

NEWSLETTER



20th April 2023 Vol.29/5
Engadine Yarrowarra Probus Club Inc.
 Founded 25 July 2018



President
 Joy Pogson
 0408 287 179
 eypc.president@gmail.com



Vice President
 Janet Wright
 eypc.vicepresident@gmail.com



Secretary
 Kerry Baldwin
 0417 060 412
 eypc.secretary@gmail.com



Treasurer
 Sheryl Misfud
 eypc.treasurer@gmail.com



Membership
 Maureen Barrell
 0409 718 336
 eypc.membership@gmail.com



Welfare Officer
 Lesley Penny
 eypc.welfare@gmail.com

April Meeting Venue: **ENGADINE TAVERN**, Station St Engadine - entry doors open 10am
 meeting commences 10.30 am

PAYMENTS DUE Wednesday April 26 th meeting 2023		
COMMBANK	BSB 062-164	ACCT# 1057 4595
ACTIVITY	Amount \$	Code
MEMBERSHIP FEES ARE DUE and to be paid at meeting		
SOUTH PACIFIC	\$30/\$35	SOUTH
MAN LIN WAH RESTAURANT	\$40/#45 26 TH APRIL	MAN LIN
PORT KEMBLA	\$25'\$30	PORT
MAY GIBBS GARDEN (Garden Group)	\$10 DEPOSIT	NUTCOTE

President's Report April 2023



Welcome to a brand new year! I am looking forward to my role of president of such a vibrant club. We had our first management meeting on Wednesday. You have such a great team working for you this year. I thank all committee members and organisers for taking on a role that supports our club. Our club relies on you too as members. It is up to each of us to welcome visitors, be open and friendly to each other and to support as many of the activities offered as we can.

There are changes involved with our change of venue and we are working to ensure it works well. We had to address the safety issue of morning tea and the small space that we had available. There is a new set up for our April meeting so we will have lots of room at morning tea to socialise (as well as getting our cuppa). We have set up a few tables near the bar area *for those who find it difficult to hold a hot cup of coffee while standing.*

Our second change is in our meeting format. We will have our guest speaker presenting asap after I open the meeting. Our administrative section of our meeting will begin after morning tea.

Finally our lunch arrangements, those who stayed for lunch last month were most complimentary of the food presented. It's a great time to further socialise with each other. If you are joining us for lunch:

1. Please email our secretary, Kerry Baldwin and let her know so she can advise the Hotel of numbers eypc.secretary@gmail.com
2. When you arrive for the meeting, please order and pay before you come upstairs to the meeting. Lunch will be served in the dining room.

Lastly can I ask all members to wear their name badges. I am guilty of forgetting too but I would like to make it our aim this year to know the names of all club members. This will be a steep learning curve for me so I invite you to join me in the challenge. In fun, friendship and fellowship, Joy



Vice Presidents Report



Treasurers Report

Hope everyone had an enjoyable Easter. Club finances are in a healthy position. Copy of Treasurer report has been handed to Secretary, who will forward to you with



minutes of Club meeting. Some reminders:

Membership fees are now overdue. Due 31st March 2023. If you have not paid your fees and wish to remain a member, please pay them asap.

Payment for Club Activities can be made by the following forms of payments:

1. EFT (prefer method) Commonwealth Bank BSB 062-164 Account No 1057-4595
2. Cash Banked at Commonwealth Bank using special deposit slip (available at meeting)
3. Cash paid at Monthly meeting to either Treasurer or Organiser

Refund Policy

No refunds will be paid to members, as follows:

1. Once club has paid for the activity
2. For any activity that requires a minimum number of participants, and has been priced at that number attending, no refund will be paid even if funds remained unpaid to Company.

Only way to be eligible for a refund, you will need to get another member to replace you.

