



The Combined Probus Club of Mona Vale Inc

PO Box 1165, Mona Vale NSW 2103

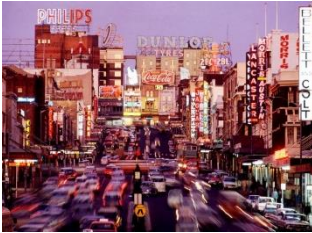
Newsletter Volume 8 Issue 2 – February 2025

NEXT PROBUS MEETING: Tuesday 18 February 2025 – 10:00 am for 10:30 am start – Pittwater RSL Club

GOING PLACES (update from the Outings Desk)

SIN IN THE CITY – A KINGS CROSS CRIME TOUR

Tuesday 4 March 2025



Kings Cross has a reputation like nowhere else in Australia and its notorious history is both fascinating and fearsome. The sensational stories, secrets and scandals of its many years in the

spotlight (or, rather, neon light) are ready to be rediscovered and you're invited on an adventure like no other.

With a local crime historian as our host, we will explore key sights, structures and surrounding suburbs both on foot and on the coach. We will be introduced to infamous characters such as Dulcie Deamer, the Queen of Bohemia, Abe Saffron, the Boss of the Cross, Kate Leigh & Tilly Devine, the Queens of the Underworld and Roger Rogerson, the King of Corruption, just to name a few. We will also hear about notorious underworld events such as the Razor Gang Battle of Kellett Street and the influx of American sex, drugs and rock 'n' roll. Approximately 1km, flat route with few stairs or inclines. Don your best vintage attire or gangster chic to truly immerse yourself in the spirit of Kings Cross!

Cost is \$120 per person which includes: morning tea, historical crime guide, a two-course lunch, a beverage, and a storytelling presentation at the Kings Cross Hotel overlooking the Coca Cola sign, and luxury coach touring. **Departs from Mona Vale Beach at 9:30 am and returns at approx. 4:00 pm**

LUCAS HEIGHTS DISCOVERY CENTRE

Tuesday 1 April 2025



Get 'Up and Atom' with a science tour of one of Australia's largest public research organisations. With over 350 scientists and researchers, The Australian Nuclear Science and Technology Organisation (ANSTO) is home to some of Australia's most critical scientific infrastructure including the nation's only

research reactor, a suite of neutron beam instruments, particle accelerators, cyclotrons and the Australian Synchrotron.

Education officers will take us on an exciting journey into the world at the sub-atomic scale, explaining how, through applying our knowledge of the basic building blocks of our universe, scientists are helping solve the big issues surrounding health, climate change and innovation for industry. The tour is customised for our group with non-technical explanations and minimal walking. It's a rare opportunity to go inside the domain of scientists and see them at work.

We will then travel to Bundeena, where we will have a two-course lunch at the Bundeena RSL Club. Following lunch we will board the Bundeena Ferry, for a short voyage across the stunningly beautiful Port Hacking before disembarking at Gunnamatta Bay.

Cost is \$98.50 per person which includes: morning tea, guided tour of Lucas Heights Discovery Centre, 2 course lunch, National Park entry and ferry, and luxury coach transportation. **Departs from Mona Vale Beach at 8:00 am and returns at approx. 5:30 pm**

NB: Please note one week prior to the date of outing we must provide a list of all names, addresses, date of birth, and Driver's Licence or Passport number or Pension Card number. This form of ID must be brought with each member on the day also. Enclosed shoes must be worn – no open toed sandals.

KIAMA – 4 DAY TOUR

24 – 27 March 2025

We have a couple of rooms left so please see us at the outings desk if you still wish to join this tour. For members who have already booked – final payments have been made. We depart on Monday 24 March and return Thursday 27 March. There will be two pick up points – one from Warriewood Brook for residents of the village and close by; and Park Street, Mona Vale (outside the Mona Hotel) is the other. Times will be emailed the week prior. Please let the outings desk know your preferred pick up point. Printed Itineraries are available at the outings desk.

LIGHTNING RIDGE – 8 DAY DRIVE/FLY TOUR

8 – 15 September 2025

Bag yourself an opal, visit cattle yards on the edge of the Queensland Outback, explore the beautiful and rugged countryside, and meet local characters. We are taking bookings now – share \$3100.00; single supplement \$610.00. Details in March newsletter.

THE THEATRE

Theatre Royal – Hadestown

Wednesday 2 April 2025 – 1:00 pm

Winner of 8 Tony Awards® including Best Musical and the Grammy Award for Best Musical Theatre Album. A defiantly hopeful theatrical experience that will take you on a journey to the underworld and back, intertwining two mythic love stories – that of young dreamers Orpheus and Eurydice, and that of King Hades and his wife Persephone. **Tickets @ \$64.50 pp** (group rate). Contact Shirley Holder or Jean Hart to reserve your seat. Payment required by **Tuesday 25 February 2025**.

