Senior Moments

August 2026

Goodna-Springfield Probus Club Inc.

Fun and Friendship in Retirement

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Proud to be PROBUS
Club # 9003801
Founded 5 November 2008

SPONSORED BY
Goodna Rotary Club
Newsletter #198
August 2026

Meetings
Langley Park Hall
7 Bruce Lane, Camira
1st Wednesday of each month
(except January)
1:30pm - 3:30pm

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Vice President –
Secretary – Lyn Volker
Treasurer – Caroline King
Membership – Imre Kolcze
Activities Co-ord. – Cathy Dancer
Guest Speakers – Maria Peters
Newsletter Editor – Darsha Ross
IT Officer – Penny Jameson
Publicity - Imre Kolcze

Appointments
Audio Visual – John Girdler
Welfare – Annie Clarke
Hospitality – Judy Hinson
Greeter – Jill Farnan
Birthdays - Christine Lucas
Bring & Share - Rose Bagoly

From Your President



Hello dear members.

There are many exciting events coming up for our club. Cathy has done a wonderful job of organizing lots of fun things for us to do in the latter part of the year.

With the 50th Anniversary of Probus celebrations across Australia, our Garden Party will be our club's contribution to the nationwide celebrations.

Our Garden Party will be held at our meeting hall at 10.30am on 1st October. We have received a grant from PAQ toward the running of the event. We applied to the Ipswich City Council for a further grant but unfortunately our application was not successful. The grant application was an arduous process. So, a thanks to Lyn for all the time she devoted to this application.

We have invited members of Ipswich clubs and the new Boonah Club to attend as well as several dignitaries.

The Garden Party starts at 10.30. We have booked both halls and will be opening the doors between to give us a larger space. There is an amazing amount of organization necessary to have the day running smoothly. We are hoping for as many members as possible to attend to meet and socialize with our guests. The hall will be open for us at 9.30am. We will also be asking for assistance in various aspects of organization, setting up and taking down after the event. It would be appreciated if you could indicate your availability on the sign on sheet.

We had hoped to travel by bus to attend the lighting of Brisbane bridges in blue and gold to celebrate 50 years of Probus. Unfortunately, the unsuccessful grant application to ICC means we are unable to continue with this event on 1st October evening.

It was requested that we offer an Afternoon Tea option for our members. We have booked Moselles Café at Springfield Lakes on Friday 21st August at 1.30pm. I enquired about parking and was informed that the signs have been removed and there is no longer any restriction on parking. We hope to see a good roll-up of members for late lunch or a coffee.

Please note that the lunch at The Lion in September is at 11.15am. They run two sittings for large groups. So, I chose the earlier one. The classic menu provides a delicious meal for $13.95 but you can choose from a wide range of dishes.

We had heard rumours that Kalina Café is closing down but I was assured, when booking for the September Morning Tea, that there are no such plans.

Reminders about upcoming events are proving to be successful if we can judge by attendance. So, we will continue to send those out a few days before events.

The August meeting will have an Ekka theme. So, pull out your checked shirts, straw hats and akubras for the meeting. Dressing to our French theme for Bastille Day at the July meeting was well done. Thanks everyone!

We are hoping to attend the stage show called, "The Grandparents Club" on Sunday 29th November in Redcliffe at 2.00pm. We will need to book fairly soon and the cost will be $67.50. Travel will be either by train and bus or by car. There will be the option to go early to visit the markets in the morning. We need expressions of interest at this stage but will need payment before we book. Please let us know if you are planning on attending by our meeting on 5th August.

We have a sign-on sheet for the Melbourne Cup Lunch which will be held at the Blue Fin Fishing Club. This is an expression of interest at this stage. Bookings usually open in September. We will need to pay when we book. We will let you all know the details as they become available. The cost will be around $65, I think. They usually provide a delicious lunch with an abundant seafood offering and cater for gluten free requirements.

We are still asking for you all to bring or send in photos of yourselves as you were 50 years ago. That is, about 1976. They do not have to be portrait style; happy snaps are fine. We are putting together a display for our October meeting. Photos will only be viewed by our club members. We have not had a great response at this stage. So, I encourage you to look into your stacks of old photos and email them to gsprobus08@outlook.com or bring them to the meeting for scanning. We would like them all in by our meeting on 2nd September.

Yours in Probus

Robyn

July Moments - by Owen



The theme for the meeting was Bastille Day. Most people were dressed in Red, White and Blue. Cathy gave us some great history about it.

We also had a relaxation trip to Paris led by Robyn. It was very good. Not sure how many people were so relaxed, that they actually went to sleep! For afternoon tea, we had toasted croissants, and other delicious snacks.



John and Janet Bopf were inducted as new members, and we had 2 other guest couples.





Jill had a significant birthday.

July Guest Speaker – Bron from RACQ Years Ahead - by Owen



Bron from RACQ gave us some insights into driving as we get older and tested us on some Road Rule situations.

Road Rule Question: *Can you cross a double continuous white centre line?*

Answer: *You are permitted to cross double solid lines to safely pass a bicycle rider, or to avoid a sudden obstruction (like a fallen branch, but not a slower or stopped vehicle). You cannot cross them to enter or leave a driveway, turn right, or make a U-turn.*

She also had a questionnaire to give out, to give us an idea if we should still be driving.

Upcoming Guest Speakers

August – Emily on Elder Abuse

September – Sohaillia to talk about life as an Afghani refugee

July Lunch – Thursday 9th – Hotel Monier, Darra - by Owen

Another good location for lunch at the Hotel Monier at Darra for Seniors specials. 17 people enjoyed a good selection of meals and the company of others. We had 2 guests join us.







