



The Newsletter of the Combined Probus Club of West Pennant Hills

Club Website: www.probussouthpacific.org/microsites/wphc

MEMBERS MUST READ

Members must consider their capabilities before undertaking any activities with the Club. This includes housekeeping duties and organised activities such as clubs, groups, trips or walks. It is the individual's responsibility to ensure that they are physically capable of undertaking any particular activity. In particular, please advise the Welfare Officer (Lyn Marsden) if your medical condition precludes you from helping in the hall set-up and kitchen rosters. The responsibility for compliance sits with attendees.



President's Message

Firstly the weather. The last three months have seen some heat! We had many 30°C days. Then suddenly we had a drop in temperatures giving cool mornings (around 10°C) and warm sunny days - ideal weather. For those who welcome the cooler weather, enjoy!

I am settling into the role of President with the support of other Management Committee members, thankfully. A special thank you to Susie Bannatyne who continues to do a great job on preparing the Newsletter each month.

Two outings/activities coming up should be of interest to many members being the Hawkesbury mid-week race day and the very popular Proud Mary Murray River cruise. We look forward to hearing comments from people attending.

We recently heard of the membership withdrawal of Carol and Bob Dunning as they are moving to the northern beaches. Two articles are in this newsletter regarding their move. I have not known Carol and Bob well but as I read the two articles, I have a clear sense of their want to be positive and do good things over a very long time. I am sure they will be missed at our ongoing meetings and we all send our best wishes for the future.

Finally, shortly after the May Probus meeting Glenys and I are heading to the US to spend a month with our daughter, son-in-law and three children and returning to Australia on 11 June. Anne Prescott will chair the June Probus meeting for me.

Cheers, see you all on 5 May.

Colin Lissner

Editor's Notes

I always thought that hobbies such as rock climbing, football and horseriding were a danger to the participants. Imagine my surprise when a benign activity like reading appeared to have devastated the Second Friday Book Group, with several members succumbing to various dreaded lurgies!

This is indeed a bumper issue, so read on and enjoy.

Susie Bannatyne

Farewell from Carol and Bob Dunning

It is with great regret that Bob and I are leaving our wonderful Probus Club. We were Foundation Members and have thoroughly enjoyed every moment spent with our Probus friends over the years.

Bob's health has been declining over the past few years so we made the decision to move to the RSL Retirement Village at Narrabeen Lakes.

Our daughter and family are only ten minutes away and my sister and her husband moved into the village last year. We also have friends living on the Northern Beaches so we will be able to see them more often.

We were Foundation Members of the Club and we were very quick to start up the Bowling Group. At one stage we had 58 members playing bowls twice a week at the Castle Hill Bowling Club. Later, we invited other Probus Clubs in the area to join us several times a year to participate in Carnivals. This turned out to be a huge success. These games were played in various bowling locations. We bowled in the morning, stopped for lunch provided by the clubs and played again in the afternoon. It was great fun sharing the day with other like-minded Probarians and making new friends.

For over 10 years we asked some of the Probus Clubs in the country areas if we could get together and play bowls with them at their local clubs. We always booked accommodation for a 2 night stay and played friendly games of bowls on separate days. We enjoyed great days followed by even greater evenings.

We have had such a wonderful 23-24 years with Probus and made some fantastic friends. The holidays to Canada and Alaska, and also the Eastern Europe trip along with the river cruise were some of the highlights of our time with the Club.

We had to miss the last meeting due to an unscheduled appointment with our solicitor. We were hoping to be there to say our farewells in person.

It has been a hard decision to resign from the West Pennant Hills Combined Probus Club but we leave with such good memories and will always be grateful for the love and friendship we have shared over the years.

We take so many wonderful memories with us. All our love to everyone,

Carol and Bob Dunning

Tribute to Carol and Bob Dunning

For those who have not had the pleasure of knowing Carol and Bob, they are unable to know just how much they did for our Probus Club.

I am unable to check my facts as they are moving as I write this and Telstra saw fit to cut off their phone some three weeks ago, making it rather difficult to communicate.

What happened was that at one of the Club's initial meetings these two people stood up and asked who would like to try their hand at lawn bowls. They had checked with nearby Castle Hill Bowling Club, they were keen for us to play and Friday mornings was the suggestion.

