

**Probus Club of Springwood Inc.**

P.O. Box 414, Springwood Qld 4127

Club Registration No. 56317

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# NEWSLETTER

Issue No: 2013 May, 2020

## OUR MEETINGS:

**Will resume on 2nd Thursday of each month when safe to do so.**

### COMMITTEE MEMBERS FOR 2020-2021

**President: Raghbir Kalsi 0412 210 249**

**Vice President: Anne Santangeli 0400 476 676**

**Secretary: Jeff Beach 0418 783 300**

**Vice President: Carla Sherrington 0407 408 555**

**Treasurer: Marie Pitt 0438 816 308**

**Newsletter: Merv Richens 0420 373 162**

**Guest Speakers: Christine Wieden 0401 075 339**

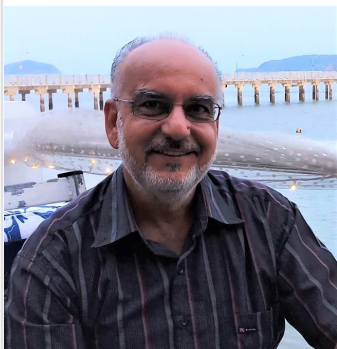
**Dine Outs: Alicia Cook 0413 307 050**

**Outings: Carolyn Smith 0418 886 582**

**Membership: Deidre Beach: 0418 767 508**

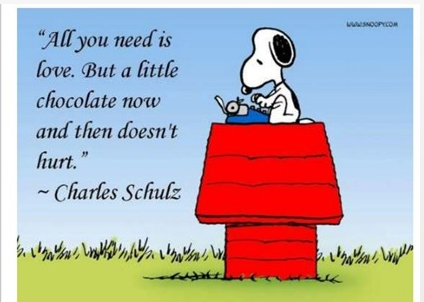
**Club Services: Natalie Cadiz 0419 120 236**

## President's Message



I am sure you agree that we are living in an uncertain and challenging world right now. Your Management Committee is here for you, even if we are working remotely. We are here to serve our members as well respond to the challenges ahead. The Springwood Probus Phone Tree has been set up where Committee Members phone our members to check on their welfare regularly. We are planning to have our first virtual Committee meeting in 7 May 2020 and then plan to have virtual monthly meetings should the isolation continue for a long time. This will of course depend on our members being able to access computers or mobile phones.

There is a saying that there is always a positive to any situation. Air pollution in some of the most populated world cities has dropped by as much as 60% during COVID-19 shutdown. A report examined fine particle pollution (PM2.5) in ten cities while lockdowns were in place compared to the same period in 2019, as well as during the same periods in the previous four years. Cities included in the report are Delhi, London, Los Angeles, New York City, Madrid, Mumbai, Rome, São Paulo, Seoul, and Wuhan. All cities except for Rome experienced a reduction in air pollution levels during lockdown periods compared to the same time periods in 2019.



## **MEMBERSHIP**

The Club's committee are currently phoning members to help us keep in touch. **The plan is for each member of the committee to rotate the names of members they call once a fortnight. If our club meetings cannot resume for some time, after a 20 week period every committee member will have spoken to all 89 members of our club. We hope you enjoy receiving the calls as much as we enjoy contacting you.**

**No Meetings, No Dine-Outs, No Outings – How Boring!!** Merv would love to receive your profile plus a photo to include in our newsletter. You can no longer use the excuse that you are too busy. It would make Merv a very happy man if you could take the time and write a little about yourself and your family history.

Stay Happy, Stay Healthy.

Deidre

## **Springwood Probus phone tree notes:**

Ragbir is well and enjoying daily walks at Daisy Hill or Mt Gravatt.

Pat is in good spirits and keeping herself busy.

Lyn and Alf had booked a Trafalgar Tour to Spain next month. It is a shame they had to cancel the tour but they are pleased to be home in Australia.

Bev and Des have been very concerned over their daughter's health. Fortunately she has been discharged from hospital and is now home. Des has been enjoying time in the garden.

Peter and Sharon are well, family are currently doing their grocery shopping. They have some lovely flowers in their yard, will take photos to enter in the Springwood Probus Club's Flower Photo Competition.

Mary is well after her four weeks stay in hospital. She enjoys sitting outside on the verandah watching the

## **WELFARE REPORT**

Hello everyone.

I'm slowly progressing through the list to contact all members to see how they are keeping busy in the current lock-down. All reports have so far been good with everyone looking forward to getting back into our Probus activities before too long.

