Senior Moments

October2026

Goodna-Springfield Probus Club Inc.

Fun and Friendship in Retirement

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Proud to be PROBUS
Club # 9003801
Founded 5 November 2008

SPONSORED BY
Goodna Rotary Club
Newsletter #200
October 2026

Meetings
Langley Park Hall
7 Bruce Lane, Camira
1st Wednesday of each month
(except January)
1:30pm - 3:30pm

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Management Committee
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Vice President – Drena Strange
Secretary – Lyn Volker
Treasurer – Caroline King
Membership – Imre Kolcze
Activities Co-ord. – Cathy Dancer
Guest Speakers – Maria Peters
Newsletter Editor – Darsha Ross
IT Officer – Penny Jameson
Publicity - Imre Kolcze

Appointments
Audio Visual – John Girdler
Welfare – Annie Clarke
Hospitality – Judy Hinson
Greeter – Jill Farnan
Birthdays - Christine Lucas
Bring & Share - Rose Bagoly

From Your President



Hello dear members

Thank you all for your support in staging our Garden Party in celebration of 50 years of Probus in Australia on October 1st.

Thank you to my fellow Garden Party committee members Cathy D, Lyn and Judy for your tireless work and effort in planning and staging the event. Thank you so much to everyone who pitched in on the day.

The voluntary help we received from our granddaughters, Mary and Luc was invaluable. We were all spared walking the distance covered in their trips to and from the kitchen and they undertook whatever we asked of them.

The "garden" theme was set by Cathy D's beautiful plants and flowers and followed through with living table centrepieces and golden gumnut table decorations. Well done, Cathy! The endless correspondence was undertaken by Lyn and there's more to come with accountability for the grant. A great effort Lyn!

We were pleased to be able to share our celebration with members from Raceview, Ipswich and Boonah as well as distinguished guests: Charis Mullen MP, Ipswich Mayor Teresa Harding, Councilor Paul Tully and PAQ Secretary Mary Helbig. There were apologies from: Milton Dick MP, Deputy Mayor Nicole Jonic and RLO Barry Read.

Our goal was to bring together members from our four clubs to celebrate 50 Years of Probus in Australia and to encourage social interactions between members from those clubs.

My message to everyone was to reflect on changes to our clubs in the past fifty years and, in light of those changes, what we can expect from Probus in years to come. I focused on the way technology is impacting and will impact our clubs in the future. I stressed the value of a positive mindset in our personal lives and in our clubs and the application of CAN-DO attitude in all aspects of our lives.

Our distinguished guests continued to speak on the theme of "change" and Mary Helbig also mentioned "gratitude" which ties in nicely with keeping a positive mindset and fostering positive interactions in our club.

Food supplied by the Hoe Inn in Ipswich was plentiful and delicious and what a gift it was not to have to prepare it ourselves.

We are hugely appreciative of the grants we received from the Ipswich City Council and from PAQ to fund this event. We also received hampers from: Milton Dick MP, Charis Mullen MP and Bev at The Hoe Inn. Boonah Club donated a prize and Rose gifted a Probus 50th Anniversary bottle of wine. To those donors, we would like to say a big thank you. Our raffle raised $273.

The Garden Party was a massive undertaking but from all reports, it was well received and I think well worth our time and effort in celebrating 50 years of Probus in Australia.

Yours in Probus

Regards *Robyn*

Quote of the month – Charles Darwin

"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change."

September Moments - by Owen

The meeting had a spring theme, so people dressed in bright colours. We had a visitor (Cathy) join us again. Hopefully she will join our group in the future.

Birthdays for the month were Janet and Maria (who was away). We didn't sing Happy Birthday for the August birthdays, last month, so we did it this month instead!

A few people from other Probus groups will be joining us for our Garden Party in October. Our lucky door was won by Julianne.

Christine gave a talk about her hobby of crocheting and some other craft endeavours. She brought things along that she has made and had a story to go with each of them!

Owen gave a talk about the Bundamba Men's Shed that he goes to. They make lots of things for sale and do special projects for people as well.

As usual our afternoon tea food was yummy.















October

Ted – 5th

Christine – 10th *

September Guest Speaker – CJay and Rashmi from Sri Hela Travels - by Owen



Our guest speakers, CJay and Rashmi, told us about tours to Sri Lanka that they organise and showed lots of great photos.

They also provided another lucky door prize that was won by Desley.



They brought some delicious Sri Lankan food (Fish Buns and Fish Cutlets), which we enjoyed.

Upcoming Guest Speakers

November – Rachel – All things legal

DID YOU KNOW?

Animals can sometimes be allergic to humans.

Joke of the month –

Cinderella is proof that a new pair of shoes CAN change your life!

