



PITT TOWN PROBUS CLUB *Inc.*

Website: Through Probud South Pacific – Find Your Local Probud Club to find out more information on our Probud Club

Facebook: Pitt Town Probud

Issue 89 October, 2026

For any communication re Probud matters email: secretary.pitttownprobus@gmail.com



PRESIDENT'S MESSAGE

Welcome to our latest newsletter - it is hard to believe it is October already!

This month we celebrate Probud Month and the 50th Anniversary of Probud in Australia.

Locally October also brings school holidays, a long weekend, and the start of daylight savings. We also have plenty of great activities planned, so please read through this newsletter and print out the calendar so you don't miss out.

September was another very busy month. We started with a very successful bake stall in extremely hot and windy conditions, followed closely by the Caravan & Cabin outing in Orange, which was quite cold and windy! Regardless of the weather, everyone had a wonderful time and enjoyed a great week away.

At our September general meeting, we inducted two members and I know everyone will make Barb and Bob feel welcome.

While the new auditorium presents a few challenges, we will certainly overcome them. It was wonderful to see 92 people in attendance— our largest turnout ever!

Finally, I would like to personally thank Cathy for all her hard work in pulling this fantastic newsletter together, alongside her other responsibilities. It is greatly appreciated.

Best regards,

Vicki



PITT TOWN PROBUS CLUB *Inc.*

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Postal Address: PO BOX 4308, Pitt Town 2756

Meeting Day/Time: 2nd Tuesday of each month at 10am

Meeting Venue: Pitt Town Sports Club, 139 Old Pitt Town Road, Pitt Town

Banking Details: Pitt Town Probud – BSB: 062622 – Account: 10538900



Treasurer's Report

Please note if you are attending the St Mary's Cathedral OPAL trip on Friday, 30th October, please pay the \$5.00 cost at the next General Meeting. On this occasion only, I will accept cash. Thank you. Please note this tour is capped at 25 persons.



PROBUS BAKE STALL - PITT TOWN COUNTRY FAIR

Saturday, 5th September

Congratulations to Bev whose hard work and dedication enabled the bake stall to run so smoothly. Thank you to all members who assisted, either manning the stall on the day, or tempting customers with a variety of bakes, both traditional and more exotic. Well done everyone! It was a true labour of love and friendship. Thank you.



Looking forward to celebrating Christmas together! **CHRISTMAS PARTY - TUESDAY, 8TH DECEMBER**

RIVERSIDE OAKS GOLF CLUB, 74 O'BRIENS RD. CATTAL

Doors open 11.00am for 11.30 start. Complimentary drinks and canapes on arrival. Traditional Christmas lunch with choice of desserts.

Entertainment by Lisa Budin-Price. Lucky door prizes & surprises!

Buggies available for transport assistance from carpark to function room. Please allow for the parking in front of the function room for people with walking difficulties.

Invitations will be sent out early October. Payment can be made at October & November meetings.

Members \$70.00

Guests \$87.00

Contact: Julie



REMINDER: Next General Meeting will be on Tuesday, 13th October.
10.00am at Pitt Town Sports Club



LAWN BOWLS - Wednesdays 9.00am

Come along to Pitt Town Sports Club on Wednesday mornings from 9.00am until 11.00am to join us for a game and a coffee afterwards. Instruction given to beginners by our experienced players. Bring your own balls or use ours.

Contact: Warren



SCRABBLE - 3rd Wednesday of Month

As always another fun-filled morning of laughter and chatter over a cuppa and goodies. Hubby even baked us some of his yummy Cowboy Cookies! Didn't take us too long to roll out the Scrabble Boards and exercise those brains. See you again girls 10am Wednesday 21st October.



Circle Dancing

1st & 3rd Tuesdays • 11.00am
Marlene's house

*Improve balance and stability.
Slow and gentle.*



Fitness with Lauren



Every Monday, 11.15am at Pitt Town Sports Club



Strong and gentle exercises



Tailored to each individual's ability



Assist with balance and mobility

\$10.00
per session



PITT TOWN PROBUS **Coffee Club**

• LYNWOOD GOLF CLUB •

11.00am

Join us for a friendly natter



Hope to see you on **Tuesday, 27th October.**



CRAFT WITH ANITA

Come and join us on the first Wednesday of the month and one random Friday. 9.30am at Anita's House. Bring your own project or dig into our huge pile of wool and needles to help make small comfort dolls for sick children. Share a cuppa and a good natter. Looking forward to seeing you!

Some more cute little characters ready to bring comfort to young patients as they prepare for surgery. When you consider all these little guys are knitted from the same basic pattern, I think the skill and imagination of our ladies is quite amazing.

Our next meetings are Wednesday 7th and Friday 30th October.

New members are more than welcome! Please come and get to know your new friends.