Yes Robert I'm nearly up to the "G's" so will be checking on you soon!!!!

Val Brody has been busy with communication with relatives overseas and local committee responsibilities and is also running out of books!

Alicia busy testing recipes for us to enjoy and keeping Barry in line.

Jeff Beach and Gail Debenham keeping us up-to-date with e-mail jokes.

Some members were planning their Anzac Day driveway commemoration for the dawn service. I have finished my supply of hot cross buns and Easter eggs - thank goodness. My Daughter lent me her little schnauzer for a week as I was talking about getting a puppy - probably a bad idea.

Best wishes everyone

Regards Helen- Welfare Officer



## Birthday Greetings for May

05 Margaret Richens 07 Alicia Cook

07 Joan Bamforth 11 Steve Douglas

11 Bruce Richardson 18 Bob Pareezer

Probians in lock down!!

Kevin and June are enjoying the great outdoors twice a day in Daisy Hill Forest.

Beverly decided to start a veggie garden. She found kneeling a little difficult so sat on a bucket instead, which promptly broke, sending her crashing into a retaining wall and leaving her grazed and bleeding. Being stubborn (as we all are) she carried on and completed the task. Next morning she decided to water her piece of future sustenance when she discovered that her SIC (her dog) had dug it all up and also left a little deposit.

David said he was adequately looked after by his daughter but would like to be tucked in each night. Mmm I've got a broom 1.5 metres long so I guess as a caring Probian, I could oblige.

Sue is as happy as a little pig in mud, wallowing in a new delivery of garden manure.

Carla.

Probus Phone Tree - Anne

It was a delight to call members during this period of isolation to hear how everyone was coping and adapting to the measures put in place to ensure our safety and wellbeing.

**Gail Dakers** said she missed her coffee mornings with other members but otherwise doing fine as she has a little dog for company and her daughter calls in regularly to check on her welfare.

The next person I chatted with was **Robyn Curtis** who is well, up there in beautiful Mt Tamborine. Robyn's husband continued to work so there were no major adjustments apart from the usual SD we were all experiencing.

When I finally caught up with **Barbara Currell** we had a good chat, she joined Probus recently and is a very busy lady with all her volunteering work.

I had a delightful conversation with **Val Coxon** who rattles around in her big house in Cornubia. She assured me she is well looked after by her neighbours and her son who drops in from time to time to check how she is handling the situation.

I chatted with **Bob Pareezer**, while **Joan Cook** was busy in the garden. He assured me all was well in their household.

I interrupted **Alicia Cook** in the kitchen (where else) cooking her rissoles while **Barry** was out walking their dog, all was well in their household also.

**Phyllis Davey** did not receive a call as she & I walk twice weekly in Daisy Hill Forest and she is well and enjoying the opportunity to grow some vegetables in her garden.

## **DINE INS – MAY 2020**

What a shame we were not able to have our Garden Party at Christine's house. The weather has been ideal. Hopefully, we shall be able to get together before too long and start afresh with a Chicken and Champagne Celebration in the park.

How did the Vegetarian Fritters go? Did anyone make them.?

Here a few easy recipes for you to try and enjoy.

### **ASIAN LAMB SHANKS (4 people)**

Lightly coat lamb shanks with plain flour. Heat oil in a large deep flame-proof casserole dish over medium heat. When hot add 2 shanks and cook for 4-5 minutes or until browned on all sides. Transfer to a plate. Cook remaining shanks. Also transfer to plate.

To casserole dish add thin slivers of 2 garlic cloves and 4cm piece ginger, stirring for 1 minute. Add  $\frac{3}{4}$  cup plum jam, 2 tablespoons of soy sauce, juice of 1 large orange plus shredded rind of orange and  $\frac{1}{2}$  teaspoon of Chinese five spice. Stir until smooth and mixture comes to the boil.

Return shanks to casserole, turning to coat with sauce. Cover and place in oven. Cook for 1 hour or until meat is tender. Serve with Asian greens or your choice of green vegetables, rice or noodles if desired. Spoon sauce over shanks and vegetables.

This sauce can also be used for chicken or pork.

I like to buy my lamb shanks from Aldi. They come in a packet of 2

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### **PORK CUTLETS WITH HONEY GLAZED APPLES (4 people)**

Season 4 pork loin chops with salt and pepper, and cook in oiled non-stick pan until browned on both sides. Remove pork from pan and keep warm.

Add 50gr chopped butter and 2 medium apples sliced thickly, to pan; cook. Stirring until browned lightly.

