BULLETIN No 370

MITCHAM HILLS COMBINED PROBUS CLUB INC.

SEPTEMBER 28th, 2026

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President's Report

Good-bye winter – well, almost!

Spring is here – it's the season when South Australia can't quite decide whether it's still winter or has suddenly become summer. However, we know it's Spring by noticing the positive changes in nature. After a wet winter everything is so green and gardens have come to life with a bright array of blossoms and flowers of every colour.

September is the time of the year when the Royal Adelaide Show comes to town and also winter sports end their season with the important 'finals series'. In particular AFL football is often the subject of conversation. This year the Adelaide Crows made it to the finals round but unfortunately their participation ended rather abruptly. Maybe next year?

Probably many of you do not worry about going to the Show now, but I'm sure everyone can happily remember from childhood viewing and touching animals, looking with delight at the numerous displays, going on rides and purchasing show bags.

These are as popular as ever, but massively more expensive. Do you remember when they were 'sample bags' which contained specially made small samples of sweets, packets of Weetbix, cakes of Solyptol soap...! It was such fun going home with these treasures.

Children still love a visit to the Show and often parents do too, but sometimes the day is just too long! Parents go home with an empty wallet, a sore back and 'umpteen photos' of their children on rides etc., and the kids leave with show bags full of pointless toys that break easily, bags of lollies and possibly a stomach ache.

It all proves that no-one necessarily goes to the Show to save money, eat sensibly or maintain dignity. South Aussies go because it's the "Adelaide Show". Everyone goes to see animals, ride something that probably shouldn't spin so fast, eat something covered in sugar, buy something completely unnecessary and go home exhausted – but smiling. Ah, the memories!

Judy Angus





PLEASE NOTE:
OUR NEXT PROBUS MEETING
is
MONDAY, 26 OCTOBER, 2026





HAPPY BIRTHDAY to all Members celebrating your birthday in SEPTEMBER, 2026

Brian	Blackburn
Lyn	Blackburn
Liz	Brown
Di	Brown
Margaret	Matthews
Marilyn	Polgreen
Christine	Roach
Douglas (Doug)	Thomson
Elizabeth (Beth)	Tonkin

GUEST SPEAKERS 2026

Sept 28 … Peter Shaughnessy – Stuck in the ice on an Antarctic Voyage 1985

Oct 26….. *No speaker* as we will have a *special celebration for Probus' 50th birthday*

Nov 23 …. Craniofacial Aust.
(May be Damian De Witt) – he was injured in a rock throwing episode on the southern expressway sometime back.

PROFILES 2026

TODAY ….. Michele Wagnitz
OCT 26 …… Anne Sales
Nov 23…….. Des Foster

OUTINGS

Please make sure if you put your name on the list, that you will be able to come on the day.

Also please advise Outing Organiser 2 days prior to the event if you cannot attend.

Members interested in attending Outings please put your name on the Outings List at the meetings and make sure to put the date in your diary.

MONDAY 12th OCTOBER

OLD GOVERNMENT HOUSE, BELAIR NATIONAL PARK
Time: 10.30 am (Morning Tea served)
Cost: $20 per head (includes Devonshire Tea)
Max. No. 30
Parking: Parking area in front of building
Lunch: To be advised
PLEASE NOTE: Payment for this outing is to be paid in advance so please have $20 in envelope with name on the front when you put your name down.



NB For free entry into the park let them know you are with the Probus Group for morning tea and guided tour of Old Govt. House.

This is the last outing for this year as the Xmas Picnic will be in November and our Xmas Lunch is in December.

XMAS PICNIC



MONDAY 9th NOVEMBER

Gold Escort Ground, Belair National Park

TIME: 12 Noon

Please put your name on the list at the Outings Desk and nominate to bring a salad or dessert to share.

On the day you will need to bring the following:-

- *****Salad or desert***
- ****Chair and table (if required)***
- ****Plate, cutlery, glass/cup***
- ****Drinks - water, soft drink, tea/coffee, wine (if required)***
- ****Hat and sunscreen***

Supplied will be: *Sausages, patties and onions cooked by our great chefs
****Bread, sauce, serviettes etc.***

Come along and enjoy the afternoon with your fellow Members.

*****Car Parking will be on the FLAT as will be access to the picnic ground.***

Brian Ferris will be there to guide you, and we will have members assisting with carrying bags, chairs etc.



CHRISTMAS LUNCH---------- CHRISTMAS LUNCH



MONDAY 7th DECEMBER
Details for this will be discussed more fully at the next meeting.

REPORT ON OUTING TO MR NICKS COFFEE MORNING by Des Foster

We had a lovely time at Mr Nicks café located in Frewville Foodland with sixteen in attendance. A very friendly and homely atmosphere, lots of chatter and delicious cakes to satisfy our low calorie intake. All in all a very enjoyable outing.

We have had very successful and interesting venues for outings this year and I have more places of interest for 2027.

PLEASE NOTE: Members are welcome to come and enjoy outings as they add to your enjoyment of being part of our great Club. Outings are advised in the monthly Bulletin therefore giving members prior notice to keep the date free in your diaries. Once again, thank you all for your support. We would like to encourage participants to consider car-pooling to aid the less mobile and save on petrol costs. We thoroughly enjoy organising these events for you and will continue to find interesting places to go and visit.

Any suggestions are very welcome. Thank you all for your support.

GERALDINE NEW, OUTINGS ORGANISER

NOTICE FROM BOB BRAMMY, The Probus Club of Marion –

IT Conversation Group October 2nd Meeting



The Marion Probus Club's NEXT IT Group session will be on Friday October 2nd Club Marion starting at 10.30AM when *Jordan our Mobile phone expert* will conduct a session on looking at covering practical smartphone topics such as Buying Your Next Phone — including when to upgrade, refurbished vs new and transferring your data — Phones for Travel, covering roaming, sims, maps and translation, and Avoiding Unnecessary Phone Costs, including when it's better to repair rather than replace, choosing the right storage and avoiding overspending. PLUS, our usual questions and answers session. The sessions are designed to provide simple, practical advice and help people feel more confident using their technology.

Please come along as we may learn about using our mobile devices efficiently.

All Probus members, partners and all Friends are welcome also other Probus Clubs are welcome, Coffee is available to purchase.

<u>Future dates to mark into your Diaries:</u>

November 6th- Emily; December- No Meeting; February 5th - Emily

Hoping to see you at our next session. Regards Bob Brammy -- Contact: 0417126200



13 October at Blackwood U.C.
Part 2 – The Urinary Tract as we age.

10 November at Blackwood U.C.
How to Find Joy in Life as you age?

To view details of Mitcham and Hills Wellness Education Sessions Program see link:
https://www.catherinehutchesson.com.au/wellness

One last word . . . . Honestly, I don't care how I look in photos anymore....

As long as I look good in ultrasounds, CT scans and MRIs

OUR NEXT Probus Meeting is OCTOBER 26th, 2026

At the Club Marion, 262, Sturt Road, Marion

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