NEWSLETTER



Next Meeting

MONDAY
14th September 2026 10.00 am

The Probus Club of Copacabana meet on the second Monday of the month at 10.00am at Copacabana Surf club.
Contact: Max Hopkins President
email: copapc2018@gmail.com
Guest Speaker: Anne Brooks - Strokes & Falls

SUPPORTED BY

Central Coast Local Health District

2026 Committee

President	Max Hopkins	0488 184825
Vice President & Membership	Trevor Johnston	
Secretary	Pippin Lord	
Treasurer	Roy Etherington	
Guest Speakers	Roge Mairet	
Social	Dave Morgan	
Newsletter & Website	Pamela Brown	
Welfare & Book Club	Margaret Morris	
Ambassador	Cathy Hopkins	

President's Corner



It has been wonderful to see so many people enjoying our many activities in the past month. Thanks to Elizabeth for the re-introduction of monthly lunches, and to Trevor for arranging a wonderful Newcastle trip. Thanks to Dave, Roy and Margaret for organising regular monthly activities, to Roge for arranging the guest speakers and to Judy and friends for the fabulous morning teas.
I would encourage members to take the opportunity, at our many events, to get to know others they do not know so well – to look out for those by themselves / who are perhaps new to our Club. See someone standing by themselves? Walk across the room and introduce yourself. You'll be surprised at what you learn! Rather than sit with your wife / husband / best friends all the time, why not allow some space for people to join your table? Let's build our reputation as a friendly club — open to new conversations and people.
Our planning for the Supper Dance on 29 October to celebrate the Probus 50 Year Anniversary is progressing well and is generating a great deal of excitement.

Max

Copacabana Probus Calendar

Date	Time	Activity	Location
Monday 14th September	10.00 am	Probus General Meeting	*Copacabana Surf Club*
Wednesday 16th September	12.00 noon	Lunch	*Avoca Bowling Club*
Thursday 17th September	4.00 - 6.00pm	Book Club	*Host: Sue Carty*
Sunday 20th September	3.00pm	The Carol King Musical	*Laycock Street Theatre*
Tuesday 22nd September	10.00am	Walk/Coffee Club	*Waterfront walk Gosford Sailing Club*
Thursday 24th September	5.30pm	Social/ Dinner	*Avoca Beach Hotel*
Tuesday 6th October	2.00pm	Committee Meeting	*Copacabana Surf Club*
Wednesday 7th October	4.00pm-6.00pm	Travel Club	*Hosts: Rob & Amanda*
Monday 12th October	10.00am	General Meeting	*Copacabana Surf Club*
Thursday 29th October	6.00pm	Supper/Dance	*Copacabana Surf Club*
Thursday 3rd December	TBA	Christmas Lunch	*Avoca Beach House*

Sign on sheets will be available at the next meeting for all activities

Special Interests Groups

Walk/Coffee Club	Walks held on Tuesday in week following meeting
Happy Hour/Social+Dinner	4th week of the month Wednesday or Thursday
Book Club	3rd Thursday of the month (see calendar)
Travel Club	1st Wednesday of the month

Special Interests Groups Contacts

Walk/Coffee Club	**Roy Etherington 0417 438 162**
Happy Hour/Social+Dinner	**Dave Morgan 0429 369 914**
Book Club	**Margaret Morris 0427 554 115**

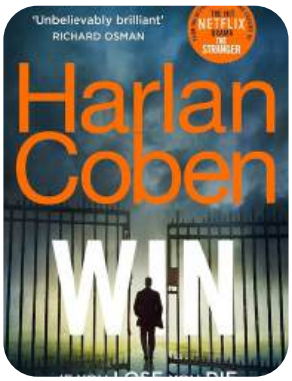


Anne Brooks
Strokes & Falls



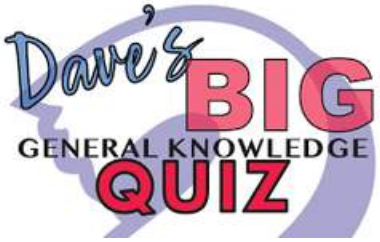
Central Coast
Local Health District

BOOK CLUB



Next Book Club meeting will be held on Thursday 17th September
4.00 pm - 6.00 pm
Host: Sue Carty
Enquiries
Margaret Morris
0427 554 115

DAVE'S **BIG** QUIZ





Our fantastic Quiz Master, Dave, will be baffling us with another round of clever questions—some straightforward, some delightfully tricky. You'll find surprises in both the questions and the answers, so stay sharp!