PITT TOWN PROBUS CLUB

MENS' BREAKFAST

HomeGround Cafe
PITT TOWN

9.00am
Contact Steve

Enjoy a meal or a coffee while we help to solve world problems



GREAT IDEAS START HERE

We welcome your company on Tuesday, 20th October

CARAVAN & CABIN CAMPING GROUP



Our group travelled to Orange from the 9th to 16th September. We had twenty one members attend. The weather was good during the days but early mornings and evenings were cold. We all managed to enjoy visits to local places of interest like Mount Canobolas, Lake Canobolas and quaint neighbouring historical townships like Carcoar, Millthorpe and Lucknow and the Borenore Caves. The whole group met for dinner at the Orange Ex-servicemens Club. We enjoyed happy hour most afternoons. Orange is a lovely place to visit but maybe later in the year next time . **Eric**



Guest Speaker– Vin Cosgrove OAM

Together with his wife, Nancy, Vin gave an emotion-stirring perspective of the Vietnam war with all it's horrors and controversy. The location and eventual repatriation of 6 missing veterans was particularly moving. The Veteran's Anthem, "He was Only Nineteen" as well as other relevant songs, added to the poignancy. Accompanied by a varied selection of slides, it was indeed a worthwhile experience.

Thank you Vin & Nancy.



October- Guest Speaker

Hans Kunnen - Retired Economist



Alone in New York, on September 11th 2001, Hans found himself in the middle of a world changing event. As events unfolded from breakfast at the World Trade Centre, Hans tells of his interactions with the people he saw and leaned upon. It is definitely not a tale of heroism, rather it is mostly one of hope and help.



NAVAL HISTORICAL SOCIETY TOUR **FRIDAY, 16TH OCTOBER**

Travelling on the 7.34am train from Mulgrave, we will transfer to the Light Rail at Central, to reach our destination at King St Wharf, 3 Darling Harbour, by 9.30am in preparation for a 10.00am departure.

Cathy

POSITIONS VACANT: Our Probus year is marching on and we have had 2 unfilled positions for some time. In the new year, all Committee positions are up for renewal and maybe now is the time for members to consider if perhaps they could offer to help. Joining the club is fabulous, but if no one is prepared to step forward for a short time, then like the Dodo we will become extinct.

STATE THEATRE - OPAL OUTING

Our visit to "The Palace of Dreams" proved to be more than we expected. The enthusiastic guide gave us a bonus 40 minutes of his time as we explored everywhere from smoking rooms to the dressing rooms of the stars. We learnt why Ladies Conveniences were more scarce than men's and the mystery behind women "swooning"! Our Grand Finale was to stand on Centre Stage in front of an imaginary audience! Another fabulous day, and a huge thank you to everyone who helped to make it happen.



PHOTO WALK - THE GOODS LINE

The long Devonshire Tunnel with its impressive murals was a wonderful beginning to our walk along this little-known industrial corridor. The mixture of old signalling levers was a contrast to the quirky, crumpled paper bag effect of the Dr Chau Chak Wing at UTS. A little of the child in all of us came out as we crossed the playground at Tumblong Park with its over-size equipment. Thank you all for contributing to the happiness of the day!



Shirley Brincat- Snapper Winner



LUNCH CLUB

Members enjoyed lunch at the Archibald Hotel at Kurrajong, taking in the wonderful views of Sydney in the distance.

Just a small group this month as most were away with Caravan & Camping group . Next breakfast 9.00am Tuesday, 20th Oct.

MEN'S BREAKFAST Homeground Café Pitt Town



UPCOMING EVENTS



Lunch at
Village Kitchen
83 Old Bells Line Of Road
Kurrajong
Friday 23rd October
12.00 noon

Contact: *Julie*

ST. MARY'S CATHEDRAL & CRYPT– **Friday, 30th October**



Numbers for this tour are capped at **25persons**. Payment of \$5.00 must be paid at the Meeting on 13th October. We will be travelling on the 8.04am train from Mulgrave, to St James, with time for a quick coffee before commencing our 10.00am tour. Lunch will also be at St James Metro. Although there are 40 steps leading to the crypt, there is more than enough to delight in the main body of the Cathedral, which is an exceptional example of early Australian architecture.



SAVE THE DATE **Friday, 13th November.**

The Sydney Rowing Club, Abbotsford, situated on the waterfront, is the chosen venue for our last Opal Outing for 2026.

Our bay window table has been booked, giving us wonderful views over the water.

Travel will be on the 9.34am train from Mulgrave, followed by the 11.34am ferry from Circular Quay.

For those interested in joining us, please add your name to the list on Bev's table.



There is no Photo Walk scheduled for October. Our next walk will be the Glebe Foreshore Walk with lunch at the Sydney Fish Markets, on Tuesday, 24th November.



