



ENGADINE-YARRAWARRAH PROBUS CLUB INC.

Founded 25 July 2018

Newsletter September 2026

<https://www.probusouthpacific.org/microsites/engadineyarrawarra>

PRESIDENT Maureen Barrell 0409 718336 EYPC.president@gmail.com

President's message :



Dear members,

Two weeks ago we were told of the sudden and expected death of Kerrie Sheppard's husband, Kim whilst he was overseas. Our thoughts and sympathies are with Kerrie and her family during this very difficult time.

Another month has flown by, taking us from winter into beautiful spring, or maybe even early summer, weather. How glorious were the days last week, I was lucky enough to spend them on the south coast.

The usual array of activities has been on offer during the last month and I managed to get to quite a few of them, including lunch at the General Gordon Hotel at Sydenham. A lovely venue and very easy to get to using my trusty Opal Card. There was also a great turn out for the movies, I think there were about 15 people attending. It would be great to see some new faces at our outings, as well as all the familiar ones.

Probus month is celebrated in October so **Thursday 29 October** has been reserved in the calendar for a picnic at Cooper Street Park.

I'm travelling to Hobart this week to spend time with my daughter and her family, my grand-daughter requested my presence for her 5th birthday so Vice President Joy will run the meeting next week.

Next meeting: Monday 14th September, 2026 10 am Gynea Trade Union Club The Kingsway

TREASURER Rod Richardson 0424 342288 EYPC.treasurer@gmail.com



Payments Due

ACTIVITY	FEE (M / V)	CODE	DUE DATE
Wizard of Oz	\$45 / \$50	WIZARD	14 September 26
Six The Musical	\$81 / \$86	SIX	14 September 26
Wangaratta Deposit	\$150	WANGA	14 September 26
Fior Restaurant	\$46 / \$51	FOIR	25 September 26

Payment for Club Activities

1. EFT - Pay Anyone – Commonwealth Bank **BSB 062164 Account No. 1057 4595**
2. At a Commonwealth Bank

Use special Deposit Slip (available at meeting)

Ensure that the bank deposit is in the club's **BUSINESS ACCOUNT**

Note EFT Payments - ENSURE that your NAME is included in details EYPC will no longer accept cash payments

HAPPY BIRTHDAY

MEMBER	DATE	MEMBER	DATE
Shirley Blomfield	15 th September	Meg Copland	15 th September
Laurel Chambers	17 th September	Glen Fitzpatrick	17 th September
Margaret Duncan	19 th September	Garriock Duncan	22 nd September
Tom Fraser	23 rd September	Ginny Thompson	3 rd October

MEMBERSHIP Kerry Baldwin 0417 060 412 eypc.membership@gmail.com



I hope you have all enjoyed the warm weather over the last few days.

Please remember our meeting next Monday. Let me know if you're unable to attend. Kerry eypcmembership@gmail.com /0417060412

TIPPING COMPETITION Thanks to those who joined in the fun of tipping the NRL. We have finished at Round 27. Winners are: 1st Margaret Duncan, 2nd_(with equal scores) Laurel Chambers and Anne Corben. Look forward to next year when we can have fun again. Kerry

WELFARE Jenny Best 0414539894 Janis Clifton (asst) 0407404612



Welcome to SPRING Probus Friends! It is soooo wonderful to feel the warm sunshine on our, YOUNG, amazing bodies. 🤗

Get well wishes to any of our Probus Friends who have been unwell during the past month, especially Brian who has had a challenging time of late.

We have had some sad news concerning the sudden loss of Kerrie Sheppard's husband who passed away while surfing overseas. Our sincere condolences to Kerrie and her family. We look forward to Kerrie joining her friends again at Probus when she is ready.

Please let us know of any of our Probus Friends who are unwell or need our assistance. Stay safe and well

and enjoy the sunshine while it lasts. 🌸

COFFEE/TEA MORNING Janet Wright 0405190447 johnwandjanetw@hotmail.com



Coffee Morning report

On Wednesday 2nd September, 15 of our members met for coffee and cake and catch up at Phoenix Café outside of Aldi. We thoroughly enjoyed our coffee and sampled from a range of delicious cakes, tarts and fruit breads. The café proprietors were happy to set up a reserved table for the 18 people who were booked to come and we were glad to have plenty of space around us behind the café. It was a comfortable and happy occasion.

If this suits you please join us next month on **Wednesday 7th October at 10:30am** at Phoenix !