Add 2 tablespoons honey and 1 tablespoon of lemon juice, stirring until apples are tender.

Serve pork chops with apple mixture.

Serve with your favourite vegetables. I like to serve with Aldi's Maitre D Potato Gratin (4 in a box for under \$4.00)

If you go to Aldi for lamb shanks check out the Potato Gratin, they also have a Spinach and Ricotta box.

Give these recipes a try as they are easy to make and not a lot of ingredients required.

Bon Appetite

### **Anyone for SCRABBLE???**

Anne Santangeli would like to set up a Scrabble Club within Springwood Probus, but firstly needs to gauge the level of interest from the members.

If anyone is interested in joining such a club please contact Anne either by text or phone 0400476676 or email [santangeli04@bigpond.com](mailto:santangeli04@bigpond.com) so that she can get an idea if it is worthwhile proceeding.

## LEST WE FORGET

(Thanks to Carla Sherrington for this poignant note about ANZAC DAY)

It was 6 o'clock and I walked out to my driveway with my lit candle in my hand. My flag was already flying next to my letterbox. I nodded a subdued good morning to my neighbours who were also out there. With my T.V. turned up as loud as possible I waited.

At the first notes of the Last Post the tears began to flow and the memories surfaced.

I think about my father in law Jack who tried to enlist for the adventure of a lifetime at age 14. "Go home son and look after your mother, come back when you're 16"

He only waited a week and tried again, this time with a written note from his mother saying he was 16. (forged of course). They took him and he joined the Light Brigade. He served in Egypt. He never spoke about it but was extremely proud to wear the hat with the emu feather. His biggest regret was having to leave his horse behind.

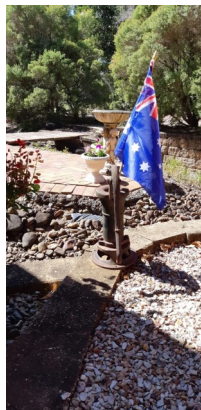
On his return he stood in line with the other diggers for his gift of a block of land. "You're a bloody abo mate, you're not eligible!"

This didn't deter him and as a proud Aussie he enlisted again in 1940 with his 3 children alongside him. I think about my father Maarten who was taken p.o.w whilst he served in Indonesia. He slaved on the Burma line and as a musician he presented many merry moments when possible. He came home emaciated and until the day he died he never so much as wasted a crumb of food. He never held on to hatred though because the very first car he was able to buy was a Toyota.

I think about my uncle Leen who was a P.O.W. in Germany. He took up knitting on his return because it was the only thing that would stop the shakes in his hands and head.

I think about my brother in law Jacky who came home so shell shocked (now P.T.S.D.) that he went bush to drown out the sounds of city life. He died there.

Yes I am an ANZAC day tragic and each year I let the tears flow. Because of my family, yes partly. But

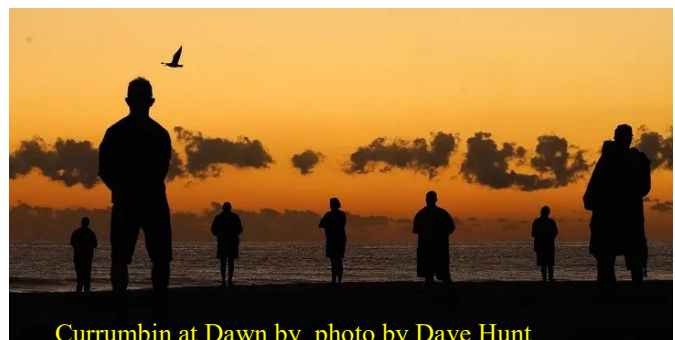


One of the nice posts on Facebook—a photo by Jason Dodge

Trevor Stubbs wearing his own and his fathers medals.

Above:right—Sybil's Driveway.

To the right: Merv and Margaret's shared driveway



Currumbin at Dawn by photo by Dave Hunt

## More Telephone Tree calls

Robert, Sterina, Alan and Rose, Margaret and Ray were all coping and doing well in the lockdown. Unfortunately, for Margaret and Ray they have had to forgo their Battlefield trip to France in May.

Jeanece and Jeff are well, with Jeanece been very busy with her continued caring of family and their health and financial needs. Spotted them shopping in Coles, where Jeff said he was out to see what people looked like, and Jeanece had an “oh please moment”.