Procedure for this:

You will need to contact organiser of activity with the name of member replacing you, organiser will then contact me advising this information. Once replacing member has paid funds to Club, then I will organise a refund to you. Unfortunately, I will not be at next Club meeting, as I will be on the Dubbo trip, so if you have any queries on the day, please speak to Brian, otherwise you can contact me on my mobile. Looking forward to working with you

Sheryl Mifsud 0403 782 214 eypc.treasurer@gmail.com



Membership Report

Hi everyone, We will have three new members inducted at the next meeting, Debbie Harper, John Harris and Angela McNairn. A reminder that membership fees were due at the end of March, so if you haven't yet paid could you please do so as soon as possible. The Club needs to

finalise membership with Probus South Pacific by the end of April. Payment can be made by cash or cheque at next week's meeting or via EFT to the bank details in the newsletter.

Thanks **Maureen Barrell 0409 718 336** or eypc.membership@gmail.com

SECRETARY'S REPORT

REMINDER



Could you please advise if you wish to stay for lunch after the meeting on Wednesday?

Kerry

Baldwin: kerrybaldwin07@gmail.com; eypc.secretary@gmail.com

REMINDER

REMINDER

IN RECOGNITION



Evon Jenkinson , our hard working Past President of 2022, thanked the retiring members that had held Executive positions over the past year/s for the wonderful assistance they had given to the Engadine Yarrawarrah Probus Club. They were each presented with Certificates of Appreciation.

WELCOME

We would like to welcome our newest members, Gerard and Dorothy Reyerink, who were inducted at the March meeting 2023. I am sure you will have a happy and enjoyable time with us.

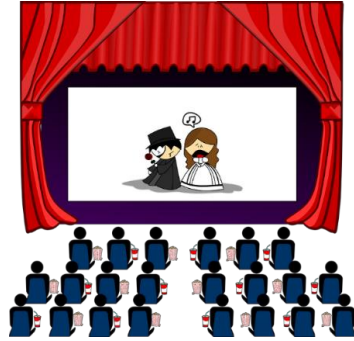


LOCAL THEATRE REPORT

SOUTH PACIFIC - SATURDAY 27 MAY - 2PM

ROCKDALE TOWN HALL - \$30/\$35 Money due by April meeting Codeword SOUTH

All of the 20 seats we had ordered have sold - but you can put your name on the wait list as I may be able to get more tickets.



MR BAILEY'S MINDER - SATURDAY 3 JUNE - 2PM

THE GUILD THEATRE ROCKDALE - \$25/\$35

Please put your name down on the activity sheet if interested. Money is due by the 24 May Meeting - Codeword BAILEY followed by your name or cash at meeting.

Please contact me for any query. [0422431355](tel:0422431355) or jsobrien47@tpg.com.au. Sue

THEATRE NEWS



GOOD OLD DAYS CONCERT - MONDAY 15 MAY - 11.00AM - SYDNEY TOWN HALL

Thank you to all those attending. As I will not be at April meeting Sue O'Brien will distribute your tickets. Should you be absent from meeting I will take your ticket with me & give you on train. Travel as usual in 3rd carriage from front departing Heathcote 9.29, Engadine 9.32, Loftus 9.39 & Sutherland 9.39 to arrive at Town Hall 10.22.

Please bring your ticket, Probus medical card & Opal card. I will join you on train at Sutherland. If any queries please contact me.

MUMMA MIA THE MUSICAL

This event coming to Lyric later in year & will explore date for us & update you.

Enjoy meeting & I will see you all soon after Zoofari trip. Aileen - 0408 2345 952 - dandawagstaff@optusnet.com.au



Opal Tripper's Reports on outings

Retford Park, Bowral Thursday, 6 April 2023

Overcast day today so a good one to go on a bus trip. A few were unable to come due to illness. Drove down Heathcote Road to the highway heading south. There was plenty of chit chat rolling along as the green grass fields, trees and housing estates took us to the Southern Highlands where the landscape changed to cool climate pines and pretty English gardens along the country roads. Whoa, the bus had to drive past the entrance to the roundabout and back so as to 'fit' through the front gate of Retford Park. I held my breath. We were met by volunteers from the National Trust, a welcome cuppa and a look see through the art gallery and gift shop before mustering at the Fountain Walk and entrance to Retford Park House for our tour. Loved the obligatory blue booties we had to wear to protect all the floor coverings. Where was Aiden (Vera's right hand man) when we needed him! I loved the formal dining room with the long table all set for dinner. I "bags" an invite please! Grange wine in abundance in the cellar by the breakfast dining room. The dinnerware was hand made and had a beautiful picture of the grand Italianate-style residence in the centre of each plate. No touchy feely of these plates. The 'den' where Elizabeth Fairfax would sit and sew her tapestry, maybe watch tele but always look out to the fountain walk which she called the 'Bobbery'. Of course, it is, with all those grey shrubs pruned into rounded balls. A quick drive into town for lunch at Raw and Wild. It was wild queuing up to pay and eat quick smart. Next stop was a wine tasting at Centennial Winery. We sat at long bench tables to taste 8 of their wines. A few sat on a small bench overseeing the event. See no evil, hear no evil and speak no evil : right! A few bottles came back on the bus with us.

