NEWSLETTER



Next Meeting

MONDAY
12th October 2026 10.00 am

The Probus Club of Copacabana meet on the second Monday of the month at 10.00am at Copacabana Surf club.
Contact: Max Hopkins President
email: copapc2018@gmail.com
Guest Speaker:
Philippa Olsson
Five Good Friends

SUPPORTED BY

2026 Committee

President	Max Hopkins	0488 184825
Vice President & Membership	Trevor Johnston	
Secretary	Pippin Lord	
Treasurer	Roy Etherington	
Guest Speakers	Roge Mairet	
Social	Dave Morgan	
Newsletter & Website	Pamela Brown	
Welfare & Book Club	Margaret Morris	
Ambassador	Cathy Hopkins	

President's Corner



Another wonderful month of Probus activities! We had a great first meeting of our Travel Club and had such fun sharing travel stories. Many of us also travelled in the past month, with more stories to tell.

We were sad that Elizabeth O'Rourke resigned as Treasurer. She has made such a fantastic contribution to this Club as Treasurer and in so many other ways. She will continue to arrange the monthly lunches. Thank you Elizabeth. Roy is acting as Treasurer as we look for someone to take on that role. We would also welcome conversations with people willing to join our Committee next year.

We are very excited about our Supper Dance later this month. It will be a fabulous evening and not to be missed. Special thanks to Pam for her gifted leadership.
Our Club celebrates its EIGHTH Birthday this month. Well done to all over the years that have made this Club such a success. The best is yet to come!

Max

PROBUS Month
1 - 31 October 2026

Copacabana Probus Calendar

Date	Time	Activity	Location
Monday 12th October	10.00am	General Meeting	*Copacabana Surf Club*
Thursday 15th October	4.00pm - 6.00pm	Book Club	*Host: Sue McKay*
Tuesday 20th October	10.00am	Walk/Coffee Club	*Blackwall Boat Ramp - Woy Woy*
Thursday 22nd October	12.00 noon	Lunch	*Boon's Thai Restaurant Green Point*
Thursday 29th October	6.00pm	ProCademy Supper/Dance	*Copacabana Surf Club*
Wednesday 4th November	2.00pm	Committee Meeting	*Copacabana Surf Club*
Wednesday 4th November	4.30pm	Travel Club	*Hosts: Trevor & Alison*
Sunday 29th November	7.00pm	"She Does Difficult" All stars concert TBA	*Avoca Beach Theatre*
Thursday 3rd December	12.00noon	Christmas Lunch	*Avoca Beach House*
Monday 14th December	12.00noon	lunch (instead of General meeting)	*Avoca Beach Bowling Club TBA*
Thursday 17th December	TBA	Book Club	*TBA*

Sign on sheets will be available at the next meeting for all activities

Special Interests Groups

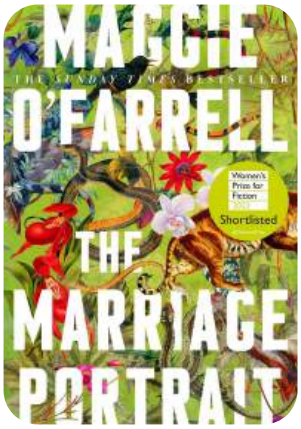
Walk/Coffee Club 	Walks held on Tuesday in week following meeting
Happy Hour/Social+Dinner 	4th week of the month Wednesday or Thursday
Book Club 	3rd Thursday of the month (see calendar)
Travel Club 	1st Wednesday of the month

Special Interests Groups Contacts

Walk/Coffee Club	**Roy Etherington**	**0417 438 162**
Happy Hour/Social+Dinner	**Dave Morgan**	**0429 369 914**
Book Club	**Margaret Morris**	**0427 554 115**
Travel Club	**Max Hopkins**	**0488 184 825**

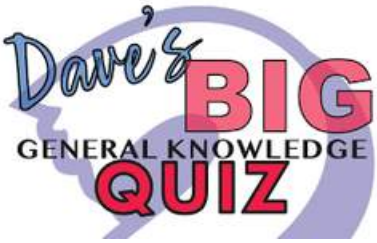


BOOK CLUB



Next Book Club meeting will be held on Thursday 15th October
4.00 pm - 6.00 pm
Host: Sue McKay
Enquiries
Margaret Morris
0427 554 115

DAVE'S **BIG** QUIZ





Our fantastic Quiz Master, Dave, will be baffling us with another round of clever questions—some straightforward, some delightfully tricky. You'll find surprises in both the questions and the answers, so stay sharp!
🧠✨

Walk/Coffee Club





Tuesday 20th October 10.00 am
Blackwall Boat Ramp
Woy Woy
Enquiries:
Roy Etherington
Phone 0417 438152



OCTOBER GUEST SPEAKER
PHILIPPA OLSSON - FIVE GOOD FRIENDS

Five Good Friends specialise in home care services and community disability supports that help people live vibrant, connected lives in the homes and communities they love.
Whether you need short-term support, ongoing assistance, or specialised care, our team can tailor services to suit your needs. They offer help with daily living activities, personal care, household tasks, community participation, respite care and more.







SEPTEMBER GUEST SPEAKER

Central Coast Local Health District

Our guest speaker for September was Anne Brooks from Health Promotions Central Coast Local Health District. Her presentation was very interesting and she was an excellent speaker. She highlighted symptoms of stroke in men and women and outlined how Falls can be caused by a range of Personal factors.