From there on more of us gave it a go. They had about 45 bowlers on the list at one time. Of course, over time the numbers changed due to lots of life changes, but it was great fun. The game kept going for many years, even when neither Carol or Bob were fit enough themselves to play!

Carol and Bob arranged trips away and we had the greatest time playing other Probus Clubs both on the south and central coasts. These games were all played in the spirit of Probus, ie friendship and fellowship. Some of the best times were enjoyed by all participants. Of course, the organisation was great for which we all say a great big THANK YOU.

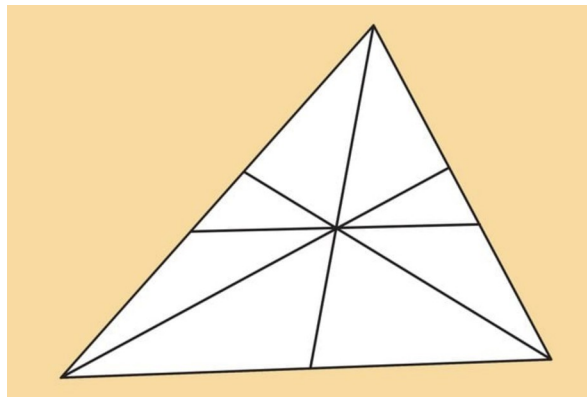
While we wish you a very happy time in your new home, near your family, you will be missed by your friends who have enjoyed your friendship so much.

Hoping to catch up some time soon. Good health and happiness to both of you.

Lyn Tidbury and your friends from WPH Combined Probus Club

New Activities

Anne's Puzzle



How many triangles can you see?

Solution on page 12

Anne Prescott

The Grill

Who is the female subject for the May meeting grilling by Ross Prestipino?

Last month Terry Stinson named *77 Sunset Strip* as a favourite TV show. Do we all remember the gorgeous Kookie, ladies?!

Editor

Good Viewing

Thanks to those who submitted shows to watch this month. If you have anything you want to share, please send to leothedent@gmail.com.

Title	Genre	Service	Episodes	Viewer
The Piano	Doco	Iview		Maureen Farago
Unearthing everyday pianists from all over Australia through the celebration of the street piano, regular Australians are invited to play the at busy locations around the country and given the opportunity of a lifetime.				
Stonehouse	Drama Comedy	Britbox	3	Glenys Lissner
<i>Stonehouse</i> follows the unbelievable true story of a high-flying British politician who fakes his own death, triggering a web of political and personal intrigue. Blending drama and dark comedy, the series captures the far-fetched yet factual downfall of John Stonehouse, brought to life by Matthew Macfadyen alongside Keeley Hawes. Critics praised it as enormously entertaining, witty, and sharply performed, with multiple four-star reviews and a nomination for Best Single Drama or Mini-Series.				
Can you keep a secret?	Comedy	iView		Glenys Lissner
A retired couple, Debbie and William Fendon, living in the West Country of England are presented with a unique criminal opportunity to claim life insurance when William is mistakenly declared to have died. Their son Harry is caught up in the drama, trying to hide the secret from his wife, Neha, who is a local police officer. The story revolves around the Fendons' attempts to figure out and stop whoever is blackmailing them for the money whilst hiding William. Stars Dawn French, Mandip Gill and Craig Roberts.				
Riot Women	Comedy	SBS	6	Marion Dent
Five women come together in Hebden Bridge to create a makeshift punk-rock band to enter a local talent contest but, in writing their first song, soon discover that they are all very angry about the way society treats women and that they have a lot to say. As they juggle demanding jobs, menopause, grown-up children, ageing parents, absent husbands, and disastrous dates and relationships, the band becomes a catalyst for change in their lives.				

The Beast in Me	Drama	Netflix	8	Leo Dent
<p>Author Agatha "Aggie" Wiggs struggles to write her next book while grieving her 8 year old son, Cooper, who died years earlier in a drunk-driving incident. She learns that Nile Jarvis, a real estate developer suspected of murder after the mysterious disappearance of his first wife, Madison, now ruled deceased, has moved in next door. The series received nominations for three major Golden Globe awards.</p>				

Leo Dent

Guest Speakers

May: Sue Butler – *Rebel without a Clause*

June: Roslyn Lee – *Savings for Seniors*

July Peter Thorpe – *AI for Seniors*

Ross Prestipino

Ladies' Coffee & Catch-up.....