GUEST SPEAKER Jill Fitzpatrick 0404383388 eypc.speakers@gmail.com



At our August meeting two members of the SES came to speak about the organisation and the work it does. The SES is manned predominately by volunteers who undertake rigorous training in how to assist the public in major crises such as flood and fire, and in specific individual emergencies such as electricity wires down or tree falls onto private property. The two members who spoke declined the offered “appearance gift” as it was against SES policy. The SES donation link was given to our PROBUS members to access and donate on a personal basis if they so wished.

Sutherland Shire Council employees will be coming to our September meeting to introduce us to the world of FOGO – the Shire’s new household recycling program. Come along and hear all about the new system.

After being contacted by her agent, I took the opportunity to engage Koko Casey to come and present her new book and story in October. She has a fascinating story to tell of her survival of an air crash and the aftermath of her recovery.

I’ve been given a few suggestions for Guest Speaker subjects and you can rest assured I have been working towards engaging people to deliver the appropriate information. At this stage, our next free speaker spot is May 2027! Thanks to you all for your ideas and your ongoing support.

Margaret Duncan secretary EYPC.secretary@gmail.com 0405220754

After a successful seniors harbour cruise on Sydney Harbour held earlier this year, we thought about doing another one early next year.

The date we’re looking at is **Tuesday 19th January 2027 11.00 to 2.30pm** leaving from Casino Wharf, Pyrmont travel by train to Central and then the light rail to Pyrmont Bay where it’s a short walk across the road near the Maritime Museum. The cost will be \$75, 2 course buffet lunch with a 3.5 hour harbour cruise.

Tea and coffee provided together with entertainment. Drinks at your own cost as there is a bar on board.

I’ll put an expression of interest sheet out for you to add your name.

THEATRE Lorraine Stocks 0408699389 eypc.theatre@gmail.com



It’s getting close to our September Meeting and can I kindly ask those members who have their name on the list for Six-Musical send their payment due on or before the date 14th September, only 5 payments as of now, 8 more outstanding, payment for this show the Theatre Royal requires full payment by 23rd September, I know that seems rather early but that is their policy.

With Christmas fast approaching I am hoping to find something light-hearted to bring a little bit of cheer.

There is a venue close by, The Sutherland Arts Theatre, which is known as Front Row Theatre Company, I’m going there on Saturday to see a show so while there I will check their program for year end.

All their shows are for 90 minutes, no interval and reasonably priced \$35, it’s also a lovely theatre.

LOCAL THEATRE Sue O'Brien 0422431355 eypc.localtheatre@gmail.com



Stay tuned for what's ahead.

Spring has sprung...Enjoy

WEST SIDE STORY is to be held at the Pavilion Arts Centre on Saturday 19th September at 1.30pm. Tickets will be given out at the September Meeting next Monday.

The WIZARD OF OZ is to be performed by Engadine Musical Society at Engadine Community Centre Theatre on Saturday **17th October at 1.30pm**. Payment is \$45 for members/\$50 for visitors due by MONDAY 14th SEPTEMBER (SEPTEMBER MEETING) -

Codeword WIZARD. Tickets to be distributed at the October meeting.

The last play at the Guild Theatre Rockdale for 2026 is a nice memorial to Dolly Parton, STEEL MAGNOLIAS. STEEL MAGNOLIAS is booked for Saturday 14th November 2026 at 2pm. It is a delightful comedy/drama about the bond between a group of Southern women in Louisiana. Tickets are \$25 for members/\$30 for visitors due by 12th October 2026 (OCTOBER MEETING) - Codeword STEEL.

Also I will put out an interest sheet for A CHRISTMAS CELEBRATION - A festive afternoon of music, theatre and Christmas favourites. Presented by Sydney Musical and Opera Society, Tuesday 1st December at 2pm.

**GOURMET WANDERERS Ros Cousins 0410683860 Angela McNairn
0422980202 eypc.gourmet@gmail.com**



Our next Gourmet Wanderers lunch will be at FIOR Italian restaurant, Kingsway Gympie on **Friday 9 October at midday**. The restaurant opens at midday so unable to get in any earlier. This is a prepaid event \$45 per member/\$50 for visitors for a two course meal, main and dessert.

