Bentleigh Probus Club

"Fun, Friendship, and Fellowship"

Newsletter

Issue No. 450 September 2026

Upcoming Activities

10 September – **Thursday General Meeting**, **Speaker** Katherine Hinton, Our Village Charity

15 September – **Walking Group, Valley Reserve,** Mt Waverley Please let Alan Ambrose (0407 711 030) know if you plan to attend.

17 September – **Lunch** Camden Hotel, 414 Hawthorn Rd, Caulfield South VIC 3162, **(See later for details)**

24 September Coffee and Chat, Bentleigh RSL 10-30am

2 October – Murrumbeena Probus Club Activity Day. **(See later for details)**

6 October – Book Club Bentleigh RSL 11 am, "The Correspondent" – Virginia Evans

8 October – Thursday General Meeting, Speaker Ros Otzen, Schools for Poor Children in St Kilda, 1800s

9 October – Friday Dine Out, "Hellenic Club", Poath Rd, Hughesdale, **(See later for details)**

13 October Walking Group, Caulfield Park.

15 October – Anniversary Lunch, "Flight Deck Bar and Grill**" (See later for details)**

22 October Coffee and Chat, Bentleigh RSL 10-30am.

25 October Sunday – Theatre Group "Steel Magnolias" **(See later for details)**

12 November Thursday General Meeting, Speaker Julia Dyer, Downsizing and Decluttering

IMPORTANT. If you put your name down to attend a function, and you cannot go, please inform Helen or the event organiser.

Our Day Trip for 2026

18 November Thursday –Beleura Homestead and Garden, Mornington



Homestead

Tour of Home and Garden, Silver Service High Tea and Light Lunch. Bus will leave from the Bentleigh RSL at 8-30 am. **Cost - $70 per person**. **Payable to the Club bank account by Friday 11 September. MAXIMUM 36.** ***Note: This trip is being heavily subsidised by our Club*****.** Speak with **Pauline Hanley** for more details



Small part of the beautiful Garden

Beleura was originally designed by architect Joseph Reed in 1863 to meet the needs of Scottish merchant James Butchart and his family. For the last 60 years it was the residence of composer John Tallis.

Quote of the Month

"If you see someone with a smile today, give them yours" – Dolly Parton

Birthdays for September

Best wishes and Happy Birthday to the following Members. Alan Burns, Barbara Coulter, David Halford, Merilyn Marshall, Lyn Olarenshaw, Carol Pritchard, Uta Schiffter, Alexandra Stefanou.

Sick or Injury List

We all wish a speedy recovery to *Ivy Kratzer and Helen Bell*. Please let our Welfare Officer, **Sylvia Garrick** (0400 820 871) know if anyone is unwell, injured or in hospital.

Movie Group

Please register your name with **Margaret Darvell** (0402 342 202). She will advise the date, time and place for the next movie.

Walking Group.

15 September - Valley Reserve Mt Waverley, 10 am. In Waimarie Drive Mt Waverley. Entry to the Reserve is next to the Scout Hall

Recent Activities

Book Club



Helen makes a point during a recent discussion at the September Book Club Meeting

Coffee and Chat



Pauline holds court



Boris & Alan listen closely



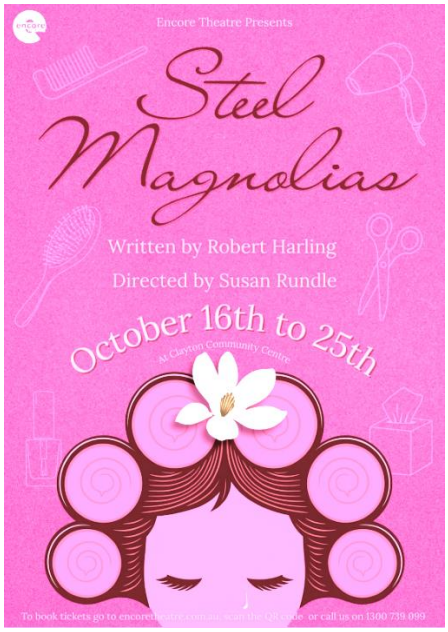
Colin & Mal interested

Future Activities

17 September – **Lunch "Camden Hotel",** 414 Hawthorn Rd, Caulfield South VIC 3162, Members pay for lunch and drinks on the day. Please put your name on the list at the front desk if you intend going.
2 October Friday – 50th Anniversary Probus Murrumbeena Probus. To celebrate the 50th birthday of Probus, Murrumbeena Probus Club have invited our members to join them at the Ormond Senior Citizens Centre where they will have various activities including a Craft and Knitting table, a Card and Board games table, table tennis and billiards. Please let Lyn Hinton know if you intend going. *Location*: 2 Newham Grove, Ormond. *Time:* 10 am to 1-30 pm. Please bring a plate for morning tea.
9 October – Friday Night Dine Out, "Hellenic Depot", 94 Poath Rd, Hughesdale, at 6-45pm. Set menu at $55 per person to be paid to Helen Byron in an envelope with name on it, on the night. Drinks at own expense. Please put your name on the list at the front desk if you intend going.