Our ladies' Coffee & Catchup morning will be held as usual at Wills Café, the ARV, Castle Hill – Wednesday 20 May 2026 at 10am. Do come along and have a chat.

There'll be a sheet on the table at our next meeting but I'm happy to hear from you either by phone or email - janetlhayes@bigpond.com - 0405 197 991.

Janet Hayes

+ Knitting!



As Autumn is now with us, cold weather will follow. Our industrious knitting members are working constantly at rugs, beanies and bears to be forwarded onto our charity.

Hope in a Suitcase. Abused children taken from unsafe places and relocated in secure homes.

Perhaps other members may wish to assist with some knitting. Smaller rugs are now required. Measurements – 15 squares of 10 inches exactly. Perhaps you may wish to knit a few squares. If beanies are more interesting please speak to Meg Mills who has excellent patterns - such a Gem in our group. Happy to accept any 8 ply acrylic wool.

Our knitting group - Julie Elborn (0409 461 997) or Maris Wild (0412 170 756) are also happy to take your calls.

Thank you. God bless.

Mavis Todd

9680 7019

Men's Coffee Group



Men's coffee, cake and general world problem solving session

When: Friday 29 May at 10am

Where: Wills Café at the ARV

Don't forget about your chance to solve any number of the local and international problems by joining us over a cup of coffee and maybe a tasty cake or two.

Please email me lawriehayes@bigpond.com so I can confirm reservation numbers.

Lawrie Hayes

Outings and Trips Away

Hawkesbury Race Day

Thursday 21 May 2026. The 28 members attending this event should meet me at the main entrance to the Club at 11am. The address is Hawkesbury Race Club, 1 Racecourse Road, Clarendon 2756.

Bob Crabb

0408 189 340

Proud Mary Tour commencing 24 May 2026

Details re flights etc have been circulated to those who are participating in the cruise.

Murder Most Foul

The next Murder Most Foul excursion is planned for 23 June and will take in the history of Kings Cross.

The excursion will feature: what happened to Juanita Nielsen; what were the Green Bans about; how did NSW politicians and the Police Commission feature during these times?

To date, the visits to Surry Hills and Darlinghurst have been very enlightening. History aside, enjoy the architecture and redevelopment of these suburbs.

The Kings Cross tour is a gentle walk with lots of stops and I'm sure you will enjoy it.

Yulefest Lunch

We will be visiting the Robertson Hotel for lunch on [TBA] July.

Thank you to the 52 members who have listed their names. The coach has been secured and details re payment will be advised at the June meeting.

Hannah's Bar visit

15 July is the date for the annual canapes and wine tasting at Hannah's Bar in Beecroft. Arrival time is 5.30pm. The cost is \$65 per person. Our host requires a minimum of 40 people. I hope you can make it.

Toowoomba Carnival of Flowers and Tweed Regional Gallery and Margaret Olley Arts Centre tour, 21 September 2026.

9 members have paid their deposits.

Geoff Childs

Special Event - Soiree

Save the date!

Following the success of this event last year, I have secured 9 September as the date for 2026. It will again be held at Lober House, ARV. More information will follow in the next month or so. There is a limit of 50 people so, if you would like to attend, please add your name to the sheet which will be on the table at the May meeting.

Patricia Ellison

May Walk

Drummoynes to the Fish Markets

Date: Tuesday 12th May 2026.

Distance: About 4.2km.
Walking Time: Approximately 1.5 hours.
Grading: Easy. Street and park walking with some stairs and ramps.
Time: I will be catching the 08:47 train from Beecroft to West Ryde.
Travel Options: The 08:47 train from Beecroft. Change at West Ryde for the 500X bus from Stand G in Ryedale Avenue. Get off at the corner of Victoria Road and Lyons Road.

The walk:

Get off the bus just before Lyons Road, cross over Victoria Road and walk down the hill to Edwin Street. Turn right and into the Copo Café at 56 Formosa Street for our coffee fix. After coffee we walk down the hill and onto the Iron Cove Bridge deck. On the other side of the bay, join the bay run and make our way to the Leichhardt North Light Rail Station. Join the train towards the city and get off at Wentworth Park stop and walk back to the new fish markets.

I have not booked any specific restaurants, so you will need to find your own eatery and place to sit.

There are many options with some inside seating and mostly outside on the terraces. After lunch make you own way back to the Wentworth Park light rail and on to Central Rail Station.

