



PROBUS CLUB OF GREENWAY INC.

Postal address: 5 Evans Place, Gordon, ACT 2906 – Website [Click Here!!](#)

President: Sandra Barker 0429 133 363	Editor: Peter Howitt 0417 491 267
Secretary: Alan Parker 6294 7207	Issue: 8th November 2022

If for any reason you are unable to attend the meeting, please call or text Carol Martin on 0401 574 427 to pass on your apologies

PRESIDENT’S NOVEMBER MESSAGE

Dear Members

It is hard to believe that it is November, and we will all have to start planning for Xmas soon.

It only seems like a couple of months ago that we were organising for the last Xmas!

Congratulations to Glenda and Kevin Sullivan who have just celebrated their 50th wedding anniversary, well done! Also, I’d like to welcome back Noela Power who has just returned from her extensive overseas trip. I’m looking forward to the talk Noela will be giving in January on Norway, which she has said was the highlight of her trip.

At our next meeting I will be asking members if they would like to individually nominate someone for the COTA Positive Ageing Award.

This award is given to a person who has made a difference to the senior community in Canberra. There are seven categories and more information and nomination forms are available on the COTA website.

I will also be asking if members would like to be involved in choosing nominations for the Probian of the Year and the PROBUS Day Awards or would you rather this be left with your committee. So have a think about it and we will discuss the matter at our November meeting.

Take care, stay safe and keep smiling.

Sandra

Upcoming Outings

17 th -19 th November	Riverboat Postman Cruise
24 th -26 th November	Gungahlin Probust Club has a trip for 3 days to Christmas Lights in the Hunter Valley. Please contact Noela or Gail for further information
December 13 th	Christmas Party

Please contact Noela or Gail for further information - Gail - 0417 432 474

Trip to See the Phantom of the Opera

A couple of weeks ago a group of 31 Probust members, including Linda, Lola, Graham and Gail from Greenway, went to Sydney by coach for four

days to see Phantom of the Opera at the Opera House, and to do a little touring around Sydney.



We stayed in the Harbour View at North Sydney which looked over the Harbour and the Harbour Bridge - wonderful views at dinner & breakfast.

The Opera house tour, dinner and the actual performance were amazing. On the last night, we had dinner at the Tower Restaurant – all a bit scary going up in the lift and then trying to find our tables as the dining area was slowly going around and around. We ended our trip with a lovely cruise and lunch on the harbour.

One of the lighter moments occurred during our visit to Old Government House at Paramatta with a very knowledgeable gentleman from the National Trust. When he asked us to have a look in the beautiful

bedroom for a couple of minutes, he was looking at Lola, and Lola quickly said “in your dreams” it just broke us all up.

Great Trip had by all.



Future Guest Speakers

Date	Speaker	Talking About
November 8 th	Dr Claire O'Brien	Food For Thought. Gut Health
December 13 th	Christmas Party	See Note Below-
January 10 th	Noela Power	My visit to Norway
February 14 th	Tim Kilby	That Old Time Rock'n'roll Schtick
March 14 th	Annual General Meeting	-

Estate Planning in The Digital Age



Kellin Kristofferson from Artison Legal gave an interesting presentation on “Estate Planning in the digital age”. He explained the problems associated with Facebook when a person passes away. There is an option to nominate a

legacy contact to manage your Facebook account to become a memorial account or request to have your

profile permanently deleted from Facebook after you die. If you don't choose to have your account permanently deleted, it will automatically be memorialised if Facebook becomes aware of your passing.

When making wills you can include passwords and nominate a person to manage all online accounts.

Kelly advised it is beneficial to update wills from time to time as laws differ in each state and territory.

Christmas Party

Note – There will be no monthly PROBUS meeting before our lunch!

There will be a two-course meal at the Tuggeranong Vikings Club upstairs in the private room commencing at 12 for a 12.30 pm.

Main Meal: -

Two roasts, pork & turkey served with roasted potato, pumpkin, seasoned vegetables, gravy and a side of cranberry. A vegetarian meal can be organised if required.

Dessert: -

A choice of Pavlova or Rich Christmas pudding – please advise your choice when booking.

There will also be Bread Rolls and self-serve Tea & Coffee will be available in a corner.

The cost will be \$30 per head for Members and \$32 per head for non-members.

Payment to Glenda by our 8th November meeting

Don't forget our **Secret Santa**, a \$10 spend. (Female purchase for female & male purchase for male)

Booking and choices to be sorted at the next meeting on Tuesday 8th November.

Welfare

We currently have some Members with ongoing health problems or other issues that prevent them from attending meetings. We have not forgotten you and send our positive thoughts and best wishes.

October Monthly Outing

On 2nd October we enjoyed a delightful and tasty lunch at “A Bite to Eat” restaurant at Chifley



Greenway Sunday Dining Group

Members meet on the first Sunday of each month at various venues for lunch. Why not come along and give it a try and then decide if you want to join? Please contact Sandra on 0429 133 363 for more information.



November Birthdays

We have only three Members with November Birthdays, and they are

Sandra Barker, Graham Lacey and John Payne.

A very Happy Birthday from all of us



My thanks go out to Gail Lacey and Carol Martin for their contributions to this Newsletter.

A Few Jokes to Fill in some Space!

Irony of Age

When you're a baby, you're taken care of by your parents.

When parents grow old, they're taken care of by their baby.

Chickens and Eggs

The elderly grandma always talked to the hens whenever she fed them.

One day, her grandson asked, "Grandma, why do you talk to the chickens?"

"I'm just trying to egg them on."

Fresh Like Produce

My parents aged as slowly as a basket of freshly picked apples; I, on the other hand, am a halved avocado quickly approaching its expiration date.

Gravel Rash

An elderly couple looks through their living room windows to check the weather.

After finding it bright and sunny, the elderly woman looks to her husband and asks "Winston, I forgot to

put a bra on this morning. Think I should put one on before our walk?"

Catching her eyes in a steady gaze, Winston replies, "Sweetheart, you probably should. It's pushing 90° and that's one area I don't think you want to get gravel rash on."

Fine Wine

Some people age like fine wine. I'm aging like the buy 2 get 1 free bottles of the driest red in the grocery store.

Eyewitness to Crime

The elderly man was an eyewitness to the car shop crime scene. When the police asked him to tell them what happened, he told them what he'd seen.

"The guy with the beer belly grabbed a wrench from the toolbox!"

"What happened next?" the detective asked.

"Oh man, it was a gut-wrenching moment."

All the Better to Hear You With

Two older men catch up over a hot lunch at their favorite restaurant.

"Larry, those docs told me that my new hearing aids are the highest quality ones on the market, and they should be with how much I paid for 'em."

"I'm sure they are! Have you really had the chance to exercise their potential, yet?"

"Why on Earth would I exorcize the things? My doctor's a card-carrying Catholic."

Tune-Up

Aging is like owning a classic car. In order to keep looking beautiful, you'll need more than a few tune-ups and a fresh coat of paint.

Fashion Comes Back Around

You know you're old when your grandkids won't stop raiding your closet because "coastal grandmother" [fashion](#) is all the rage.