Such a lovely day and thank you to Pauline for organising. **Submitted by Robyn Tolhurst**

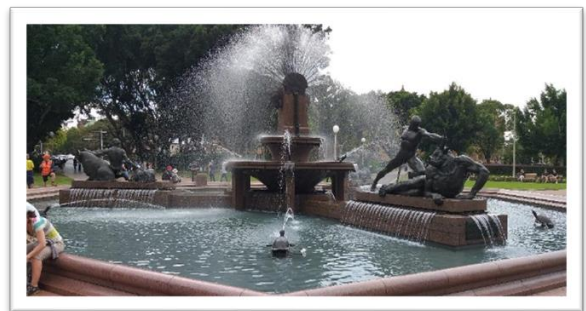
BUS TOUR OF EASTERN SUBURBS



The first day of our Probus new year / new committee saw us set our sights on a sight-seeing tour of the eastern suburbs of Sydney. A good sized group of 26 members gathered on the train stations, as is our usual practice and met in

the third carriage from the front, which is also our usual practice. Following a very smooth and uneventful trip into the city we walked across to Hyde Park and gathered at the Archibald Fountain to meet up with our fellow coach tourists. We were collected by the very funny Martin, the Coach Driver, and led down to our awaiting coach. During the boarding of the coach, some of us were identified as being highly valuable to the group and allocated special seating in key locations. Our tour took in such places as Mrs Macquarie's Chair, the Finger Wharf, naval establishments, El Alamein fountain, Kings Cross, the Coca Cola sign, several of the harbour side bays and a whole lot more, finally making our way out to the Gap. We toured through some of the most expensive real estate in the country and felt sorry for the locals as they do not know the true value of living in places like Engadine, Heathcote and Yarrawarrah etc. We then headed to Bondi Beach, for a slightly longer stop, where we could grab a coffee or a gelato ice cream, which seemed to be the big seller on the day. Several of us strolled down to the beach front where we were treated to the sight of a pod of dolphins playing in the surf and catching waves, amongst swimmers, seemingly about 50 metres off the sand – what a privilege!!! Martin finally managed to get us back on the coach and we headed back to Hyde Park to be dropped off where it had all started that morning. We were given a final instalment of Martin's tour talk and information and importantly, his sense of humour, on the trip back from Bondi Beach. After alighting from the coach we all made our way over to the David Jones food hall for a light lunch of whatever you fancied. A quick stroll down a few city blocks saw us back at the train station ready to make our way home to familiar ground.

Thank you to Aileen for organising a fun day which we all enjoyed. **Submitted by Greg Deane.**



Garvan Institute submitted by Pauline Herring

Our numbers were depleted to 8 due to the Covid outbreak from the meeting last week but we set off on the train with our brollies(which we did not have to use) for a great day out. The institute is a short walk from Kings Cross station and is a very impressive building with a DNA Helix staircase. Our guide was Brad who did an excellent job in informing us of the great work in medical research, that is carried out there. The tour went for 1 ½ hours and some of the facts are as follows. To run the institute for one year requires, 50 Million dollars through donations and 50 million dollars from Government grants. Genomic medicine is a major focus, which allows the study of all a person's genes and provide diagnoses of current diseases and predict future diseases and offer personalised treatment. Thank you to Ros Cousins and Michele Hayward for organising.