Hope you enjoy the walk

See map at Appendix .C

Members must consider their capabilities before undertaking any activities with the Club. This includes housekeeping duties and organised activities such as clubs, groups, trips or walks. It is the individual's responsibility to ensure that they are physically capable of undertaking any particular activity. DON'T FORGET TO BRING SOME WATER WITH YOU ON THE WALKS.

Lawrie Hayes

General Club Notices

Probus Meeting Roster

Month	Hall	Kitchen
May	Ross Prestipino	Vivienne Truelove
	James Wu	Margaret Hamaty
	Andrew Clarke	

June	Mike Macdouall	Di Cox-Taylor
	Russ Riddell	Olga Scaramuzzi
	Will Seaton	
July	John Vermeer	Lynette Hope
	Terry Stinson	Nerryl Roper
	Leo Dent	

If you are unable to attend on the allocated day please arrange for a replacement.

Mike Macdouall

Welfare Report

So good to hear that Marie Macdouall is recovering well and will be returning shortly to our Probus meetings.

I have spoken to Gwen Baker who is going through the removal of cataracts. The first day of her surgery went well and she is already seeing a brighter world.

Sue Craig is also in the process of cataract removal and very pleased with the results.

Pam Riddell is recovering well.

Please let me or Lynne know if you hear of any member who is unwell.

Janet Hayes janethayes@bigpond.com
0405 197 991

Lyn Marsden lynmarsden.lm@gmail.com
0407 469 888

Reports of Ongoing Activities

Second Friday Book Group



Second Friday Bookclub failed to launch in April due to various viruses and tummy bugs. All restored now so our April book will be discussed in May.

Fran Kirby

Garden Group Report

Visit to Margin's Mushrooms



Left to right: Susie Bannatyne, Suzanne Lord, Barbara Shannon, Geoff Childs, Lyn Marsden, Vivienne Truelove, Ros Ward, Vivienne Langlands (friend of Ros Ward), Margaret Hamaty, Marion Dent, Wendy Johnston (friend of Ros Ward), Len Pellow (the bus driver), Ron Ellis (Photo Charlie Margin)

The bus pulled up to a shed in what seemed like the middle of nowhere and we wondered if we had the directions correct.

We were in the right place, and Charlie Margin welcomed us, sharing the history of how Margins grew from a small hobby farm into a thriving small business supplying Farmers Markets and Sydney restaurants. Following a tour of the growing rooms, as a bonus, we were all given a **big bag of mushrooms!**

After an hour we had built up an appetite for lunch and set off to the Edogawa Japanese Gardens and the Top Point Cafe at the Gosford Regional Gallery in East Gosford. Judging by the noise level at lunch everyone seemed to enjoy the food and company.

Ros Ward and Marion Dent

Mah Jong Monday



Only one session this month due to the Public Holiday. We had 9 players: 3 x 3 Tables.

Table 1: Ros Ward was winner and champion of the day with 19,700 points.

Table 2: Suzanne Lord archived a PB of 17,500 points. Well done Suzanne.

Table 3: Lyn Horne was the winner with 16,200 points. On track for the dragon this year, Lyn, after being runner-up for the last two years!

An afternoon of close competitive play along with some fun!

New players welcome, we can teach you.

Meg Mills

0414 639 654.

April Walk Report



Museum of Contemporary Art
Sculpture: *Secret World of a Starlight Ember*
by Lindy Lee

Here are the walkers (left to right)
Lawrie Hayes, Ian Western, Geoff Childs,
Anne Prescott, Anne Prestipino, Suzanne Lord
Marion Dent, Janet Hayes, Patricia Smith,
Karen Childs, Sue Craig, Maris Wild, Patricia Jackson,
Christine Taylor, Lorraine Fallon, Murray, Bensley,
Jim Bannatyne
(Photo taken by a kind passer-by)

Here we are at roughly halfway in front of the MCA before venturing around Circular Quay and into the Botanic Gardens.

The weather was perfect for the walk, and I think that it proved to be scenic and not too difficult.