50th Anniversary of Probus in Australia

In 2026, Probus has reached a significant milestone, marking 50 years of helping tens of thousands of older Australians stay engaged and connected. In fact, the very first Probus Club in Australia, being the Probus Club of Hunters Hill (established 3/2/1976) continues to provide the essential connections that seniors need in later life.
Throughout 2026, PSPL will be showcasing the benefits of joining Probus, encouraging older Australians to enjoy more social engagement within their communities.
A key date for the national social program will be Thursday October 1st, being the start of Probus Month 2026. We hope that every Probus Club will participate in our National Probus Picnic/Lunch which will be widely promoted in the lead up to October 1st.

COPACABANA PROBUS CLUB INC. *NEW WEBSITE* **www.probussouthpacific.org/microsites/copacabana**

We want your news!



Submit photos and stories for the next newsletter!
- **Email: chilliwoman45@hotmail.com**
- **Deadline: Last day of each month.**

Send us your holiday pics, special birthdays, or any news you'd like to share!

Please note the new website address which is now through PROBUS South Pacific. Just google "Probus Copacabana" and go to the PROBUS South Pacific URL and it will take you straight there.
If you or another member is having a special birthday, anniversary or going on a fabulous holiday the Editor would love to hear from you along with a photo.

The deadline for submissions is the last day of each month.

MEMBERS SPOTLIGHT

A luncheon held at The Avoca Bowling Club. A small group, but very enjoyable company. Our next date will be Thursday 22nd October at Boon's Thai Restaurant, Green Point. Thank you Elizabeth for organising this event.



A "BEAUTIFUL' experience at Laycock Street Theatre last month....
"Josephine Emmett excels in her portrayal of Carol King . The whole production is professional and had the audience on their feet. The cast, choreography, sets and orchestra were pure entertainment. How lucky are we to have such talent like this on the coast. We look forward to the next production from Curtain Bounce.







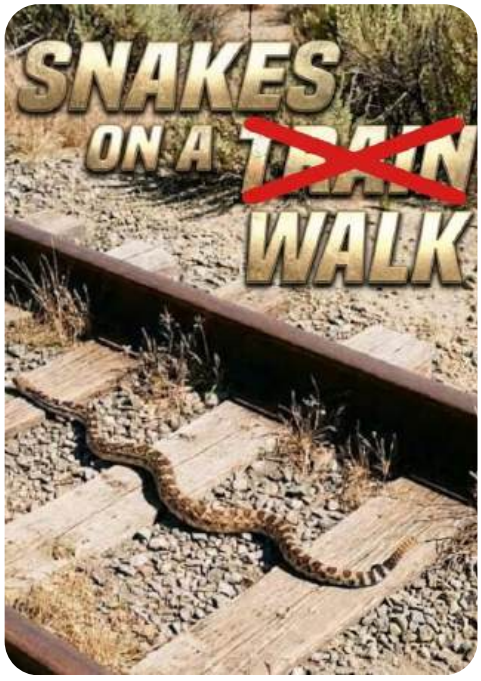




BANK DETAILS

All future online payments are to be made to
BENDIGO BANK
BSB 633000 Account 216 700 724
Copacabana Probus Club

Bendigo Bank







WATERFRONT WALK WITH A FEW SURPRISE GUESTS

2 Red bellied black snakes were spotted in the mangroves on the last walk from Gosford Sailing Club.

Members were still able to relax afterwards at Jmmy G's West Gosford for coffee and snacks



President Max with Acting Treasurer Roy Etherington





Amanda with Guest Jenny at our last meeting in August







COMING SOON

🎬 Roll Out the Red Carpet – It's the Copacabana Probus 50th Anniversary Awards Night! 🏆



Get ready for a night of glitz, glamour, and Hollywood magic as we celebrate a truly milestone occasion—50 years of Probus!
The committee has been working tirelessly behind the scenes to create an unforgettable evening, and we are thrilled to share a sneak peek of what's in store.

The Red Carpet Experience (6:00 PM – 6:45 PM)
Your moment to shine! Arrive in style and walk our very own red carpet as Dave escorts you to the photo booth for your official portrait. Sip on champagne or orange juice, mingle with fellow stars, and soak up the excitement before the show begins.

🎥 The World Premieres (6:45 PM – 7:45 PM)
You are cordially invited to the exclusive premieres of not one, not two, but three movies —all starring your very own club members! These cinematic masterpieces are guaranteed to delight, surprise, and maybe even bring a tear to your eye. You won't want to miss a single frame.

🍽️ Supper Break (7:45 PM – 8:30 PM)
Time to refuel and recharge. Enjoy a delicious light supper while mingling with your fellow movie stars and discussing the evening's fabulous films.

🏆 The ProAcademy Awards Ceremony (8:30 PM – 9:15 PM)
Our glamorous presenters will then take the stage, Academy Awards style, announcing three nominees in each category before dramatically revealing the winner.

💃 Dance the Night Away (9:15 PM onwards)
Once the formalities are over, kick off your heels (or keep them on!) and dance the night away to our fantastic jukebox. It's the perfect way to end a perfect evening.

👗 What to Wear
We would absolutely love for you to embrace the glamour of the evening and dress to impress—think red carpet chic! However, we want everyone to feel comfortable and enjoy themselves. If dressing up isn't your thing, please come in something you feel relaxed and happy in. The most important thing is that you are there with us to celebrate this incredible milestone.

Save the Date
This is one night you simply cannot miss. Let's come together to honour 50 wonderful years of Probus, celebrate our incredible community, and make memories that will last a lifetime.
We can't wait to see you on the red carpet

SIgn on sheets at the next meeting