It is a BYO restaurant but you will be charged eight dollars a head corkage if you BYO alcohol. Alcohol is available to be purchased at the restaurant if you do not wish to BYO. The \$45/\$50 per head must be **paid into the Probus club account by 25th September**. Code word is FIOR. All alcohol/corkage must be paid for with cash on the day of the lunch. Please try to ensure you have plenty of notes/coins to pay for your drinks/corkage. The restaurant will not split the bill so we need to make just one payment on behalf of everyone there.

November Gourmet Wanderers lunch will be at Oatley Hotel, Oatley on **Thursday, 26th November** at midday. We are suggesting people catch the train to Oatley, a short walk across the park to the hotel.

Christmas lunch has been booked at Como Hotel, Como on **Monday, 14th December**. Limit of 100 guests so please add your name to the registration sheet on the back table at the next meeting. \$70 for members and \$75 for visitors. Please note beside your name on the registration sheet if you have any dietary requirements. More details to follow. Bon appétit, Angela and Ros

COACH and TOURS Pauline Herring 0407380380 eypc.tours@gmail.com

KTG Murray River and Kangaroo Island 23rd November to 30th November 2026. To all members on this tour Stephen Swaddling has organised the return shuttle transport to the Airport.

You will be picked up from your homes and returned to them after the tour.

You need to be ready at 6am Monday 23rd November for pick up so when it is your turn you will be ready.

The cost is \$94 per person return. Can you please give ME (Pauline) the amount in an envelope at the September or October general meeting and I will organise the envelope for the driver.

TOURS Sheryl Mifsud 0403782214 camaly@bigpond.com



Wangaratta Beechworth & Bright

4th April 2027 for 5 nights Probus Price: \$1800 per person twin share \$2425 solo traveller. Brochures will be available at next meeting.

If interested please see me at next meeting to confirm your place on tour. Deposit is due on 14th September to obtain Probus price. Balance due 30 days prior to departure.

Bendigo, Ballarat & Echuca

19th September 2027 for 4 nights Probus Price \$2067 per person twin share \$2,487 solo traveller

(This includes return flights to Melbourne) Brochures will be available at next meeting At this stage, I will have Expression on interest form at next meeting.

The Sapphire Coast

31st October 2027 For 5 nights In conjunction with Helensburgh Probus

Probus Price \$1845 per person twin share \$2285 per person twin share

Expression of Interest form at next meeting. See me at meeting if you require copy of brochure.

OPAL TRIPPERS Denise Wiltshire 0400880587 eypc.opaltrippers@gmail.com



OPAL TRIP KIAMA WEDNESDAY 23RD SEPTEMBER

Train leaves Heathcote 9-29, Engadine 9-32, Loftus 9-36, arrives at Sutherland at 9-39. We need to change trains at Sutherland and transfer to Platform 2. The Kiama train departs Sutherland at 9-58 arriving at Kiama at 11-47. Third carriage from the front. After leaving the station we walk down the hill to the main road, Terralong street, turn left for a wide choice of eating cafes, pubs and the RSL. We ate at the Saltwater cafe opposite the RSL. Good food, relaxed atmosphere, prices \$18-\$30. The Kiama Inn Hotel has lunch specials for \$15. There is something to suit everybody. We will form small or large groups and explore and eat at our leisure. Trains leave every hour. A train leaves Kiama at 13-55 arriving at Sutherland at 15-31. The second train departs at 14-55 arriving at Sutherland at 16-31; both trains should get you home before dark. It's a great train trip and a beautiful place to explore. Come and join the happy crowd.

OPAL TRIP DOUBLE BAY WEDNESDAY 28TH OCTOBER 2026

Train leaves Heathcote at 9-59 Engadine 10-02 Loftus 10-06, Sutherland 10-09. We change trains at Town Hall to travel to Circular Quay. After a toilet stop we will catch the ferry to Double Bay. It's an easy flat walk to the shopping centre; about 10 minutes. We will enjoy lunch at the Royal Oak Hotel. Discover another hidden corner of Sydney whilst enjoying another ferry trip.

CRONULLA R.S.L. MONDAY 16TH NOVEMBER 2026

Train departs Heathcote at 10-59, Engadine 11-02, Loftus 11-06, arriving at Sutherland at 11-09. We will change trains at Sutherland for the Cronulla train. Cronulla train departs at 11-23 arriving at Cronulla at 11-38. It is an easy 10 minute to the R.S.L. club. I'm aware that some members will choose to drive due to mobility issues. If driving I would advise you to get to the club no later than 11 am as the club parking area

opposite is often full by 11-30. Usually in summer the boom gate will be closed; if you are not a member you will have to pay by card (\$25 or \$30). Keep your receipt and you can be reimbursed by spending that amount on drinks and food. Amazing views, good food, right on our doorstep. If your mobility is limited this is your chance to join the happy Opal Trippers.