My little brother woke up and knew in a flash that today was a special day, today was his birthday. No longer would he be the baby of the family, today he was six, today he was a big boy. He sprang out of bed, ready for what the day would bring. He already knew there would be presents and a party and of course a cake. But that wasn't till the afternoon. He would have to be patient: helping Dad with the farm chores would make the time go faster.

After the chores were done, there were fun things to do: like blowing up balloons and hanging streamers around the picnic table in the garden. He helped, so did his two older brothers, and soon they had transformed the area and given it a party atmosphere.

Meanwhile Mum was busy in the kitchen. She was baking. The family of six ate mountains of cakes and sweet buns at any time. Today, being a birthday, demanded extra effort on her part. Besides, three little boys had been invited and she knew from experience that little boys had big appetites.

When all was ready outside, the boys rushed back indoors and stopped, transfixed by a wondrous sight before them. On the sideboard stood a cake; but not just any old cake. This was nothing like little six-year-old had ever seen. Covered all over with chocolate cream, it was decorated on top with lots and lots of different coloured smarties. In the middle, made of red smarties, was a big six.

"Oh", he gasped, "smarties! There must be a thousand at least!"

"Don't be silly, there's no room for a thousand," he was told.

"But lots and lots, anyway, and so many colours!" Six-year-old couldn't take his eyes off this wonderful cake, especially the red six in the centre.

The boys began to divide the cake with their eyes.

"I want the piece with the most smarties!"

"I'm the birthday boy: I'm having the biggest piece!"

"Don't worry, boys, there's plenty for all of us," Mum's voice reassured them. Before anyone had time to say anything else, the dogs barking announced the arrival of the first little guest. Six-year-old glanced at his beautiful cake and was unconvinced. He had forgotten about his three guests. They were six in the family, and three invited guests, how much of his cake would be left for him? Well, Mum had said she would manage it, and she was usually right.

Soon all three little guests had arrived, and Dad called everyone to the festive garden table. Mum brought out lemonade and drinking chocolate, a whole tray of her sweet buns, and last of all the birthday cake. In the middle were six lighted candles.

"Big breath, and blow them all out at once," Dad said. "Make a wish, and it will come true, but don't tell anyone!"

Suddenly the dog started barking again. A car drove up, a friend with his family had thought it a good idea to pay a surprise visit. Another five people, five more with whom to share his birthday cake. My little brother slowly saw his piece dwindle to a slither, with hardly a smartie left for him. He was having a panic attack.

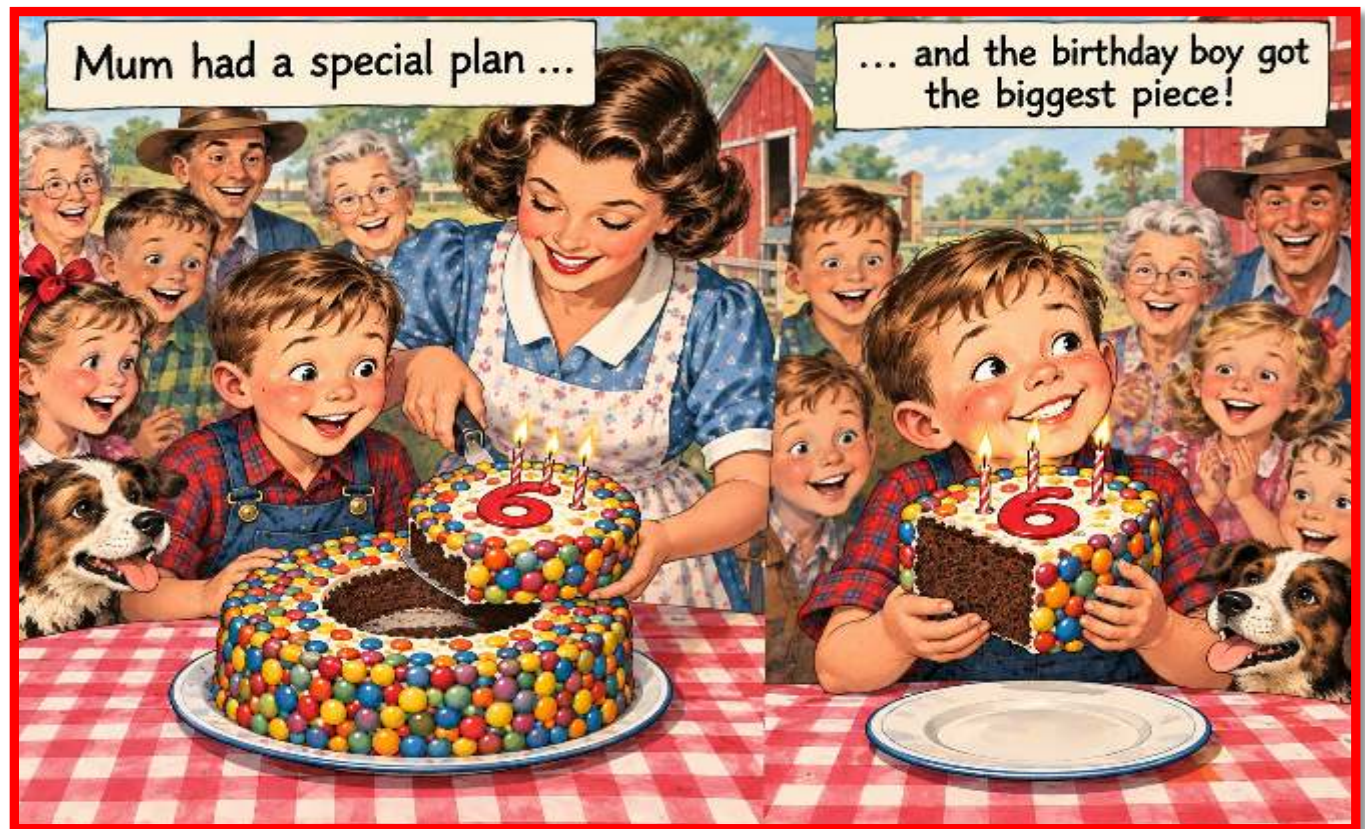
After everyone was settled once more, Mum picked up the knife to cut the cake. But she did not cut it in the usual way. She poked the knife point first into the cake half way and slowly cut a circle, leaving the centre piece with the candles. Then she cut slices for each along the outside of the circle. There was a piece for everyone, with plenty of smarties for each.

