Senior Moments

November 2026

Goodna-Springfield Probus Club Inc.

Fun and Friendship in Retirement

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Proud to be PROBUS
Club # 9003801
Founded 5 November 2008

SPONSORED BY
Goodna Rotary Club
Newsletter #201
November 2026

Meetings
Langley Park Hall
7 Bruce Lane, Camira
1st Wednesday of each month
(except January)
1:30pm - 3:30pm

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Membership 0439 447 246
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Activities 0411 590 072
Newsletter
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Management Committee
President – Robyn Girdler
Vice President – Drena Strange
Secretary – Lyn Volker
Treasurer – Penny Jameson
Membership – Imre Kolcze
Activities Co-ord. – Cathy Dancer
Guest Speakers – Maria Peters
Newsletter Editor – Darsha Ross
IT Officer – Penny Jameson
Publicity - Imre Kolcze

Appointments
Audio Visual – John Girdler
Welfare – Annie Clarke
Hospitality – Judy Hinson
Greeter –Jill Farnan
Birthdays - Christine Lucas
Bring & Share - Rose Bagoly

From Your President



I have recently been giving some thought to the concepts of "family" and "friendship". With scattering of the population and the increasing likelihood that we are not all living in close proximity to family, how do we fill those traditional roles and closeness that family once filled? I am reminded of my daughter's situation when living overseas. She talked about getting together with her "Urban Family" for Christmas and celebrations.

The "family" consisted of friends who were living away from their natural families but who assembled together to celebrate. I think this also applies to many older members of our society who do not live in close proximity to their families. Our Probus ethos of "friendship" plays a supportive role in making the lives of those members more fulfilling.

Although the Christmas season can be a very busy time, it can also be a lonely time when far from family. With that in mind, we have a very busy Christmas schedule of activities for you to choose from. More details will be provided as they become available. There are a number of events listed in our activities section which require members to indicate their intention to attend. For the Bus Trip around Springfield in January, we will need 15 to proceed. So, feel free to invite a friend along to join us on the day to make up the number. The River Cruise on the Lady Brisbane in February is also an "indication only" at this stage. If we know your plans, we can make our plans for the club. So, please indicate on the sign on sheets if you are interested. You can sign up at the meeting, email me or contact me by phone to add your name to the lists.

Please note that I have changed the Afternoon Tea times from 1.30pm to 1.00pm in an attempt to facilitate travel before the bulk of the afternoon school traffic.

Just as an FYI, there is new legislation in Queensland surrounding smoke alarms which, I believe, comes into effect next year. "All Queensland owner-occupied private homes ..... must be upgraded to interconnected photoelectric smoke alarms by 1st January, 2027." So, if you do not already have hardwired smoke alarms, that might be something you need to look into.

This is the time of year where our committee is considering succession planning for our club. A number of our committee members will not be available for committee positions in 2027. So, we will be looking for members to fill those positions. If you might be interested in taking on a management role for our club, please talk to one of our current committee members to find out more about the roles. Elections will take place at our AGM in March.

Yours in Probus, *Robyn*

Quote of the month – **"A woman is like a tea bag; you never know how strong it is until it's in hot water."** — Eleanor Roosevelt

October Moments - by Owen

Our monthly meeting was held on 7th October. Everyone sitting around in a circle seems to work very well.

The lucky door was won by Julianne, but since she won it last month, she said to redraw it, and then Shirl won it.

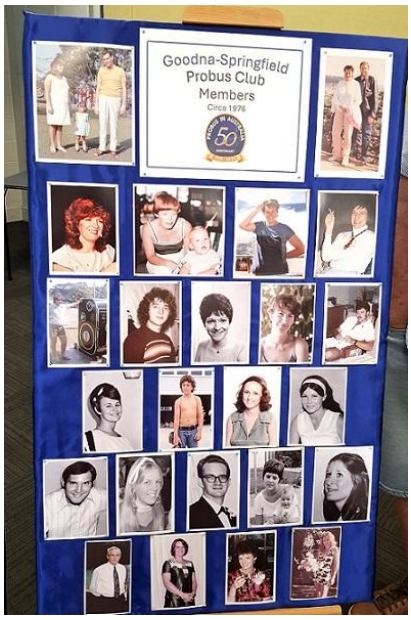


Christine had a significant birthday.