Report: **The Oatley RSL OPAL Team Lunch**

A small, highly credentialed culinary team boarded the OPAL express to Oatley on Friday for lunch. In true Michelin incognito style, the OPAL team — the **Oat Mill Probus Assessment League** — arrived unannounced to evaluate the RSL's Oat Mill lunch offerings.

A nice sunny day greeted us for the walk to the station. No *did we get the wrong day? Wrong time? Well, we're here see.* The train rolled in on schedule, and Joy was sitting in the third-carriage seats. *Saved.*

A quick change at Sutherland and we arrived at Oatley in no strolled through the open parkland and the Village of Oatley — what I imagined — before making our way to the RSL Club.

Into the dining room we went, settling at a table. Nice layout, considering the number of people.

A glance at the Main Menu:

- **Seared Kangaroo Fillet** — *hmm, don't think so.*
- **Crispy Skinned Barramundi** w/ Lemon Parsley White Sauce, Broccolini, Onion and Chips, Blistered Cherry Tomatoes and Paris Mash — *dropped the menu like a hot potato.*

Picked up **The Oat Mill – Specials Lunch Menu** from the counter. Eyes locked straight onto the **Roast Pork with baked vegetables**, green beans, apple sauce and gravy. *That's got to be a safe bet.* Mavis picked the seafood chowder — something she hasn't touched on a menu in over ten years. Orders placed. Drinks from the bar. Back to the table.

Now faced with three — yes, three — teachers. They'll be checking my grammar, spelling, elocution, pronunciation... and marking me. And failing me. First subject: teaching and NAPLAN. NAPLAN was on TV last night — apparently 30% of kids in NSW are illiterate and innumerate. I blame the parents. Strange, I kept hearing "parenting nights" mentioned. Then the conversation morphed into socioeconomics, rural challenges, and how rural and Aboriginal kids are disproportionately represented in that 30%.

Then the table dissolved into several conversations at once. Followed by the slowest table service known to man. Plates drifting in one at a time. But the conversation continued to flow.

The Roast Pork finally hit the table. Three slices of pork and a stack of vegetables. Pulled the second layer of pork out onto the plate — try it — tasteless cardboard that had clearly been sitting in the food warmer too long. Next piece: smothered in apple sauce and gravy. That one was a 7 out of 10. Try a bit more.

At that moment the table subject had turned to Data Centres. I know a bit about them. Unfortunately, that's also when the bits of dry pork decided to stick to the back of my throat. *Cough, splutter, more coughing. Drink. Not working. More drink. Not moving. Damn.* Okay — overcooked pumpkin — swallow — great, that shifted the debris. I could talk about data centres now. I stuck with the vegetables after that. Although the apple sauce and gravy were excellent — guarantee they were out of a commercial can sitting at the back of the kitchen somewhere.

Then came the mandatory Probus OPAL conversation pieces: grandkids. Medical conditions. Doctors. Operations. Charges, fees — the usual. And to finish off, who's been in hospital. Some had ordered sweets. They were a meal in themselves. *I'll try that next time, Denise. Hint, hint.*



one there. Umm...
now. We'll
usual

time. We
not quite

Quiet,

AI got another mention. *Have to add to what I already put into the newsletter.* Time slipped by with good company and conversation. Suddenly, looking at the watch — it's 3:00. Better start moving. I have my usual Friday 4:00 ZOOM meeting to attend.

Trains worked like clockwork. A bit of shopping on the way home, and I was in the meeting — still chewing the last of the pumpkin, but present.

Another successful OPAL mission: we travelled, we tasted, we coughed, we conquered. Fearlessly evaluating lunches so you don't have to.

Ian

DISCUSSION GROUP Garriock Duncan 0415978054 giduncan48@hotmail.com



Discussion Group Report.

Discussion Group Report: Aliens: are we alone in the Universe?