Lawrie Hayes

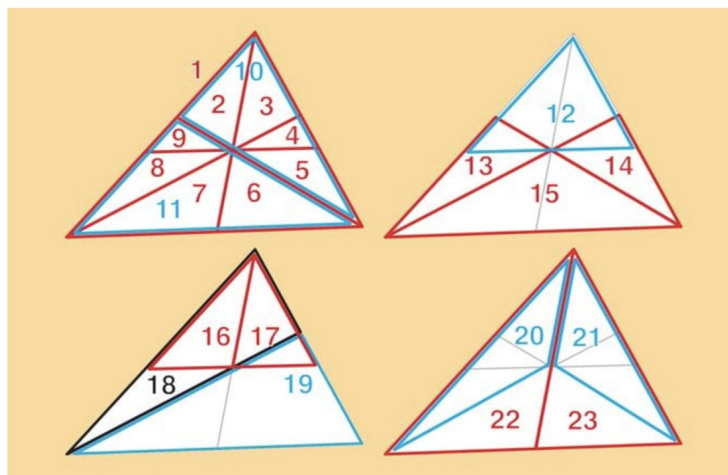
lawriehayes@bigpond.com

0417 210 108

Anne's Puzzle Solution

Answer - 23

Answer: 23



Appendix A - Contacts and Activity Locations/Times

Management Committee

President	Colin Lissner	
Vice President	Anne Prescott	
Secretary	Marjorie Seaton	
Treasurer	Jim Bannatyne	

General Committee

Auditor	Will Seaton	
Guest Speakers	Ross Prestipino	
Membership	Fran Kirby	
Newsletter Editor	Susie Bannatyne	
Public Officer	Christine Taylor	
Special Events	Patricia Ellison	
Trips and Outings Coordinator	Geoff Childs	
Website	Leo Dent	
Welfare	Lyn Marsden	

Activity Leaders

2nd Friday Book Group	Fran Kirby	
\$2.50 Group	Marion Dent	

Bridge Group	Andrew Clarke	
Foyer Books	Wal Dover	
Foyer Spectacles	Ian Western	
Garden Group	Ros Ward	
Hall and Kitchen Roster	Mike Macdouall	
Kitchen, Morning Tea	Suzanne Lord Patricia Smith	
Ladies' Coffee & Catch-up Group	Mavis Todd	
Mah Jong - Monday	Meg Mills	
Mah Jong - Thursday	Judith & Mike Reidy	
Men's Coffee Group	Lawrie Hayes	
Stamps	Lyn Hope	
Walking Group	Lawrie Hayes	

Location/Start Time of Activities

Activity	Location	Time
Probus Meeting	WPH Community Centre	9.45 first Tuesday
2nd Friday Book Group	Members' homes	10.00am second Friday
\$2.50 Group	Varies	Varies but generally on fourth Thursday

Book Exchange	WPH Community Centre	09.30 before Probus Meeting
Bridge Group	Dural Country Club	13.30pm first and third Wednesday
Garden Group	Varies	Varies but generally on the second Thursday
Ladies' Coffee & Catch-up	Wills Cafe, ARV	10am third Wednesday
Mah Jong -Monday	Dural Country Club	13.15pm second and fourth Monday
Mah Jong- Thursday	Reidy home	10.15am first and third Thursdays
Men's Coffee Group	Will's Cafe, ARV	10am last Friday
Spectacles Exchange	WPH Community Centre	09.30am before Meeting
Stamp Donation	WPH Community Centre	Please hand to Lyn Hope at the Meeting
Walking Group	Varies	Second Tuesday most months

Appendix B – Payment Details – Treasurer Jim Bannatyne

Members and those on the waiting list have three payment methods for membership (\$55 per annum) and activities:

- 1) Electronic Funds Transfer to
 The Combined Probus Club of WPH - BSB 112-879
 Account Number 478 850 160
 Please remember to put your name and description (eg Membership) on the EFT;
- 2) paying at the meeting by cash or cheque. Please fill in the Registration and Receipts Form before coming to the meeting. (Print from the last page of this appendix);
- 3) mailing a cheque and Registration and Receipts Form (below) to
 The Treasurer, 15 Blue Gum Drive, Glenhaven NSW 2156.