Lyric Theatre – MJ the Musical

Wednesday 14 May 2025 – 1:00 pm

He is one of the greatest entertainers of all time. Now, Michael Jackson's unique and unparalleled artistry is heading to Australia in the multiple Tony Award®-winning musical MJ. **Tickets @ \$99.50 pp** (group rate). Contact Shirley Holder or Jean Hart to reserve your seat. Payment required by **Friday 7 March 2025**.

Elanora Players – The Great Divide

11 to 19 July 2025.

A new comedy with wise-cracking commentary on wealth inequality and human greed – and with

characters you may have met! [Learn More](#), Venue: North Narrabeen Community Centre, 2-10 Woorarra Ave, North Narrabeen. Tickets \$35, \$28 concession – on sale now – book direct (click [here](#)).

Theatre Royal – Cats

Wednesday 6 August 2025 – 1:00 pm

Let the memory live again!. Experience the 40th Australian Anniversary of Andrew Lloyd Webber's record-breaking musical CATS, returning to Theatre Royal Sydney. **Tickets @ \$70.50 pp** (group rate). Contact Shirley Holder or Jean Hart to reserve your seat. Payment required by **Tuesday 17 June 2025**.

Concourse, Chatswood – Anything Goes

Sunday 26 October 2024 – 11:00 am

This beloved musical, featuring Cole Porter's classic hits, is packed with music, dance, and comedy, telling the timeless story of boy meets girl with plenty of laughs and romance along the way – proudly presented by the Willoughby Theatre Company. **Tickets @ \$62.00 pp** (group rate). **NOTE: Payment is required no later than 30 September 2025.** Contact Shirley Holder / Jean Hart to secure your seat.

WALK THE WALK & TALK THE TALK

TODDLES WALKING GROUP (Patsy Wilson)

Tuesday 25 February 2025 – 10:45 am

Royal Botanic Garden – Sydney

Distance – 4 km (there and back)

Grade – Easy

Time – 10.45 am

Meet – Outside Circular Quay Wharf No 3. We will walk through the gardens to Mrs Macquarie's Chair & on to the Calyx exhibit. We will pick a restaurant of our choice on the day so no booking required, but please let Patsy Wilson know if you are going on the walk.

Tuesday 25 March 2025 – 10:45 am

Manly Dam

Distance – 4 kms (there and back)

Grade – Easy

Time – 10.45 am

Meet in No 1 car park near amenities block and we will do the new boardwalk trail, then picnic or BBQ near the waterfall. Please let Patsy know if you are going on the walk.

GUEST SPEAKERS (Ramona Cox)

Feb 2025 **Diana Pheils** – “How Theatre shows us who we were and what we have become”

Mar 2025 Captain Gavin's “Unvarnished and humorous account of a young man's road to ship's captain, harbourmaster and beyond”.

Apr 2025 **Paul Lucas** – Angel Flight

Guest speaker for February is Diana Pheils, who has been entertaining audiences on the Peninsula with her Theatre Talks for U3A for almost 10 years. Originally trained as an actress at NIDA she continued her training in drama at the Guildhall School of Music and Drama, London. For over 30 years she has taught, directed and acted in theatre as well as taught communication skills throughout the UK and Sydney. It is a passion that she loves to share, combining the history of theatre with performance. In the retirement village where she now lives she writes and produces a yearly variety show and runs a theatre group.

THINGS TO DO & PEOPLE TO SEE

PROBUS PRESIDENT'S LUNCH

Next President's Lunch: **Tuesday April 29 2025**

Venue – The Sands, Narrabeen

Time – 12:00 noon

No need to RSVP – just look for the Probus tables.

MOVIE MOB

Movie mob returns this month on Saturday 18

January. **3rd Saturday** of each month. Janice

Tuynman will email members on Thursday or Friday

before the screening with details of movie choice, time

and cinema. Contact Janice if you wish to join the

group.

HAND CRAFTS

1ST Monday of each month, 2:00 to 4:00 pm – at the home of Robyn Day (until numbers become too large). Contact Robyn if you wish to join the group.

MEN'S BREAKFAST

Wednesday of the week following the club meeting each month at the Armchair Collective in Darley St Mona Vale, from 8:00 am. It is essential you let Graham Lynch know if you are coming (see back page for contact details).

THE CAFÉ SOCIETY

Catch up every Friday morning for coffee and cake at Pattison's Patisserie, Mona Vale, from 10:30 am. Everyone welcome.

MAH-JONG

Wednesdays in the Garden Pavilion, Pittwater RSL 1:30 pm. Enquiries: call Rob Johnson, or Viv Weeks.