After a number of open-ended discussions, finally one with an almost unanimous consensus. Yes, we are alone. This topic is beset with a number of acronyms- UFO, UAP and SETI. The last one is significant - Search for Extra-Terrestrial Intelligence - with the emphasis on 'Intelligence'. This concentrates the search on 'blue planets' - those with surface water. With some hubris, the search is not for bugs but human noir creatures with whom we can converse. Given the billions of stars and the multiple billions of planets, they should be out there somewhere. Then why have they - we assume their society is more advanced than ours - not made contact with us. This is the essence of Fermi' Paradox. There is also the concept of the Great Filter - a series of leaps from microbes to intelligent life. The last hurdle is achieving sufficient technology to build self-replicating machines - space crafts which can replace themselves. This is necessary to cover the vast differences. The humanoid crew would, of course, be self-replicating. Since no advanced alien culture has so far not contacted us, perhaps this last achievement is unattainable. The restless of finite limited resources, eg water, causes these cultures to implode. So, we are all alone in the vastness of space and time.

Next meeting Wednesday 16th September Topic "AI how will it affect us?"

GARDEN CLUB Lesley Penny 0422973081 pennylesley@hotmail.com



We are looking forward to our trip to Mt Tomah and Wildwoods Gardens on Tuesday 15th September. Bus leaves from Leisure Centre, Anzac Ave. Engadine at 8am. Please be aware that you will be filling out a Customer Registration Form for our On Course Tour leader at the bus.

On Thursday 1st October, Boongala Wildflower Gardens and Rainforest walk tour will take place. If we have enough starters, they will open for us alone to give us a tour.

Otherwise, if only a few are coming, we will go on Friday 2nd when they are open to the public anyway. We will car pool at Cooper St carpark as usual.

TENNIS Chris Stewart 0431886109 stewart.50@bigpond.com



Hello everyone,

Tennis is on every Friday at Woronora Heights from 9.30am -11.30am. We would welcome any new players. So if you would like to join us, give me a call and I will be able to answer any questions you may have. Cost is \$10 and you only pay when you play

CRAFT Kerrie Murphy 0408417210 eypc.craft@gmail.com

What a fabulous Craft Day we had last month. Ginny had everything prepared in three large boxes for us to make Bath Salts. The air was filled with rose and lavender perfume mixed with a mystical concoction of wonderful ingredients, all supplied by Ginny. The secret recipe was handed down from her great great grandmother into Ginny's capable hands.

There were paper cups, glass jars, tiny wooden spoons and ribbons galore in many colours. Typed up cards of ingredients, silver edged ones for giving plus pens, scissors and measuring cups for ingredients.



It was a sight that blew everyone away. Ginny's teacher skills

came into play as we were all coached and praised, and nobody was sent to the naughty corner though we all had a laugh at our bow tying skills.

We ought to raise Ginny to sainthood for taking on our noisy rabble with such grace. Thank you, from the crafty



ladies. BriAnn

Men's Lunch Greg Thompson 0435791562
gregthompsoncontracting@outlook.com



MEN ONLY LUNCH

Next Men Only Lunch is to be held on **21st September 2026** at **Ramsgate RSL/Bowling club** at noon. Suggest car pooling as parking is difficult there.

BOOKSWAP Jenny Best 0414539894 Janet Wright (asst)0405190447



There is still a good variety of books for you peruse on the book table to sit and relax in this glorious Spring sunshine, enriching your mind !!!

Please keep new reads coming as a good turnover gives our friends plenty of variety,

thanks. Take care Probus Friends and good reading.



3rd Thursday of each month. Medical cards need to be carried. Meet at 9am at Cooper St Park for car pooling for each walk.

August Walking Group Report 2026 By Kerrie Murphy

Such a perfect day weather-wise for our walk to Greenhills. We met at Cooper Street Park and car-pooled to Cronulla.

Sixteen of us headed off, with not a puff of wind and a pleasant temperature. Apparently the bush on the ocean side is Cronulla State Park and the wildflowers are looking colourful and bright. I spotted a Willie Wagtail and heard a bird that I've never heard before. Who knows what else might be out there. When the track became a little too uneven most turned back to follow the level pathway whilst a few of us continued on ahead to Cronulla Lake. What a surprise, how long has that been there?

We all met back at Wanda Beach Surf Club for refreshments, catch-up and a pat with Ruedis' baby.

I highly recommend to anyone that hasn't been on one of our walks to give it a try as the weather is becoming warmer and you might even meet your next best friend.

Many thanks to Meg and Anne for organising.



MOVIES MICHELE'S BEST PICKS FOR SEPTEMBER

PRACTICAL MAGIC 2 (fantasy/ romance)

Begins 10th September)

Sequel to Practical Magic. Its 25 yrs on, the witch sisters, Jillian and Sally Owen, find themselves in the UK when Sally's daughters, discovering their own magical abilities, delve into their ancestry and attempt to break the family curse that kills their love interests .