We had another delicious afternoon tea.

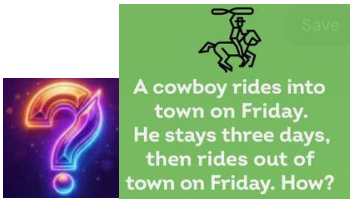
Instead of a guest speaker, the photos that people sent in from 50 years ago, were put up on a board, and we had to guess who they were.





October Morning Tea - Tuesday 13th – Moselles Café, Springfield Lakes – by John G & Imre

We had 12 members at the Moselles including a returning Alan and Margaret who have been absent for a while.



See answer on next page



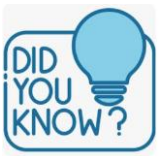
October Movie – Wednesday 14th – Orion Events Cinema, Springfield – by John G

4 members attended at Orion Springfield to see the movie "The Social Reckoning", and a lunch afterwards.

Men's Group – Thursday 15th – Orion Hotel, Springfield – by Imre



3 members attended Orion Hotel for a get together. This month they managed to have a game of pool!



Pool *began as a 15th-century outdoor lawn game similar to croquet before moving indoors onto green cloth tables designed to mimic grass.*

Upcoming Guest Speakers

November – Rachel – All things Legal



November

Alan – 3rd

Garry – 17th *

Cathy D – 25th

October Outing – Wednesday 21st - Club Parkview, Goodna - by Owen

Due to the rain forecast, celebrating Jacarandas with a sausage sizzle and photo shoot at Jacaranda Park, Goodna, was changed to a lunch at Club Parkview.

12 people came along and had a nice lunch and a great chat.



Afterwards we had a drive along Brisbane Terrace to look at all the Jacaranda trees in flower. They look so nice in someone else's yard!



October Afternoon Tea – Monday 26th – Moselles Café, Springfield Lakes – by John G

Eight members joined in at Moselle. The food and drinks aspect saw everyone happy as I didn't hear of any complaints.

A little tip if you visit Moselles: their milkshakes are worth trying with half the usual flavouring, unless you're after a full-on sugar hit!

The photo of Janice and Robyn has a rather hazy background, thanks to a very heavy shower of rain passing through at just the wrong moment!





October Lunch – Friday 30th – Springfield Garden Restaurant, Springfield - by John G

We had 14 members in attendance. As Springfield Gardens cater for larger group, they have big round tables with a large Lazy Susan turntable in the centre. Our group used up two tables with 9 and 5 seating at these tables.

I am sure everybody enjoyed the lunch. The restaurant provided "doggy bag" takeaway food containers and lids, just too much food to eat in one helping.



His horse is named Friday.

Joke of the month – A guy said to God, "God, is it true that to you a billion years is like a second?" God said yes. The guy said, "God, is it true that to you a billion dollars is like a penny?" God said yes. The guy said, "God, can I have a penny?" God said, "Sure, just a second."

Upcoming Activities – November/December/January/February

For payments into our account: BSB: 034 130 A/c No. 237415

You do not need to RSVP for morning teas and lunches – UNLESS OTHERWISE ADVISED.
Morning tea/coffee will always start at 10:00am. Lunches at 12:00 noon
(unless otherwise notified). Afternoon Teas will be at 1.00pm.
Members, please remember to wear your name badge for all Probus functions.
Our visitors and newer members will welcome and appreciate knowing who we are.

Morning Teas

November 16th - Monday - Little M Coffee House, 2 Smiths Road, Goodna (in the shopping centre)
January 5th - Tuesday – Brothers Leagues Club, Wildey Street, Raceview.

Lunches

November 24th - Tuesday – Just Poppy's, Shop1/12 Queen Street, Goodna. This will be a casual lunch with predominantly burgers on offer but they are delicious. Alternately, you can order any burger without a bun and served as a salad. GF options available.
January 14th – Thursday - Monier Hotel, 168 Monier Road, Darra.