Joke of the month – ***An old Woman was asked, "At your ripe age, what would you prefer to get : Parkinsons or Alzheimers?"***
The wise one answered, "Definitely Parkinsons – Better to spill half my wine than to forget where I keep the bottle."

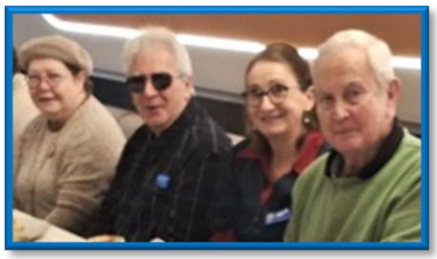
July Men's Group – Tuesday 14th – Orion Hotel - by John G



Five male members met for the first Probus Men's gathering, at the Orion Hotel for a few hours of conversation, drinks, snacks and pool. As conversation took up all of our time, the game of pool was deferred.

July Morning Tea - Wednesday 29th – Coffee Club, Springfield Central (Orion) – by Owen

We had a great turn up! There were **21 people**, including our 2 new members and 1 soon to be member – Pat (minus Dennis), and John and Janet, at the morning tea at the Coffee Club at Orion.



New members with Imre - Pat, Janet and John

There was a good selection of food - from cakes, slices, croissants and cheesecakes to toasted sandwiches and other tasty treats – along with the usual beverages. I had a warmed chocolate cake (which was delicious).



We all enjoyed the company of our fellow members. Since we had a large group, they had issues giving the drinks and food to the correct people, but they got there in the end.



Walking Group – by Imre

The next walk will be on Friday 7th of August, same time (10:30am) same place (bridge at Domain - Pool side) with a coffee, cake & chat at the pool cafe after.

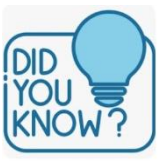
We have registered with Probus, in regard to their PAQ Virtual Walk Project, and it would be nice to send in a few extra kilometres with extra members coming on our walks. Mark it in your calendar & see you there.

Membership – by Imre

At the last meeting we inducted John & Janet into the club and all things going well, we will also be inducting Dennis & Pat at this coming meeting. Bringing the club membership to 40 and starting to look a bit more interesting.

We welcome them and hope they get out of it what they are looking for, the old cliche "You get out of it what you put in" is correct with Fun & Friendship our banner. And the four of them are off to a flying start with already coming to a few outings and then going to the "Sherwood High Tea" the other week.

I am hoping this encourages some of the other prospective people who have expressed interest in the Probus club's activities but have not yet made the move to come along to a meeting and see what we are all about.



Unique Tongue Prints: *Just like fingerprints, humans have a unique tongue print.*



Quote of the month – ***Dr Seuss "to the world you may be one person, but to one person, you may be the world"***



August

Darsha – 3rd
Owen – 11th
Andrew – 12th
Graeme – 12th
Robyn – 27th

Upcoming Activities –August/September

For payments into our account: BSB: 034 130 A/c No. 237415

You do not need to RSVP for morning teas and lunches – UNLESS OTHERWISE ADVISED.
Morning tea/coffee will always start at 10:00am and Lunches at 12:00 noon
(unless otherwise notified).
Members, please remember to wear your name badge for all Probus functions.
Our visitors and newer members will welcome and appreciate knowing who we are.

Morning Teas

August – Thursday 13th - Café 63, 41 Queen St, Goodna
September – Tuesday 22nd - Café Kalina. 66 Kingfisher Street, Springfield. I was assured when I booked that, contrary to rumour, they are not planning on closing down.

Lunches

August – Tuesday 18th - Brothers Leagues Club, 20 Wildey St., Raceview
September - Friday 11th – at 11.15am - The Lion, 133 Pine Road, Richlands

Afternoon Tea

August – Friday 21st – at 1.30pm at Moselles Cafe, 18 Springfield Lakes Blvd, Springfield Lakes. Parking restriction signs have been removed. So, we should have no difficulty with parking.

Outings

August – Wednesday 26th – Exploring Fish Lane. Transport will be by bus to Southbank, then walking. The #100 bus leaves from Forest Lake near Grand Avenue State School every 15 minutes and goes direct to Southbank. You could alternately travel by train if you wish and meet up with us at Southbank. Fish Lane is "a bustling arts and dining precinct connecting the cultural hub of South Bank to West End". Details to follow.
September – Wednesday 16th - Roma Street Parklands 9.00am to 3.00pm. Travel by train. Morning Tea in the Garden Room at the park and then walk around the gardens or sit and chat if you prefer. Lunch across the road at the hotel.

Upcoming Events

(please add your name to the sign on/expression of interest sheets)

- October, 1st Thursday - our 50th anniversary of Probus Garden Party at the hall
- November, Tuesday 3rd – Melbourne Cup lunch at Blue Fin Fishing Club
- November, Sunday 29th – at 2.00pm session in Redcliffe. There are markets in the morning if you would like to do that. Transport either by train and bus, or by car.
- December, Wednesday 9th – Christmas Lunch at 12 noon at Brothers Leagues Club, 20 Wildey Street, Raceview.



Movies

No movies planned at this stage. Judy will let us all know when something suitable comes up.

Walking Group

August - Friday 7th – Bridge at Robelle Domain – pool side at 10:30am

Men's Group (Probus Boys)

August - Thursday 28th – Orion Hotel, Main Street, Springfield at 1:00pm

Regards Cathy and Robyn

Next Meeting: Wednesday, August 5th at 1.30pm

Members are reminded that the Activities Organisers, in planning Activities, seek to minimise risk to participants. However, it remains the responsibility of those participants to assess their own personal capacity to take part in club activities
Members are advised to carry their Probus health card with them to all club activities