LADIES' DINNER

2nd Tuesday of each month at the Glasshouse, at 6:00 pm. Contact Diana Calthorpe if you would like to attend the next dinner on 11 February.

TEN PIN BOWLING (The Alley Cats)

4th Friday of each month, starting 2:00 pm at Zone Bowling, DY RSL. First event will be held on **Friday 28 February**. Meet for lunch (optional) at the Bistro, DY RSL from 12:30 pm. Contact Marie Musumeci if you wish to play – numbers essential for bowling so lanes can be booked.

TID BITS

POSITION VACANT – and you will love it...

GUEST SPEAKER CO-ORDINATOR for the Combined Probus Club of Mona Vale. Make 2025 "your year of doing something different!".

Enjoy the challenge of sourcing the best Guest Speakers for our Monthly Meetings. It is very satisfying and this could be your chance to offer a varied programme to our members when Ramona Cox relinquishes this position in March 2025. Speakers are

OPAL DAYS

Friday 14 March 2025 – Cockatoo Island.

Note: A reasonable level of fitness is required for this outing. Travel into the city by public transport: suggestion is to catch B1 which leaves Mona Vale at 8:50 am (Narrabeen 8.55, Collaroy 8.59, Dee Why 9.06) and walk to Circular Quay (or light rail); or catch 199 bus to Manly and ferry to Circular Quay, but this takes much longer. **Meet at Rossini's, Circular Quay, at 10:00 am** for tea/coffee and roll call. We will catch the **F8 ferry from Wharf 5 departing at 10:45am** – this takes the slow route to Cockatoo Island via Balmain, Greenwich and Woolwich giving us a pleasant harbour cruise. Self guided tours of [Cockatoo Island](#) are available for \$6.00 but it is easy enough to just roam and soak up the ambiance as it only a small island (maps available). There are 2 cafes on the island that serve basic lunch food or you may choose to bring your own picnic. Return at your leisure – suggest 2:00 pm ferry to Barangaroo then walk to Wynyard to catch the B1 or to Circular Quay to catch ferry to Manly (connect with 199 bus). This will be a great day out but will involve quite a bit of walking, so wear suitable shoes, sunscreen and hat, and be sure to keep hydrated.

Contact Robyn Alexander if you wish to join the group (recommended for insurance purposes).

Next Opal outing is planned for Friday 9 May to view the Newtown wall murals.

booked up until June 2025 and there are plenty of new leads to follow with a supportive changeover plan.

Please follow up with Ramona on 0439 906 214 for further details and **please do consider** if you can become an integral part of the best Club on the Peninsula.

PHOTOS on WEBSITE

Click [here](#) to view photos from the Sydney Harbour Seafood Buffet Cruise on 4 February 2025. See Paris & [Notre Dame](#) photos by Robert Stocken.

AFFAIRS TO REMEMBER

FOR OUTINGS:

- **For all EFT payments**, include your name and event name in the reference, then send a confirmation email to the Treasurer and the event organiser to show that payment has been made. This helps prevent double handling.
- If you have special dietary requirements, let the organiser know before the outing.

APOLOGIES: A Reminder to let the Membership Officer know if you are unable to attend a meeting.

MEMBERSHIP SUBSCRIPTION RENEWAL – due on or prior to 15 April 2025 – \$55.00 (unchanged).

MARK YOUR CALENDARS – dates to remember and help you plan ahead to avoid double bookings.

| Monthly Meeting | Men's Breakfast | Ladies' Dinner | Toddles | President's Lunch |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| 3rd Tue / month | 4th Wed / month | 2nd Tue / month | 4th Tue / month | 5th Tue / month |
| February 18 | February 26 | February 11 | February 25 | |
| March 18 | March 26 | March 11 | March 25 | |
| April 15 | April 23 | April 8 | April 22 | April 29 |
| May 20 | May 28 | May 13 | May 27 | |
| June 17 | June 25 | June 10 | June 24 | |
| July 15 | July 23 | July 8 | July 22 | July 29 |
| August 19 | August 27 | August 12 | August 26 | |
| September 16 | September 24 | September 9 | September 23 | September 30 |
| October 21 | October 29 | October 14 | October 28 | |
| November 18 | November 26 | November 11 | November 25 | |
| December 2 – Xmas Lunch | December 24? | December 9 | December – 23? | December 30? |

FOR YOUR INFORMATION

VISIT OUR WEBSITE: <https://www.probusouthpacific.org/microsites/monavalecombined>

This is a microsite on Probus South Pacific's main website – with current information about our club and events.

For information about Probus Travel Insurance, please visit the PSPL website at https://www.probusouthpacific.org/pages/travel_insurance_landing_au or call 1800 125 234.

[Click here to subscribe to the Probus South Pacific Active Retirees Digital Magazine!](#)

Please remember to wear your name badge to all Probus monthly meetings and official events.