Limited Pty Ltd. Read Product Disclosure Statement for more information.







[What's your Probus story?](#)

We Want to Hear About Probus from Probus Members. We're looking for members to share a short testimonial - your Probus story. It doesn't need to be long – just a few sentences sharing your genuine experience is perfect.

[READ MORE](#)

Probos Club News

QUEENSLAND



[A Whale of a Time](#)

Kirra-Tugun Probus members packed plenty into a six-day getaway through Bundaberg,

1770 and Hervey Bay, with highlights ranging from local food and factory tours to sea turtles, historic attractions and spectacular encounters with whales. [Read more](#)

WESTERN AUSTRALIA



[The City of Mandurah Civic Reception](#)

Six Mandurah Probus Clubs were recognised at a special civic reception celebrating 50 years of Probus in Australia, with the City acknowledging the dedication of local volunteers and the important role Clubs play in strengthening community connections. [Read more](#)

NEW SOUTH WALES



[An Outing to the New Sydney Fish Markets](#)

From familiar Sydney landmarks and Eastern Suburbs scenery to fresh seafood and sweet treats, Gosford West Probus members enjoyed a memorable day out exploring the sights and flavours of Sydney. [Read more](#)

NORTHERN TERRITORY



[From Paddock to Proud Museum](#)

A visit to the Darwin Military Museum gave Palmerston Probus members the chance to explore the city's wartime past, while those who remembered the museum's early days added their own memories to an outing filled with history. [Read more](#)

SOUTH AUSTRALIA



A Celebratory Luncheon at the Cleve Hotel

Fifty-four current and past members and friends gathered at the Cleve Hotel as the District of Cleve Probus marked the 50th anniversary of Probus in Australia and celebrated 23 years of friendship, fellowship and fun in the local community. [Read more](#)

TASMANIA



A Special Milestone Over Morning Tea

A morning tea at The Penguin Bakehouse became an extra-special occasion for Central Coast Probus as members celebrated Peter Radel's 90th birthday and enjoyed catching up, sharing stories and spending time together. [Read more](#)

VICTORIA



[50th Anniversary Celebration at Whitehorse City Council](#)

Representatives from thirteen Probus Clubs joined City of Whitehorse Mayor Kirsten Langford and local councillors for a special function recognising their shared commitment to supporting active, engaged and connected communities. [Read more](#)

[AUSTRALIAN CAPITAL TERRITORY](#)



[History and Stargazing at Mt Stromlo](#)

Bundled up against the Canberra winter, Lyneham Probus members spent an unforgettable evening at Mt Stromlo Observatory, discovering its history and resilience before enjoying close-up telescope views of Venus, distant stars and the lunar surface. [Read more](#)

Click here to subscribe to the
[Active Retirees Digital Magazine](#)



CONNECT WITH US



[TOP OF PAGE](#) / [PROBUS WEBSITE](#)



Probus South Pacific Limited
PO Box 1294, Parramatta NSW
2124
T: (02) 9689 0200
1300 630 488 (Australia)
0800 14776 287 (New Zealand)
E: admin@probussouthpacific.org
W: www.probussouthpacific.org

Copyright Probus South Pacific Ltd.
2023.

All rights reserved. ACN 152 374 395

[UPDATE YOUR DETAILS](#) | [UNSUBSCRIBE](#)

[CONTACT EDITOR](#) | [CONTACT PROBUS](#)
[PRIVACY POLICY](#)

IMPORTANT INFORMATION

Any information you provide to Probus South Pacific Limited (PSPL) will be collected, managed and used in accordance with PSPL's Privacy Policy which can be accessed [here](#). By providing your information you consent to its use in accordance with the Privacy Policy. Any sponsored content is provided and paid for by the advertiser. The information provided in this publication is of a general nature only and should not be considered as a recommendation or endorsement by PSPL of any product, service or advice contained in this publication. Accordingly, PSPL accepts no liability in relation to any products, services or advice provided by advertisers. Please consider your personal circumstances and seek professional advice, if necessary. Recipients of this publication should ensure they review any terms, conditions and disclaimers provided by advertisers.