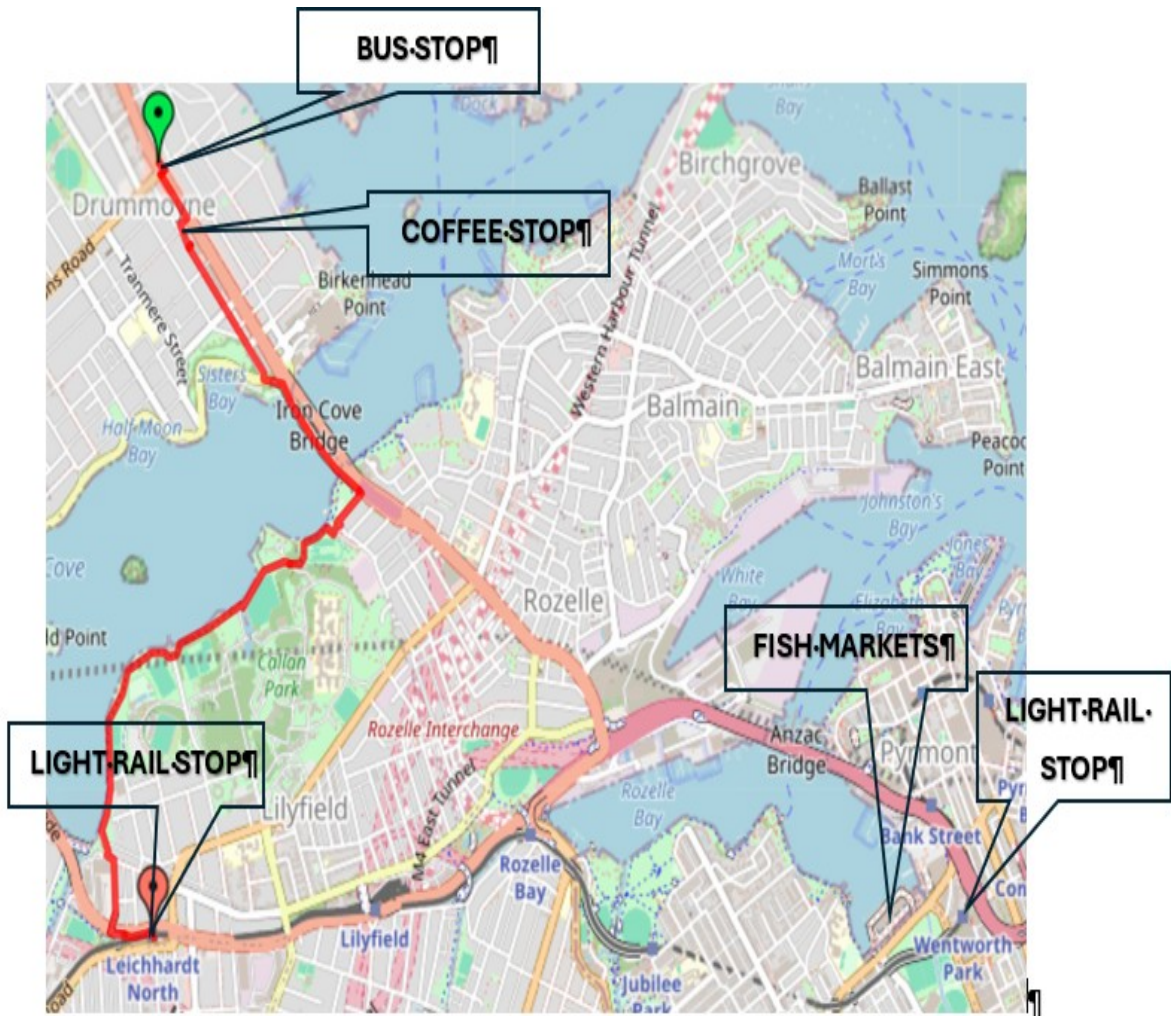
Jim Bannatyne

0429 408 953

jim.bannatyne@hotmail.com

Registration		Receipt	
Function		Function	
Date of Function		Date of Function	
Name(s)		Name(s)	
Cost per Head	\$		
Number Attending		Received	\$
Method of Payment	Cash / Change (Circle one)	Received by	
This Payment	\$	Date of Receipt	

Appendix C – May Walk Map



Appendix D – Calendar of Activities for May 2026

NB The *Proud Mary* trip commences Sunday 24 May

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5 Probus Meeting Lunch at the WPH Sports Club	6 Bridge	7 Mah Jong	8 Second Friday Book Group
11 Mah Jong	12 Walk	13	14	15
18	19	20 Bridge Ladies' Coffee & Catch-up	21 Mah Jong Hawkesbury Race Day	22
25 Mah Jong	26	27	28	29 Men's Coffee Group

Note: For more details, see the activity reports, Appendix A for contact details/locations/times about specific activities and Appendix B for payment details.