



NEWSLETTER

JULY 2026

Ladies Probussouthpacific.org of the Upper Blue Mountains Inc.

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www.probussouthpacific.org/microsites/upperbluemountainladies

This publication is solely for the information and interest of members of the Ladies Probussouthpacific.org of the Upper Blue Mountains Inc. and adjoining Probussouthpacific.org Clubs therein and is not available to, and may not be used by, any outside person for any reason whatsoever.

President: Belinda Simpson
Email:
Secretary: Narelle Nolan
Treasurer: Pamela Williams

Meetings are held on the third Wednesday of each month at Katoomba RSL, 82-86 Lurline St, Katoomba, at 11.00am *sharp*. Members may gain entry to the RSL from 10.30am, but must proceed directly to the meeting room.

BANK DETAILS

You can now pay fees, etc. by Direct Deposit. Please be sure to add your name in the Reference section and email Pam Williams at pgwilliams809@gmail.com to advise her that a transfer has been made. The bank details are:

Ladies Probussouthpacific.org Club UBM, BSB 633 000, Account No: 194825220

Note that the Excursions have a different account number, which is BSB 633 108 Account 194825253.

BUSINESS AND SOCIAL NEWS

*President's Message:

Well ladies winter has well and truly arrived along with a few windy days . I hope you are all keeping warm and well. It was lovely to see Margaret Wiles back after her operation and recovery at our last meeting. We have been welcoming some new members this year so I hope you will all make them feel welcome and please introduce yourselves to any of the members you have not yet met. Don't forget to get your names down for our last two outings of the year and also our High Tea in September and our own Lunch in October after the meeting. I hope to see you all at our next meeting on the 15th.

Belinda

Other Matters:

You will have been emailed a flyer for the 50th Anniversary Morning Tea to be held at our RSL on Monday 21 September. Cost is \$55 (it's a "high tea") payable to Treasurer Pam.

Our club will be doing its own celebrating in the form of a free sit-down lunch after our October meeting. Add your name to the list as we need to know numbers.

See Annette if you haven't yet collected your new Membership Booklet.

If you have ordered a magnetic name badge, please see Kerry. If you would like to "amble", please contact Ann Norman first.

Today's Speakers

Speaker: Julia Ye; *Insights into traditional Chinese culture, health and well-being*

Five Minuter: Merrill Minett with a mystery subject.

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Birthday Greetings



Annette Thomas

Happy Birthday to our members who are celebrating their special day this month: Louise Aaron, Helma Fink, Maureen Johnstone, Helen Jones, Anne Landon-Jones, Narelle Nolan and

Welfare News

A card was sent to Leonie Styles.

If you know of any member who needs a cheery note or maybe a note to celebrate a happy event, for the next month please contact: **Chris Horsfield**,

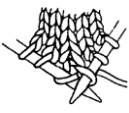
Books, Magazines and CD Sales

Bring and buy at our monthly sales: Organised by the Quilts & Coffee Group. Funds go towards quilting supplies for their charity quilts.

Magazines - \$1, Soft covers - \$2, Hardcover - \$3 (Please, only books etc. in good condition); CD's - \$3 Great bargains!

Thanks to everyone for your support and donations

Donations Welcome

Between the Covers Book Club Between the Covers Book Club meets on the first Tuesday of the month either at a member's home or an agreed venue. We enjoy books, company and something nice to eat and drink. Co-ordinator Verna Van Ryswyk,	Knitting Group Knitting is at the RSL on the 1st Wednesday at 11am. <i>Please contact: Margaret Wiles</i> 
Canasta Card Group Card Group meets every Monday at the Katoomba RSL 12.50pm for 1.00pm start. On the first Monday of every month we meet at noon to have lunch at the RSL restaurant. Knowledge of cards is unnecessary as we'll help beginners. So, all welcome! <i>Contact: Chris Rhind</i>	Quilts and Coffee Group Meets on the last Monday of every month at 10am at a member's home. The next meeting is Monday 29 July at Mary-Ann's. Projects, skills and ideas are exchanged over a delicious morning tea. New quilters always welcome. Contact Mary-Ann Miles 
Sewcial Piecemakers Group Formerly known as the Patchwork and Quilting Group will next meet on the second Wednesday at the Grandview at 10.00 am. <i>Please contact: Charmian Corbett</i> 	Sunday Lunch Sunday lunch will be at Taquella Arriba Mexican Restaurant, 117 The Mall, Leura (opp. the Spires) Sunday 26 July Contact Ann Gale
Discussion Group Discussion Group meets on 2nd Monday of each month at Katoomba RSL at 11am. Lunch to follow if so desired. <i>Please contact: Annette Thomas,</i>	Dog Training Dog Training is on again every Friday at 2pm (weather permitting) at Fairways. Note new time. <i>Please contact: Ann Norman</i> 
Weekly Morning Tea We meet every Thursday at Freudian Sip in Leura at 10am. No need to book, just turn up! On 1st Thursday, tea is at Morven Gardens café, so Diana and Norman can join us. <i>Convenor: Annette Thomas,</i> 	Knitted Rugs We provide acrylic yarn to be knitted into squares to make knitted rugs for various charities. See Mary-Ann to collect yarn and instructions (if necessary). <i>Please contact: Mary-Ann Miles</i>
'Ramblers' Bush Walking Group Meets every Tuesday in Grose St Leura (between Megalong & Craigend Sts) at 9.00 am. Walks are mainly in the Blue Mountains area and are usually graded between easy and medium (involves some steps). Come and join us for our walks and fellowship and a coffee after the walk. <i>Please contact : Anne-Marie Newman</i>	Scrabble Group Scrabble group meets 4th Wednesday of every month -11.00 am at the RSL. Social games, chat & coffee. <i>Please contact: Miriam Ranson</i>
'Amblers' Walking Group As the name implies, provides easier walks with no steps. Meets at 10am in Grose Street, every 2nd week. This month on 14th and 28th. <i>Please contact: Ann Norman</i>	
Excursions <i>Pam Williams, Sandra McDonald</i> <u>Please note that tickets purchased by the Tours Committee, i.e. shows, exhibitions and excursions are non-refundable. If you cannot attend and have paid for the ticket, please arrange to sell or pass your ticket onto someone else. For all tours/shows please check the noticeboard or pick up a flyer.</u> <u>Excursions:</u> Tuesday July 28 Eastern Creek outlet shopping and IKEA. 9.00 am-3.30 pm Friday September 4 Daffodils at Rydal. 9.30 am - 3.00 pm. Both are \$10 each for bus hire.	