Afternoon Teas

November – Friday 13th - at 1.00pm - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes
December- Wednesday 23rd - at 1.00pm - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes
January – Friday 29th - at 1.00pm - Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes

Outings

November 3rd - Tuesday – Melbourne Cup lunch at Blue Fin Fishing Club. I have made a booking for those who indicated that they wish to go. I do not have individual tickets but we are on Tables 2 & 3. Doors open at 10:00am
November 18th - Wednesday - Train trip to Rosewood with morning tea in Ipswich on the way. Lunch at a different pub to the one we used on our last trip. Newly renovated, I believe.
December 7th - Monday - Train to **Brisbane City** – to see the **City in all its Christmas Glory** with brunch at Coffee shop at City Hall (not Shingle Inn)
December 15th – Tuesday – evening train to **Ipswich** – see Ipswich CBD in all its **Christmas glory with night markets with a possible meal out at the Commonwealth Hotel.** Time TBC.
December 18th - Friday - train to Brisbane to see **Brisbane at night wrapped in Christmas** and night markets. Time TBC.
January 20th – Wednesday – at 9.30 am - Springfield Bus Tour – leaving Brookwater Golf Club. $15 each with coffee included back at Brookwater after the tour. The tour is a guided local tour hosted by the Springfield City Group and the Greater Springfield Chamber of commerce to showcase the region's newest developments and infrastructure. We need 20 attendees to fill the bus. **Please indicate your interest by 1st December**. The money can be paid into our club account but let's confirm we have enough to fill the bus before we pay. I will let you know. Please feel free to invite a friend to join us to make up numbers.

Upcoming Events

- **November 29th – Sunday - at 2.00pm session in Redcliffe. The Grandparents Club – the Musical.** Travel by car. I have booked tickets for those who indicated and paid. We are planning to go down for lunch before the show. I will send you your tickets as they have been emailed to me. The venue is the Redcliffe Entertainment Centre, 10 Downs Street, Redcliffe.
- **December 9th – Wednesday – Christmas Lunch** at 12 noon at Brothers Leagues Club, 20 Wildey Street, Raceview. Lunch will be in the main dining room – not a dedicated function room – menu as per dining room – no Secret Santa - please put your name down on the sign on sheet or contact me on 0429 627 627 as I need to confirm numbers with the venue on the week of the event.
- **Expression of Interest at this stage. Brisbane River Cruise on the Lady Brisbane – from Hamilton Wharf up as far as possible to the Bremer River on Monday February 8th. "Bremer River Junction Day Cruise on the MV Lady Brisbane" if you would like to google it.** The cruise lasts 7 hours and costs $129 including morning tea, barbecue lunch and afternoon tea. We would need to be at Hamilton Wharf at 8.30am for a 9.00am departure. Considering maybe a Maxi Taxi for transport??????

Interest Groups

- **Craft, Coffee and Chat Group – November 27th - Friday at 1.30pm. at 3 Woodbine Avenue, Camira.** Bring along something to work on aligning with your interests and a very small plate of food to share. Tea, coffee etc available. Please let me know if you are planning to come on the sign on sheet.
- **Men's Group (**Probus Boys) – **TBA**
- **Walking Group – TBA**
- **Movies - TBA**

Committee Meeting
November 23rd – Monday - at 1.30pm at 3 Woodbine Avenue, Camira

General Meeting
November 4th - Wednesday - at 1.30pm at Camira Friends and Neighbours Hall, Camira
December 2nd – Wednesday – Christmas Party at Camira Friends and Neighbours Hall. You will not need to supply anything for this event as the club is covering costs.

Regards Cathy and Robyn

Next Meeting: Wednesday, November 4th at 1.30pm

Members are reminded that the Activities Organisers, in planning Activities, seek to minimise risk to participants. However, it remains the responsibility of those participants to assess their own personal capacity to take part in club activities
Members are advised to carry their Probus health card with them to all club activities