



Bulletin

Kallaroo Probos Club Inc.

No 112

May 2026

GENERAL MEETING

Friday 15 May 2026 at St Ives, Dampier Avenue, Kallaroo 9.30am for 10.00am.
Club President – Robin Briggs

If you are unwell, please do not come to Probos.



"He was very romantic when we first got married, but you know how men change."

Last month after taking on this role again, I realised when I looked at the number of the previous Bulletin, that I was on a "Nelson". Well, I try not to be superstitious, so I presented a straight bat with Bulletin 111, broke the hoodoo, and I am still batting..., well..., just.

Member News

Birthdays and Anniversaries:

Birthdays and Anniversaries cover the period between the April and May meeting.

17 May – Iain Cooper

6 June – Jacqueline Cooper

9 June – Enid Williams

12 June – Tom Knell

Welfare

Please contact Linda Malinowski on 0400 229 860 if you are unwell or you are aware of any members who are unwell. Marilyn Zakrevsky is not well, with serious pancreas problems.

Membership

President Robin inducted Linda Malinowski as a full member, noting that she has already taken on committee portfolios. Linda spoke briefly, saying how welcome she and Mike felt right from the first meeting.

Please ensure that you have signed in at the door with our membership officer, Tricia Jackson.



Hospitality

Linda is away for the next couple of months; we therefore need **volunteers** to assist with the morning tea which includes the ongoing supply of snacks for our meetings and to thereby ensure that our morning tea remains a time when we enjoy socialising with our Probus friends.

The morning tea roster is available at the rear of the room. Please consider adding your name.

Today's Guest Speaker

Sandra Finnerty is a Senior Therapy Consultant, and has been a guest speaker at many seniors' organisations over the last 9 years such as CWA, Men sheds, Probus etc. Sandra will talk about Niagara Therapy, an Australian owned registered medical company that has been around since 1949. Specialising in Seniors Health they have been helping retirees with many age-related health issues for over 77 years.

The medical therapy is drug free and is listed as Class11a Medical Devices by the Therapeutic Goods Administration (TGA). Her talk is about how the Circulation and Lymphatic systems work, how they are affected by the ageing process, the critical importance of sleep and some useful tips for reducing the risk of dementia. She will provide some useful positive tips and also explain the science behind Niagara Therapy and how it can help many age-related health issues.

The talk does not include product or pricing – Sandra will ask lots of questions and give chocolates or sweeties for correct answers.

Liaison

Please make all visitors welcome.

The Zoo Presents: Club Secretary Jeannette Campbell

I was born in South Africa - my parents emigrated from the UK and France just after WW2.

I moved to Perth in early 2024, and I am in a VERY long queue for a permanent visa ☹. Emigrating does seem to be in the blood; I have one son here in Perth and one in Auckland and a total of seven grandchildren here 'down under' and New Zealand.

I really enjoy living here and spent my first few weeks totally 'gobsmacked' at all the first world benefits you take for granted – safety, working streetlights, electricity, water, infrastructure, safe and

reliable public transport with an APP! And there is so much offered to senior citizens – even those who aren't on Medicare or pension.

I have had a very varied career. teaching secondary school English and French, before a role in Public Relations and Business Development in an engineering environment. I had an interesting stint at the



South African Human Rights Commission managing communications, followed by a few years as Human Resources and Office Manager for a Tourism Authority. I finally came full circle back to the education and training environment, doing academic quality management at a university. I set up a graduate centre offering employability skills coaching and job placement until I retired in December 2023 – an extremely challenging task given the very high rate of unemployment in South Africa, but very fulfilling.

I'm enjoying retirement, being near the family, having more free time (when I'm not being Nanna's Uber -unpaid but appreciated☺), and exploring options for new activities. I have always enjoyed reading, music, church, live theatre and musicals, walking and travel. Living at the coast is a novelty for me, coming from inland Johannesburg, so I enjoy walking along the seafront. New friends! – I find people here very friendly and welcoming. I would like to do some paid English tutoring – the cost of living is high here and earning some dollars will make my South African rand pension go a little further!

I was delighted to hear from new friends about Probus – there aren't any in South Africa, and I am looking forward to serving on the committee.

Outings

Thursday 14th April - Sorrento Workshop 16 April 2026 submitted by Jeannette.



Workshop attendees

Eight committee members from Probus Kallaroo Inc. attended this half-day workshop. I particularly enjoyed the workshop as it was my first and clarified several aspects of the Probus landscape for me.

Presentations were given by various PAWA (Probus Association Western Australia) committee members.

Topics included the history, composition, funding, patrons and functions of PAWA. PAWA's role is to be the voice of their members: to listen, advise and represent the Probus clubs in WA (currently 84 clubs with 4700 members) – they do NOT tell us what to do!

Presenters also covered PSPL (Probus South Pacific Limited), the administrative and service body:

accreditation, services and governance. PSPL supports Probus clubs with marketing materials, guidelines, insurance, legal advice etc. – and one aspect we are looking forward to: assistance with our website!

Common challenges facing Probus clubs were discussed and some solutions proposed.

After an enjoyable tea break, attendees met in breakaway groups relevant to their roles e.g. I was part of the secretaries' group and was able to get tips from more experienced secretaries from other clubs.

All in all, it was an enjoyable and informative morning and provided networking opportunities to make valuable contacts with other clubs' members.

Last Meeting's Guest Speaker



Anne Chapple presented a very interesting talk on the origin of ANZAC House, its first occupants – her grandfather and his family - and the restoration after it fell into disuse and disrepair. It is currently open as a museum.

Anne Chapple being thanked for her interesting talk on ANZAC House.