“The centre is for the birthday boy,” she said, and took what was left of the cake inside. The party was a huge success. There were games to play, and ducks and chickens to carry about and rides on the little bull calf for all the little boys, and to finish off a bonfire with rockets, which soared into the night sky with a fizz and a swoosh, exploding far above them into the brightest multicoloured stars.

A tired little six-year-old fell into bed that night. It had been a splendid party, the best ever. When Mum came to say good night, he murmured half asleep: “I did get the biggest piece, didn’t I? That was a good idea, cutting the cake like that.”

“Yes,” Mum answered with a smile, “we’ll cut it like this every time now.” But her birthday boy no longer heard her answer: he was already fast asleep.

Lisel H



October 2026

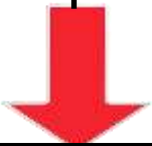


MEN'S BREAKFAST, Homeground Café, Pitt Town. 9.00am

FITNESS, Pitt Town Sports Club , 11.15am-12.00

CIRCLE DANCING, Marlene's, 11.00am - 12.00

LAWN BOWLS, Pitt Town Sports Club, 9.00am - 12.00

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3  Long Weekend	4  Labour Day
5  No fitness. Labour Day	6 Circle Dancing at Marlene's 11.00am	7 Craft at Anita 9.30am Bowls 9.30am	8	9	 10th October	11
12 Fitness with Lauren 11.15am Pitt Town Sports Club	13 General Meeting 10.00am Pitt Town Sports Club	14 Bowls 9.30am Pitt Town Sports Club	15	16 Naval Tour 	17	18
19 Fitness with Lauren 11.15am Pitt Town Sports Club	20 Men's Break- fast 9.00am Circle Dancing	21 Scrabble at Helen's Bowls 9.30am	22	23 Lunch at the Village Kitch- en Kurrajong	24 	25
26 Fitness with Lauren 11.15am Pitt Town Sports Club	27	28 Committee Meeting 10.00am Bowls 9.30	29	30 Opal Trip with Cathy St Mary's Craft at Anita's 9.30	Scrabble, Circle Dancing & Craft are held in private homes. Please contact Helen, Marlene or Anita direct for details.	

OCTOBER BIRTHDAYS

Garry
Karen
Kevin
Elaine
John
Derek
Noelene
Teresa
Bob
Maree



Happy Birthday, dear. Remember... it's the thought that counts!

Then what the hell were you thinking?

Be yourself.



IN THE MOONLIGHT YOUR TEETH LOOK JUST LIKE PEARLS.

WHO'S PEARL, AND WHAT WERE YOU DOING IN THE MOONLIGHT WITH HER?!

Invest in your outcome by choosing the right agent.

Your Pitt Town home deserves the price it's worth. I'll give you an honest, no-obligation appraisal so you can make your next move with confidence.

Contact me today

Saskia Timmerman

Licensed Real Estate Agent for 35 years & Pitt Town Specialist
☎ 0419 998 955

Cutcliffe



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YOU KNOW YOU'RE GETTING OLDER WHEN YOU START TO NOTICE LITTLE GRAY HAIRS IN YOUR CHILDREN'S HAIR