Jenifer Geyer and her recently retired husband Hans, have been keeping busy as well, with house renovations. Well, Gail Harvey and her friend have been in trouble with the police and told to move on while having a pleasant cup of tea after a walk around Meadowbrook park. Apparently they laughed all the way back to Logan Village. Like me, Gail had been busy cleaning out her pantry and found lots of out of date product.

Below follows a note from my friend in Tasmania. John has joined our WhatsApp site which Raghbir set up. He and his wife, Shirley have been visitors to our club several times. I feel his comments are worth sharing—as none of us really want to be the missing part of the jigsaw. Merv

***“This morning I was asked - why did I download and activate the Government app about Covid-19? That made me think - briefly. So here was my simple response:***

***“To me Covid-19 is not a political or philosophical question - the virus is a very infectious, invisible, nasty disease, and [not in order]:***

- ***I'm not mounting the app for Scott Morrison***
- ***I am mounting it because it will (most likely) assist the health workers in Tasmania get faster more effective results***
- ***I am very concerned about my whole family and any small thing I can do to prevent infection, I will take that action***
- ***I am also very concerned about my close friends and others I know, specially in my age group, and I will do all I can to prevent any one of them contracting the disease***
- ***There's no concern from me about "the Government" knowing any of my secrets or illegal activity - I'm told the app doesn't extract any of that and it doesn't worry me anyway***
- ***My main illegal acivity has been speeding - the Tasmania Police have a careful record of that, and "they" would just need to ask Shirley when and where***
- ***If you asked me where I was last Wednesday at 11:00 am, most likely I wouldn't have a clue - however if you asked me about that tennis match I lost in Burnie in December 1955, I could tell you about every stupid action on my part; or when my hand was broken playing hockey at Invermay Park in 1954; or that great hike to Cradle Mountain in 1958 ... those things I remember clearly!***
- ***And I am selfish. If I contract the disease, I would like to have the fastest and best treatment possible; however if I have the virus and share it with someone I would like that person to have the very fastest and very best treatment available; and as a life-time team player, whatever small part I can play I will. In a jig-saw puzzle there can be one small, coloured piece of a strange shape that is missing to complete the picture. I do not want to be that missing piece - however small.”***

That's what I said. I actually tried to be short and simple, but little extras kept coming out.”  
Cheers.

*John.--*

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## A Magic Moment to Remember from Natalie Cadiz

A long time ago, one April in the nineties, I travelled to Turkey. We had a pretty extensive itinerary planned but the highlight was a visit to Gallipoli and attending the Dawn Service on Anzac Day. It was a special year being one of the anniversaries of the landing, I can't remember which. The Governor General was going to be there with many politicians and people of high esteem.

So in the wee hours of that very chilly morning, busloads of freezing bodies arrived at Anzac Cove and we positioned ourselves in what we believed to be the best viewing spots and waited in anticipation for what was, hopefully to follow.....and we waited and waited and waited some more, the sun rose and still we waited but still no sign of the Governor General, Bill Hayden.

He did eventually arrive but the sun had well and truly risen by then, no excuse was offered, not to the massive gathering anyway, however there were many suppositions around, for the late arrival.

One very poignant moment occurred whilst we waited when two young men climbed a cliff behind the Cove and stood, each with a flag fluttering in the breeze, one Australian one New Zealand.

But that was not the end of what turned out to be a most memorable day. After visiting memorial sites of some other countries we arrived at Lone Pine for the ceremony to find much chaos as it had been closed to the general public, only the polities, dignitaries and their friends were being allowed to attend and this was not going down very well with the large crowd of young people and old diggers, most of whom had travelled great distances to be there for that ceremony.

The young ones decided to stage a protest and laid down across the road with the intention of stopping the cars of the Governor General and those of high office to prevent them from getting to whatever social function was next on their agenda and there were signs that it could become a bit nasty due to the large number of armed Turkish militia milling around in the background ready to put down any unrest.

Then when all seemed to be at stalemate like Superman, the only remaining politician, Bob McMullan appeared and came to the rescue and saved the day. He apologised, listened to the complaints from the crowd, said that all the others had already left but he would be willing to stay and conduct a ceremony of sorts for those who might be interested. More apologies to the New Zealander as there would be none of their officials present but they would be most welcome to join in with the Australians.

So up we all went and what a wonderful and moving ceremony it turned out to be. Bob McMullan spoke, the oath was read by a young student with Australian flag wrapped over his shoulders

Thanks so much to Carla and Natalie for these two articles on ANZAC Day.

ANZAC Day 2020 will be remembered forever as a day when we broke away from traditional services and it will perhaps change this commemoration forever. Merv.