Starring Nicole Kidman, Sandra Bullock , Stockard Channing

FALL 2: DEAD POINT (survival/ thriller)

Begins 13th September

Following her sister's death on the telecommunications tower in Fall , Hunter and a friend Luce try to heal their grief by attempting the infamous plank walk of Mt Kwan in Thailand . A rockslide leaves them stranded on a fragile 3000 ft in the air.

Stars Harriet Slater, Arsema Thomas

HEART OF THE BEAST (adventure/ drama)

Begins 24th September

When Special Forces soldier, James Belmont, and his retired combat dog, Odin go down in a plane crash in the Alaskan wilderness, they must face the bitter cold and ongoing danger, relying on the bond between them, as they try to survive and reach safety .

Stars Brad Pitt

RUNNER (action thriller)

Begins 10th September

A high- end courier, accompanied by an organ carrier, is given the job of transporting an organ urgently to a 7-year-old girl in need of a liver transplant. On the trip from Brisbane to the Gold Coast , they are pursued in a high stakes chase by a ruthless crime syndicate , who want the organ to sell on the black market

Stars Owen Wilson, Alan Ritchson

EYPC CALENDAR SEPTEMBER TO NOVEMBER 2026					
MONTH	EVENT	LOCATION	TIME	COORD	
Thursday, 10 September 2026	GOURMET WANDERERS	CARINGBAH BOWLO	12NOON	ROS COUSINS	CARINGBAH BOWLO
Monday, 14 September 2026	EYPC GENERAL MEETING 2nd Monday	TRADIES	10.00am	MAUREEN BARRELL	TRADIES
Tuesday, 15 September 2026	GARDEN CLUB - TOUR *	MT TOMAH&WILDWOOD	8am	LESLEY PENNY**	Anzac Ave
Wednesday, 16 September 2026	DISCUSSION GROUP 3RD WEDNESDAY	@ THE DUNCANS		GARRIOCK DUNCAN	
Thursday, 17 September 2026	WALKERS	CARRS PARK	9.00am	ANN SOLTERMAN /MEG COPLAND	COOPER ST PARK
Thursday, 17 September 2026	SUNSET COCKTAILS *	ARBOUR	4.30pm	JAN SWAN	HEATHCOTE RSL
Friday, 18 September 2026	CRAFT GROUP 3RD FRIDAY	7 DURAL CRES	10.0am	KERRY MURPHY	7 DURAL CRES
Saturday, 19 September 2026	LOCAL THEATRE WEST SIDE STORY	PAVILION SUTHERLAND	1.30pm	SUE OBRIEN	PAVILION SUTHERLAND
Monday, 21 September 2026	MENS LUNCH	#RAMSGATE RSL BOWLO	12 NOON	GREG THOMPSON	#RAMSGATE RSL BOWLO to
Wednesday, 23 September 2026	OPAL TRIP* (check out the Newsletter for all details)	SCENIC KIAMA	9.29am	DENISE WILTSHIRE	9.29AM Heathcote Station
Friday, 25 September 2026	REMINDER\$\$GOURMET WANDERER	FIOR RESTURANT Oct 9	\$46 PER HEAD NOW DUE code= FIOR		\$51PH VISITORS +CASH FO
OCTOBER	EVENT	LOCATION	TIME	COORD	
Thursday, 1 October 2026	GARDENING GROUP >>KENTHURST	BOONGALA NATIVE GARDENS & RAIN FOREST	8.45AM	LESLEY PENNY	CARPOOL @COOPER ST
Friday, 2 October 2026	TENNIS EVERY FRIDAY	WORONORA HEIGHTS		CHRIS STEWART	
Monday, 5 October 2026	COMMITTEE MEETING 1ST MONDAY		9:30 am	MAUREEN BARRELL	MAUREEN BARRELL
Wednesday, 7 October 2026	MORNING COFFEE 1ST WEDNESDAY	Phoenix Cafe outside Aldi	10:30 am	JANET WRIGHT	Phoenix Cafe outside Aldi
Friday, 9 October 2026	GOURMET WANDERERS*~FIOR Italian - PREPAID EVENT BY 25 SEPTEMBER	756 Kingsway, Gynea	12 Noon	ROS COUSINS +ANGELA MCNAIRN	https://www.fiorrestaurant.co