Garvan Institute Visit Report

Submitted by Ros Cousins

What an incredible place the Garvan Institute is, if you get the opportunity to go on this tour, may I suggest you definitely do it. The young man, Brad Timms, who conducted both tours did an amazing job filling our brains with so much information. He is not a scientist, he is on the finance side of things, spending most of his time, trying to raise much needed funds from the private sector, along with grants that they receive from the government to keep the Institute going. If you are looking for something to do with your spare cash, donate it to the Garvin Institute. Ultimately, their research will benefit us along with our children and grandchildren in the future.



Report of Retford Park Visit

submitted by Lorraine Stokes



Historic Retford Park home to the National Trust of Aust (NSW) in 2017, the trust officially took control of the property a gift worth 20 million. James Fairfax the philanthropist and former chairman of Media Group, he died at 83 at his home. He was an incredibly generous benefactor of the arts, there are beautiful murals which adorn the dining room walls. When inside the house it shows fine antique furniture, artworks, textiles and ceramics all from 16th, 17th and 18th century. The garden is home to rare and historically significant trees and plants. Scattered throughout the grounds is an impressive collection of sculptures by various Australian Artists. Inside this house we are told the story of dogs were part of the family, over the years he had 13 dogs and were always inside the house, linoleum on the floors show that proof with their footprint marks. He was a dog lover and hidden in the garden is a small cemetery dotted with headstones of deceased dogs all younger than 15 years. James ashes are also there with his beloved dogs. A chihuahua is still alive and is being well looked after. It was a house to be lived in and enjoyed. Wonderful history. From there lunch was at a local organic market cafe, quick bite then off to Centennial Vineyards Wine Cellar for an hours wine tasting, some very happy customers enjoying a few different wines. Many thanks to Pauline Herring organising the days outing including perfect weather and a safe journey home. Sad for the people who missed out because of illness, hoping my notes can put you in the picture of what we experienced. It's a must to see.

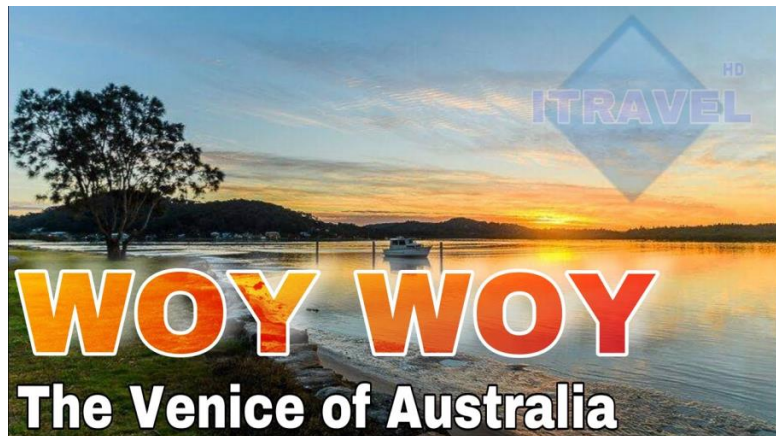
OPAL TRIPPERS

Let me start off by giving a big thank you to those members who stepped up over the past twelve months to organise and run some Opal Tripper activities for the club. A great effort by all members concerned.



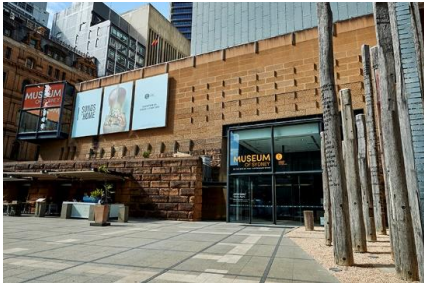
Unfortunately, our planned Ghost Tour of the Rocks had to be postponed due to the outbreak of Covid, suffered by some of our members. This activity will be rescheduled a little later in the year when the evenings are a bit warmer.

Our next planned activity, on **Wednesday 10th May 2023**, is a day trip on the trains to the Central Coast township of Woy Woy. We will travel from Heathcote / Engadine at 8.30am into Central Station, transfer to the intercity line and journey to Woy Woy station. We have an informal booking



for lunch at the Bayview Hotel bistro, which is a short stroll from the station, or you can go to the Fish and Chip outlet adjacent to the waterside or one of several cafés in the area. Following lunch we will walk back to the station to catch the trains for home. Opal Card travel costs and PAYG lunch and refreshments. Come along for the rides and get to know your fellow members a bit better and take in the sights along the way. An information and registration sheet will be on the Activity tables at next week's Monthly Meeting.