Limelight

We attended "Accidental Death of an Anarchist" on May 7. – The play was a farce, lots of laughs accompanied by the usual high standard of production that we have come to associate with Limelight productions over the years. Some of the satire seemed to be very close to current reality.

Brian extended apologies to Dale as he had not realised that there was a musical aspect. Their rendition of the Chattanooga Cho-Cho nearly brought the roof down, as did the Mexican musical sendup! (Dale did enjoy the sendups of the music, ...and of himself). Two endings were offered, both equally satirically, or cynically plausible, both endings went off with a bang.

Including the dinner at Eight Slices, a very enjoyable evening.

Forthcoming Distractions

Outings

The president and secretary will attend the PSPL 50th Anniversary function at Government House on 14 May 2026, hosted by the Governor of Western Australia. We will arrange a

Probus 50th anniversary event later in the year. Please submit suggestions to Barry and Brian.

Guest Speakers

June – traditionally there has been no speaker in June, just a birthday celebration – 28 years this year. There will be a Sausage Sizzle on the balcony with Birthday Cake accompanied by some golden oldies – music that is, not us, and maybe a quiz.

Limelight

Limelight will be presenting “Aladdin” based on “One Thousand and One Nights” from 9 July to 25 July. The plot centres around the wicked Wizard Abanazar, who has spent years searching for a magic lantern. The script comes from the English playwright Ben Crocker, a master of the genre. Crocker’s scripts are known for incorporating all the quintessential pantomime elements: audience interaction, a villain and a hero, a princess, a pantomime dame and a cast of comic characters. Like all good pantomime, the script will include some contemporary satirical elements so that the story resonates on more than one comic level.

Date Thursday 23rd July 2026 7.30pm. Tickets \$23.00.

Please register your interest for outings and Limelight on the lists at the back of the hall.

Points to Ponder - Now back to Nelson and 111, and the game of cricket. The score 111 is generally credited to be nicknamed after the war hero Vice-Admiral Horatio Nelson, most famous for his victory and death at the Battle of Trafalgar in 1805.

Nelson was a lifetime warrior, and by the time of his death, he had suffered numerous injuries, it was said he had “one eye, one arm, and one leg.” 111 - Nelson.

Of course, this phrase is utterly wrong.

There is one part that is correct. Nelson did only have one arm. He had one arm removed after being hit by a musket ball during his doomed assault on Tenerife in 1797.

However, he never actually lost one eye - his sight had gone, but the eye was still in place. He certainly never lost a leg. So how the legend of “One eye, one arm and one leg” came into a common phrase is a mystery.

Another possible origin comes from New Zealand. Nelson was a team that played first-class cricket in New Zealand from 1874 to 1891. They were dismissed for 111 in both their first and last first-class innings.

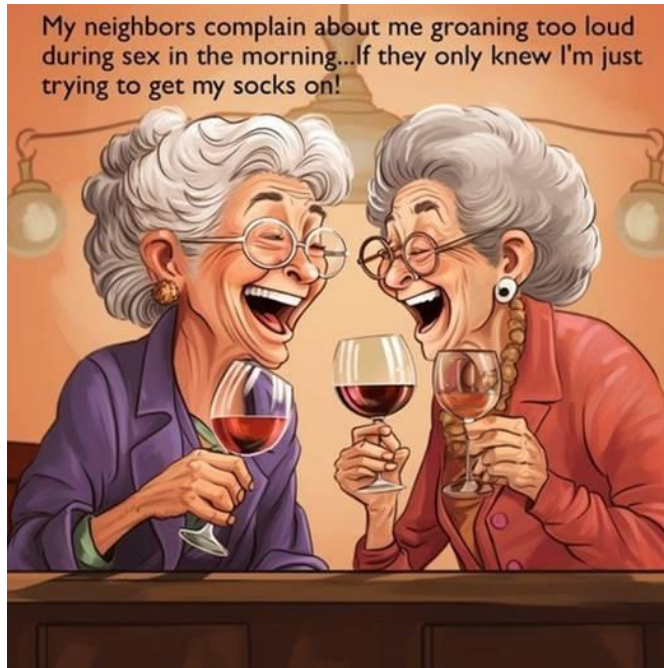
In the English game, this score is considered unlucky. Batters fear being on the score, possibly because it resembles a set of stumps without bails and could mean that the fall of a wicket was imminent.

111 or Nelson is considered particularly unlucky in England. However, in Australia, the number 87 is regarded as unlucky. They refer to the number as the devil's number. The

origins of this aren't particularly well-known. It could be the fact that 87 is 13 runs short of a century. Are you superstitious?

A will is a dead giveaway

"Good decisions come from experience. Experience comes from making bad decisions", and "Do not complain about getting old. It is a privilege denied to many".- Mark Twain



"If voting made any difference, they wouldn't let us do it" - Mark Twain

"The problem with political jokes is they get elected." ~Henry Cate, VII~

"Why pay money to have your family tree traced; go into politics and your opponents will do it for you". ~Mark Twain~

"Instead of giving a politician the keys to the city, it might be better to change the locks".

~Doug Larson~

We'd all like to vote for the best man, but he's never a candidate.

"One cannot and must not try to erase the past merely because it does not fit the present". - Golda Meir

And finally, not to brag or anything, but I can forget what I am doing while I'm doing it.

COFFEE CLUB - 1st Wednesday of the Month - Café 28, Joondalup Golf Club
Wed 3 June 2023 at 10.00am - A great way to start the week/month in the beautiful grounds of the Golf Club

LUNCH - Please join us for lunch at the Currambine Tavern after today's meeting

Next Committee meeting - Tuesday June 9 at 10am at St Ives

Next General meeting - **Friday 20 June**, 9.30am for 10.00am start at St Ives

If there is anything that you would like included in The Bulletin, please email me at kallarooobusclub@gmail.com