Walk/Coffee Club



Tuesday 22nd September
Waterfront Walk
(Meet at Gosford Sailing Club 10.00 am)
Enquiries:
Roy Etherington
Phone 0417 438152



AUGUST Guest speaker
DENNIS SMITH

Volunteering Central Coast

Our guest speaker for August was Dennis Smith from Volunteering Central Coast. He gave a very interesting talk on the benefits of volunteering, explaining that becoming a volunteer can help people gain or maintain skills and experience, stay active and healthy, and boost confidence and self-esteem. It also offers involvement in a community cause and can serve as a pathway to employment. Dennis highlighted that the organisation will work with individuals to help find a role that suits them.

There are many ways to volunteer, such as in charity stores, hospitals, aged care, youth support, and more.

Our member Alison Johnston also shared her personal experiences as a volunteer, speaking about how rewarding it has been for both her and the community.







50th Anniversary of Probus in Australia



In 2026, Probus has reached a significant milestone, marking 50 years of helping tens of thousands of older Australians stay engaged and connected. In fact, the very first Probus Club in Australia, being the Probus Club of Hunters Hill (established 3/2/1976) continues to provide the essential connections that seniors need in later life.

Throughout 2026, PSPL will be showcasing the benefits of joining Probus, encouraging older Australians to enjoy more social engagement within their communities.

A key date for the national social program will be Thursday October 1st, being the start of Probus Month 2026. We hope that every Probus Club will participate in our National Probus Picnic/Lunch which will be widely promoted in the lead up to October 1st.

COPACABANA PROBUS CLUB INC. *NEW WEBSITE* **www.probussouthpacific.org/microsites/copacabana**

We want your news!



Submit photos and stories for the next newsletter!

- **Email: chilliwoman45@hotmail.com**
- **Deadline: Last day of each month.**

Send us your holiday pics, special birthdays, or any news you'd like to share!

Please note the new website address which is now through PROBUS South Pacific. Just google "Probus Copacabana" and go to the PROBUS South Pacific URL and it will take you straight there. If you or another member is having a special birthday, anniversary or going on a fabulous holiday the Editor would love to hear from you along with a photo.

The deadline for submissions is the last day of each month.

MEMBERS SPOTLIGHT

Our first luncheon held at The Kincumber Hotel was well attended and everyone is looking forward to the next one which will be Wednesday 16th September 12 noon at Avoca Bowling CLub. Thank you Elizabeth for organising this event. Sign on sheet at next meeting.



















BANK DETAILS

All future online payments are to be made to
BENDIGO BANK
BSB 633000 Account 216 700 724
Copacabana Probus Club

Bendigo Bank







The 16 of us arrived on Wednesday afternoon at the Kingsley Hotel in Newcastle. It is an amazing round building in the city centre.
That night we all went for a delicious Italian Banquet arranged by Trevor. A good night was had by us all.
On Thursday morning we were picked up by Newy Tours. Their enthusiastic & knowledgeable owners took us around the beautiful City of Newcastle in Mini Buses.
We visited the Fort, the salt water Baths, the Cathedral, & did a beautiful coastal walk.
That evening we went to a Seafood Restaurant on the Harbour. We had a view of the harbour & could see tugs taking huge ships out to sea.
On Friday morning Newy Tours took us on a Walking Tour during which we visited lots of Street Art, the City Art Gallery, a Handmade Chocolate Shop, a Handmade Ice Cream Shop, ate delicious Beef Paninis, & a Wine Tasting with Oysters.
It was a thoroughly enjoyable couple of days enjoyed by everyone.
Thank you Trevor & Alison.