September Afternoon Tea – Monday 7th – Moselles Café, Springfield Lakes – by John G

Afternoon tea was enjoyed by 9 of us at …

MOSELLE'S



September Lunch – Friday 11th – The Lion, Richlands - by John G

One photo was taken at the early lunch slot of The Lion, Richlands. Total members enjoying the food for our September lunch was 10. We were all finished and away by 1:15 pm.



September Outing – Wednesday 16th – Roma Street Parklands - by John G

Our September outing was to the Roma Street Parklands. It is one of the easiest outings to get to with a train trip and a short walk to the cafe before an explore of the gardens on foot. Spring flowers were everywhere. 7 Members were able to make it. It was good to have new members John B and Janet along. Lunch was at the Transcontinental Hotel across the road (Roma Street). Construction for the Cross River Rail project continues with work sites obvious around the railway station entrance.







September Morning Tea - Tuesday 22nd –Café Kalina, Springfield – by John G



We used the Kalina Cafe as our venue for our September morning tea. Robyn, myself, Andy and Toni arrived early to find our reservation tables not set up. The staff quickly made amends and that gave us a chance to choose where we would like to set up. We chose the breezeway section. It was a good choice. The alternative outer deck area became hot during the morning. The other organisational thing was that the staff had difficulty sorting out some of our orders. This seems typical and happens to a lot of venues we use. All else was good. Eleven members made it to the morning tea.

October Garden Party – Thursday 1st – Langley Park Hall - by Owen

The Garden Party was a great event. The hall looked fabulous. The people who organised the day did a wonderful job. It was great to see people from other Probus groups attending the event and the dignitaries. Robyn's speech was very good. Her take home points for me were, we are always going to have change in our lives. We have to enjoy that journey. You also have to have a 'Can Do' attitude.

























Upcoming Activities – October/November

For payments into our account: BSB: 034 130 A/c No. 237415

You do not need to RSVP for morning teas and lunches – UNLESS OTHERWISE ADVISED.
Morning tea/coffee will always start at 10:00am and Lunches at 12:00 noon
(unless otherwise notified).
Members, please remember to wear your name badge for all Probus functions.
Our visitors and newer members will welcome and appreciate knowing who we are.

Morning Teas

October – Tuesday 13th - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes.
November – Monday 16th - Little M Coffee House, 2 Smiths Road, Goodna (in the shopping centre)

Lunches

October – Friday 30th October - Springfield Garden Restaurant, 1/30-34 Commercial Drive, Springfield.
November – Tuesday 24th - Just Poppy's, Shop1/12 Queen Street, Goodna. This will be a casual lunch with predominantly burgers on offer but they are delicious. Alternately, you can order any burger without a bun and served as a salad. GF options available.

Afternoon Teas

October - Monday 26th at 1.30pm - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes
November – Friday 13th - at 1.30pm - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes

Outings

October - Wednesday 21st – Celebrating Jacarandas – Jacaranda Park, Woogaroo Street, Goodna for a Sausage Sizzle and Photo Shoot. Meet at 11.30am at the shelter shed off Woogaroo Drive. (off street parking) BYO chair, hat, coffee cup, camera etc. We will be providing sausages, coffee, tea. Details to follow.
November – Tuesday 3rd – Melbourne Cup lunch at Blue Fin Fishing Club. I have made a booking for those who indicated that they wish to go. I do not have individual tickets but we are on Tables 2 & 3.
November 18th - Wednesday - Train trip to Rosewood with morning tea in Ipswich on the way. Lunch at a different pub to the one we used on our last trip. Newly renovated, I believe.

Upcoming Events

- **November 29th – Sunday - at 2.00pm session in Redcliffe. The Grandparents Club – the Musical.** Travel by car. I have booked tickets for those who indicated and paid. We are planning to go down for lunch before the show. I will send you your tickets as they have been emailed to me. The venue is the Redcliffe Entertainment Centre, Downs Street, Redcliffe.
- **December 9th - Wednesday– Christmas Lunch** at 12 noon at Brothers Leagues Club, 20 Wildey Street, Raceview. Please indicate your proposed attendance on the sign on sheet.

Interest Groups

- **Craft, Coffee and Chat Group – October 9th - Friday at 1.30pm. at 3 Woodbine Avenue, Camira.** Bring along something to work on aligning with your interests and a very small plate of food to share. Tea, coffee etc available. Please let me know if you are planning to come on the sign on sheet.
- **Men's Group (**Probus Boys) – **TBA**
- **Walking Group – TBA**
- **Movies - TBA**

Committee Meeting

November 11th - Wednesday - at 10.00am at 3 Woodbine Avenue, Camira

Regards Cathy and Robyn

Next Meeting: Wednesday, October 7th at 1.30pm

Members are reminded that the Activities Organisers, in planning Activities, seek to minimise risk to participants. However, it remains the responsibility of those participants to assess their own personal capacity to take part in club activities
Members are advised to carry their Probus health card with them to all club activities