Monday, 12 October 2026	EYPC GENERAL MEETING 2ND MONDAY	TRADIES	10.0AM	MAUREEN BARRELL	
Monday, 12 October 2026	PAYMENT DUE FOR GUILD THEATRE 14 NOV		COST MEMEBERS \$25 VISITORS \$30		
Thursday, 15 October 2026	WALKERS GROUP	SANS SOUCI		ANN SOLTERMAN / MEG COPLAN	COOPER ST
Friday, 16 October 2026	CRAFT GROUP	7 DURAL CRES	10.00am	KERRY MURPHY	7 DURAL CRES
Saturday, 17 October 2026	LOCAL THEATRE WIZZARD OF OZ	ENGADINE COMMUNITY CENTE	1.30PM	SUE O'BRIEN	ENG COMM CENTRE
Wednesday, 21 October 2026	DISCUSSION GROUP 3RD WEDNESDAY		10.00am	GARRIOCK DUNCAN	
Thursday, 22 October 2026	SUNSET COCKTAILS*	ENGADINE RSL	4.30PM	JAN SWAN	
Wednesday, 28 October 2026	OPAL TRIP (check out the Newsletter for all details)	DOUBLE BAY	9.59AM	DENISE WILTSHIRE	HEATHCOTE STN 9.59AM
Thursday, 29 October 2026	EYPC PICNIC 50 YEARS	COOPER ST		MAUREEN BARRELL	COOPER ST
NOVEMBER	EVENT	LOCATION	TIME	COORD	
Monday, 2 November 2026	COMMITTEE MEETING 1ST MONDAY		9.30am	MAUREEN BARRELL	
Wednesday, 4 November 2026	COFFEE MORNING 1ST WEDNESDAY	WALL ST ESSPESSO LANTANA	10:30 am	JANET WRIGHT	Wall Street Esspresso , LANTANA RD
Wednesday, 4 November 2026	SIX THE MUSICAL	THEATRE ROYAL	1.00pm	LORRAINE STOCKS	THEATRE ROYAL
Friday, 6 November 2026	TENNIS EVERY FRIDAY	WORONORA HEIGHTS			
Monday, 9 November 2026	EYPC GENERAL MEETING 2ND MONDAY	TRADIES	10.0AM	MAUREEN BARRELL	
Thursday, 12 November 2026	SUNSET COCKTAILS	ARBOUR	4.30PM	JAN SWAN	
Saturday, 14 November 2026	LOCAL THEATRE STEEL MAGNOLIAS	GUILD ROCKDALE	2:00 pm	SUE O'BRIEN	\$25 MEMBERS \$30 VISIT
Monday, 16 November 2026	OPAL TRIPPERS	CRONULLA RSL	10:59am	DENISE WILTSHIRE	Heathcote Stn @10.59am
Wednesday, 18 November 2026	DISCUSSION GROUP 3RD WEDNESDAY		10:00 am	GARRIOCK DUNCAN	
Thursday, 19 November 2026	WALKERS GROUP 3RD THURSDAY	SCARBOROUGH	9.00am	ANN SOLTERMANN	COOPER ST PARK

Friday, 20 November 2026	CRAFT THIRD FRIDAY	7 DURAL CRES	10.00am	KERRY MURPHY	DURAL CRES
Monday, 23 November 2026	MURRAY PRINCESS & KANGAROO Is	ON TOUR 23RD - 30TH	ON TOUR	PAULINE HERRING	ON TOUR 23-30 NOV
Tuesday, 24 November 2026	MENS LUNCH	ARBOUR HEATHCOTE	12noon	GREG THOMPSON	ARBOUR HEATHCOTE
Thursday, 26 November 2026	GOURMET WANDERERS	OATLEY HOTEL OATLEY	12noon	ROS COUSINS	By car or by train

Getting Better Results from Copilot: A Simple Guide for Probus Members from Ian Eddy

A few people are still talking about “AI”, most of us are now using Copilot directly. Copilot is simply a helpful tool that can answer questions, explain things, and improve your writing. You can also talk to it just like you’d talk to a friend if you wish to.

Below are a few practical hints that will help you get much better results.

Use Context — It Makes All the Difference

Context is the description you give Copilot before asking your question.

It can be a sentence, a paragraph, or even a short story. The more clearly you describe what you want, the better Copilot’s response will be.