15 October – Anniversary Lunch, "Flight Deck and Bar" at Moorabbin Airport, 37 First Ave, Moorabbin Airport VIC 3194, Members pay for lunch and drinks on the day

25 October, - Theatre Group, "STEEL MAGNOLIAS" presented by Encore Theatre Company



25 October – Sunday 2pm "Steel Magnolias, Clayton Community Centre 9-15 Cooke St. Clayton**. Cost $35 ($32 for 10 or more).** Please advise ***Sylvia Garrick*** of you wish to attend.

Step inside Truvy's beauty salon, the heart of a small Southern American town, where local women share their joys, struggles and a little neighbourly gossip. From weddings and babies to divorces and funerals, they face life's highs and lows with humour, courage and impeccably styled hair. When tragedy strikes, it's in these familiar walls that they find comfort, support and the unbreakable bonds of friendship that carry them through. Bursting with sass, warmth and Southern charm, "Steel Magnolias" delivers laughter, love and an unforgettable heart.

18 November Wednesday. – Trip to Beleura Home and Garden **(See page 1)**

The Benefits of Travel for Retirees



Michael Ransom Chairman 2025-2026

Probus South Pacific Limited

(Recent article from “Active Retirees Magazine”.

Travelling is a rewarding experience that offers many benefits, especially to Probus club members who are often looking to enrich their lives with new experiences. Engaging in travel can significantly enhance our physical, mental and social well-being, making it an ideal activity for us active retirees.

Travel promotes physical health. Exploring new places often involves walking, hiking or even cycling, which can help increase overall fitness levels. Staying active while travelling can also enhance flexibility and balance, which are crucial for maintaining independence as we age.

Mentally, travel stimulates our brain by exposing us to new environments, cultures and languages. Learning about different cultures and histories can also provide a sense of accomplishment and fulfillment, keeping our mind sharp and engaged.

Socially, travel offers the opportunity to meet new people and forge meaningful connections. Whether it’s bonding with fellow travellers or interacting with locals, this can lead to lifelong friendships and broaden our perspective on life. For Probus club members, travelling in groups can also strengthen existing friendships and create a sense of community and belonging.

Travel can be a source of inspiration and personal growth. Experiencing different cultures and lifestyles can lead to a greater appreciation for diversity and a deeper understanding of the world. It encourages adaptability and open-mindedness, qualities that are invaluable in today’s interconnected world.

In today’s digital age, taking a break from screens is essential for mental well-being. Travelling with friends provides the perfect opportunity to unplug and focus on the present moment. Trips away reinforce this by immersing us in a new environment where the main focus is enjoying a new environment and the company of friends.

In conclusion, travel offers a wealth of benefits for Probus club members, enhancing physical and mental health, and social connections. By embracing the joys of travel, members will experience unforgettable and newfound perspectives, making their retirement years truly fulfilling and adventurous.

Whether you are travelling locally or overseas, happy travelling.

MANAGEMENT MATTERS

Committee and Officers for 2026-2027

President	Helen Byron	0419 119 563	**Secretary**	Lyn Hinton	0401 153 668
Vice President	Jenny Martin	0431 180 182	**Treasurer**	Alan Burns	0400 963 018
Minute Secretary	Margaret Darvell	0402 342 202	**Day Trips & Tours**	Helen Byron	0419 119 563
Welfare Officer	Sylvia Garrick	0400 820 871	**Membership**	Jenny Martin	0431 180 182
Speakers	David Halford	0419 338 517	**Newsletter**	Bruce Hinton	0417 365 817
Website	David Hutt	0412 563 433	**Other Activities**	Alan Ambrose	0407 711 030

***Attendance Record at General Meetings*.** Please make sure Jenny Martin has recorded your attendance at the meeting. This is important for the Club's Insurance.

***Trips and Lunches: IMPORTANT*.** If you put your name down to attend a function, and you cannot go, please inform Helen or the event organiser.

Club Web Site: https://www.probussouthpacific.org/microsites/bentleighc/Welcome. **Note**: All activities listed in this newsletter can be viewed on the Club's website. This site has a lot of very useful information including photographs from trips and lunches, **"Active Retirees Magazine", "Victorian Probian Magazine**".

Editor's Note: The Editor is always keen to receive feedback, comments, corrections etc. in relation to this Newsletter. Also, if members have any ideas and suggestions for new Section additions to this Newsletter, or news items of possible membership interest please send to bl.hinton@bigpond.com or phone 0417365817.

The Committee is always looking for a member to help with publicity such as writing stories about club activities to submit to the Probian Newspaper. If anyone would like to take on this job, please contact either Helen Byron or Alan Ambrose

PLEASE NOTE: New Club email address – bentleighprobus@gmail.com

JUST FOR LAUGHS

> It seems I have spent a lifetime of mouthing mechanically, 'Say thank you. Sit up straight. Use your napkin. Close your mouth when you chew. Don't lean back in your chair.' Just when I finally got my husband squared away, the kids came along. —*Erma Bombeck*

NEXT MEETING **Thursday** 8 October

Please note: all meetings are the second Thursday of each month