MUSEUM OF SYDNEY OUTING IN JUNE



On **Thursday 8th June 2023**, we will be travelling into the city for a bit of education and history. Catching the 8.38am train from Heathcote / Engadine we will alight from the train at Town Hall station and walk up to the Town Hall Light Rail stop for the short journey up to the Bridge Street Light Rail stop. A short walk will land us at the Museum Of Sydney on the corner of Bridge and Phillip Streets. The Museum is a

historical collection and exhibit built on the ruins of the first Government House of NSW. Free admission will get us inside, where you can wander around at your leisure to inspect the displays and video presentations. It usually takes around two hours to cover the museum. Following our education and enlightenment, we can stroll down to Circular Quay for some lunch. The City Extra Café, several pubs and other cafés are in the area or you can bring your own from home, sit in the sunshine and watch the passing parade of colourful characters, who frequent the area. Following lunch we will travel home via Light Rail and train as required. An information and registration sheet will be on the Activity tables at next week's Monthly Meeting



If you have an Opal Tripper activity you would like me to look into, please email me on

eypc.opaltrippers@gmail.com, phone me on

0405 405 702 or come and see me at the monthly meeting or at any activity. See you soon. **Greg Deane**



GUEST SPEAKER REPORT -- APRIL 2023

Hi everyone,

As you would all be aware by now, PAM COLLOCOTT, Business Development Officer from Activus Transport, is our guest speaker next Wednesday. Pam will enlighten us of the highly valued range of transport and social services on offer in and around the Sutherland Shire through Activus Transport.

Experiencing our different venue will initially require a slight change of proceedings at our next meeting.

This month our guest speaker Pam will arrive around 10.15am-10.20am to be ready to present a couple of minutes after President Joy opens our meeting at 10.30am. We would therefore appreciate it if everyone could be present and seated by that time. Morning tea will follow at 11.15am; following which our normal meeting will then continue.

After many interruptions for **Greg DeMoore** he is happy to return to us [once again a May date just a few changes of year!!], to present – “Finding Sanity – John Cade, Lithium and the Taming of Bipolar”. In 1948, an Australian doctor recently returned prisoner of war, working alone in a disused kitchen, set out to find a treatment for serious mental illness. That doctor was John Cade and in that small kitchen he stirred up a life-changing treatment. That treatment, lithium therapy, has become the gold standard for bipolar disorder.

Ralph Scrivens, Australian Bush Poet, returns June 28.

Take care everyone, Helen Duthie, Guest Speaker Organiser eypc.speakers@gmail.com

GOURMET WANDERERS



On Monday 17th April, nineteen hungry members wandered into Mike’s Bar and Grill at Engadine RSL. We were seated on two tables adjacent to the windows and enjoyed the warmth of the autumn



sunshine. After perusing the menus and placing our orders, some drinks were organised and the conversation and laughter began. Once we had established the fact that everybody had recovered from our recent Covid outbreak, we settled down to some serious talking and relaxing. The meals were prepared and served, with everybody enjoying their lunch and then came some serious decisions, regarding deserts and coffee or tea, which were devoured quickly. Following lunch a few members had to depart to make appointments elsewhere. A dedicated core of “Wanderers” stayed to continue the laughter, until the waitress had to clean around us and we finally made the decision to go home, have a nap and digest our lunch. Thanks again to Diane for organising another great lunch.



Submitted by Kerry Deane

Finally found a use for the holes in my **crocs!**



Kerry Deane very patiently led us through the intricate making of an Easter bunny. She actually made the body on her magic machine and we only had to decorate said bunny with eyes, nose, bow-tie and in one case diamond ear-rings!



Crafters-Monthly Report for March 2023

Our March craft day was at Ann Waltons and 11 ladies were in attendance.



Meanwhile Ann Soltermann was busy working away on a table runner and I for one are looking forward to seeing the final results at the next meeting.

Kerrie Murphy