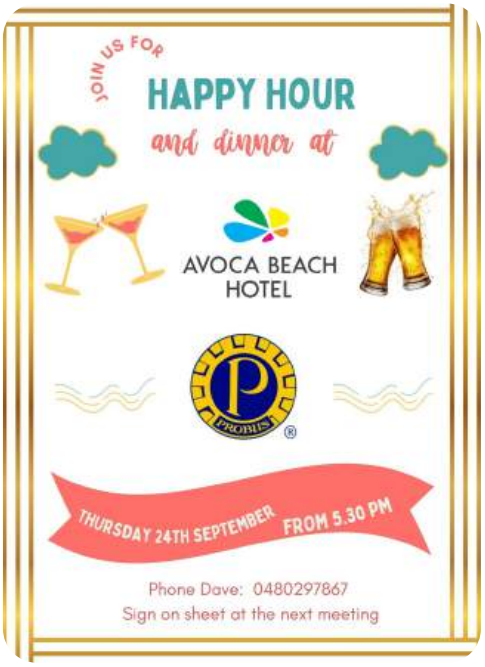




A huge thank you to Trevor and members who contributed these wonderful photos…and another huge thank you to Veronica for her description of a fantastic few days in Newcastle.









THANK YOU DAVE and ELIZABETH……

Once again Dave has organised Happy hour at the Avoca Beach Hotel and Elizabeth has organised a lunch at the Avoca Bowling Club during the day.

TRAVEL CLUB

Our first Travel Club was a huge success. Come along and share your travel tips, tricks and tales. The next meeting will be at Rob and Amanda's place 7th October 4pm - 6pm. All welcome, bring your ideas. It will be held on the 1st Wednesday of the month Sign up at the general meeting.





COMING SOON

🎬 Roll Out the Red Carpet – It's the Copacabana Probus 50th Anniversary Awards Night! 🏆



Get ready for a night of glitz, glamour, and Hollywood magic as we celebrate a truly milestone occasion—50 years of Probus!
The committee has been working tirelessly behind the scenes to create an unforgettable evening, and we are thrilled to share a sneak peek of what's in store.

The Red Carpet Experience (6:00 PM – 6:45 PM)
Your moment to shine! Arrive in style and walk our very own red carpet as Dave escorts you to the photo booth for your official portrait. Sip on champagne or orange juice, mingle with fellow stars, and soak up the excitement before the show begins.

🎥 The World Premieres (6:45 PM – 7:45 PM)
You are cordially invited to the exclusive premieres of not one, not two, but three movies —all starring your very own club members! These cinematic masterpieces are guaranteed to delight, surprise, and maybe even bring a tear to your eye. You won't want to miss a single frame.

🍽️ Supper Break (7:45 PM – 8:30 PM)
Time to refuel and recharge. Enjoy a delicious light supper while mingling with your fellow movie stars and discussing the evening's fabulous films.

🏆 The ProAcademy Awards Ceremony (8:30 PM – 9:15 PM)
Our glamorous presenters will then take the stage, Academy Awards style, announcing three nominees in each category before dramatically revealing the winner.

💃 Dance the Night Away (9:15 PM onwards)
Once the formalities are over, kick off your heels (or keep them on!) and dance the night away to our fantastic jukebox. It's the perfect way to end a perfect evening.

👗 What to Wear
We would absolutely love for you to embrace the glamour of the evening and dress to impress—think red carpet chic! However, we want everyone to feel comfortable and enjoy themselves. If dressing up isn't your thing, please come in something you feel relaxed and happy in. The most important thing is that you are there with us to celebrate this incredible milestone.

Save the Date
This is one night you simply cannot miss. Let's come together to honour 50 wonderful years of Probus, celebrate our incredible community, and make memories that will last a lifetime.
We can't wait to see you on the red carpet

SIgn on sheets at the next meeting