For example: Instead of: “How do I fix my printer.”

Try: “My Canon MG2560 printer shows an E05 error and won’t print. What should I do?”

The second one gives Copilot something to work with. You can also copy Copilot’s answer into Word, edit it, improve the wording, and paste it back into Copilot as a refined question. This often produces a much better result.

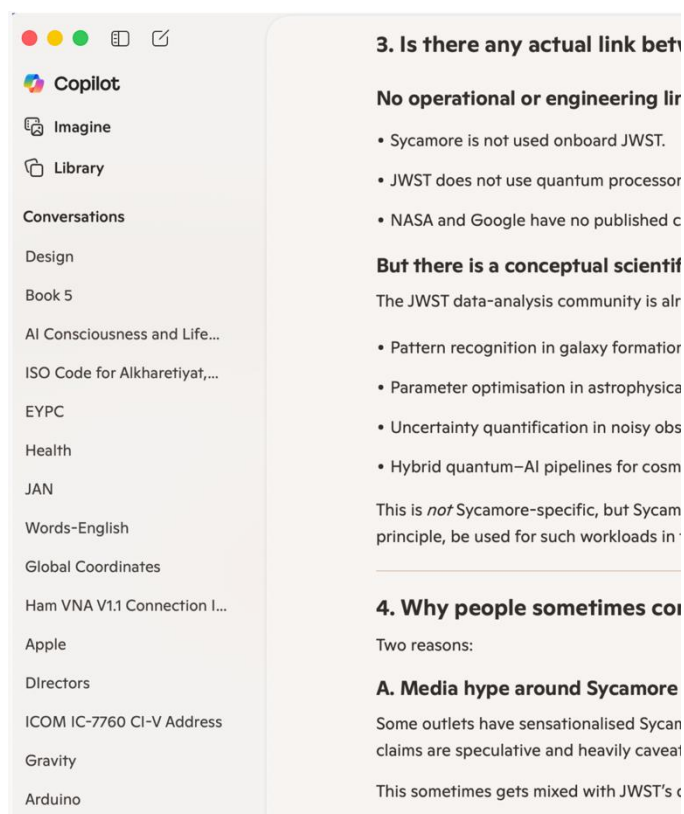
Copilot can also rewrite your own text, shorter, clearer, friendlier, more formal, or more professional. Just paste your writing in and ask it to improve it.

Understand How Copilot Handles Your Queries

In the Copilot window, the Sidebar icon (shown in the picture) displays a list of my past queries. It’s important to know that Copilot does not automatically remember everything. Each new question is treated as a fresh query.

You can help Copilot by right-clicking a query and giving it a label.

For example, I use an engineering program called KiCad (version 10). The manual is 890 pages — I’ve never read it. I simply created a query labelled “KiCad”, and every time I asked a question, I included the phrase “In Version 10...” so



Copilot knew exactly which version I'm using as different versions behave differently. Then I leant, and said, "Remember I use Kicad Version10".

What Actually Gets Sent Each Time You Ask a Question

Your queries and Copilot's responses are stored on your computer. When you ask your next question, Copilot does not send the whole conversation back to the server.

Only two things go forward:

- your latest message/query, and
- a compact internal summary of the conversation so far

Not the full transcript, not megabytes of text, not your entire chat history.

This is done for two reasons:

- **Efficiency:** Sending the whole conversation every time would be slow and unnecessary.
- **Context management:** Copilot keeps a short internal memory of the discussion so it can stay coherent — just like people remember the gist of a conversation without replaying every sentence. **What Copilot Remembers Long-Term**

Copilot only remembers things you **explicitly ask it to remember**, such as:

- your location
- your writing preferences
- your ongoing projects

Everything else is temporary and disappears when the session ends.

Think of Copilot like a conversation with a friend. It remembers what you're talking about right now but forgets it when the chat ends — unless you say, "Remember this for next time."

Everyday Things Copilot Can Help With

Copilot isn't just for technical questions. Try using it for:

- rewriting letters/emails
- summarising long articles
- explaining medical terms in plain English
- planning a holiday
- drafting speeches or meeting notes
- improving your writing style
- turning rough notes into polished text

Don't be afraid to experiment. You can't break it, and you can't "mess it up".

Final Thought

The more detail you give Copilot, the better it helps you.

Label your queries, add context, and don't hesitate to ask follow-up questions.

Copilot and its AI friends are here to make things easier — and with a little practice, they become a very handy everyday tool.