PROBUS CLUB of LEONAY Inc.

Newsletter Number 127

SEPTEMBER 2026

We meet on the third Friday of the Month at 10.30am
Leonay Golf Club (Emu Sports Club)
1 Leonay Parade, Leonay NSW
Email: leonayprobus@gmail.com

September and October meetings will be held on the Thursday

Link to our website http://probussouthpacific.org/microsites/leonay
Sponsored by The Lower Blue Mountains Rotary Club Inc.

Next Meeting: The next meeting will at 10:30 am on 15th October 2026.
Club doors will be open from 10:00am.

President's Report:



Good morning members,

Once again, another busy month for LPC.
Coffee at the Royce was such a success, we've decided to visit again for Marian's morning tea (check the newsletter for details). The weather was brilliant for the monthly walk to Balmain & lunch at Lewers.

Coming up we have 2 colourful months-this month let's wear blue to celebrate Father's Day. Followed in October by wearing for Breast Cancer awareness. Both morning teas will feature some delicious cakes & we will have a donation box towards Breast cancer research.

Check the newsletter for activity dates & payment deadlines.
The September meeting is Thursday 17th & Octobers is Thursday 15th.

Until next month,
Cheers from Copenhagen.

Cathy







Reminders

Please wear your name badge for the benefit of fellow members when attending meetings.

The Probus Club of Leonay Inc acknowledges the generous and continuing support of Leonay Golf Club

Committee Members

President 0416 027545	Cathy Brown catmayb@gmail.com
Vice President 0412 119 796	Helen Frappell helen.frappell@gmail.com
Treasurer 0421 748 920	Helen Price hprice80@gmail.com
Membership: 0403 170 025	Veronica Clune v.clune@gmail.com
Secretary 0417 451 660	Marian Le Breton mtlebreton@bigpond.com
Tours & Outings 0414 282 972	Dianne McAlister dmca10@bigpond.com
Outings & Activities: 0411 483 002	Denis Gallagher denisandsue7@gmail.com
Guest Speakers 0406 424 575	Helen Larsen helen.larsen1954@gmail.com
Hospitality: 0408 349 665	Gail Dobson gail.dobson1@gmail.com
Welfare: 0410 582 615	Liz Newman elizn11@gmail.com
Newsletter: 0411 416 612	Wendy Healey wendy.healey@gmail.com
IPP: 0438 844 014	Margaret Bellenger maggeb@bigpond.com

Bank Account Details:

(Westpac Penrith Branch)
BSB: 032 278 Acc Number 876804
Acc Name: PROBUS CLUB OF LEONAY INC
Please include your name and payment details



Suggestion Box

The suggestion box is open to all. We are welcoming suggestions on day trips, restaurants or any fun events.

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September Birthdays

* Margaret Bellenger
* Randa Bryson
* Wendy Healey
* Karen Lane
* Maureen O'Brien
* Angela Orban



Get Well Soon / Welfare

Warm wishes to three of our members Lynne P and Helen T as they recuperate from health issues. If you, or someone you know, could use some assistance reach out to Liz Newman

Active Retirees - Covering all your reading needs, Active Retirees is a quarterly digital magazine that includes stimulating articles and expert advice about travel, finance, technology, and health as well as all the latest news from your Probus clubs. The magazine is tailored to the needs of over-55s.
To view the Probus Magazine login to the Probus website – Probus South Pacific active retirees' magazine
Login with your membership number as the login and the password. You can find membership number on your Probus Card
Note: You can elect to receive an Email copy when you access the website.

Tours, Outings, Activities and Meetings - Regular Monthly Events

Date and time	Event / Activity	Cost	Transport
Thursday 17th September	September Monthly Meeting – Guest Speaker – Linda Sharpe The Importance of Vitamin D	Own	Own Transport or carpool
Wednesday 23rd September	Marians Morning Tea at The Royce, By popular demand.	Own	Own Transport or carpool
Thursday 24th September	Kingfisher Grove Over 55s Retirement Village @ Jordon Springs visit. A tour of the apartments and a chat about village living with a subway lunch included.		10:15am outside Building Free underground carparking available.
Friday 25th September	Lynnes Walk: The Grounds of Alexandria. Walk to the Grounds where we will wander through the lane ways to view Winnnie the Pooh's world come to life. Lunch at the Café. Organiser Lynne Bryan	Own	BMT from Emu Plains at 9.22 am and from Penrith at 9.26
Friday 9th October	Gails Monthly Lunch in collaboration with Denis' Barefoot Bowls – Penrith Bowling Club. 10am games with lunch to follow. Organiser Denis Gallagher 0411 483 002. ***15 members needed to make a booking	$10 $15 if you join	Own Transport or carpool
15th October	October Monthly Meeting Guest Speaker – Linda Sharpe - The Importance of Vitamin D Breast Cancer Awareness Month – Wear Pink.	Own	Own Transport or carpool

Outings, Activities and Tours

Tuesday 3rd November	Melbourne Cup Lunch, Panthers Glenbrook Bowling Club Payment due at the Sept meeting	$70	Own Transport or carpool
Friday 6th November	Manly Quarantine Station. Lunch included. Payment Due **September Meeting** Organiser: Dianne McAlister 0414 282 972	$105 pp	**Leonay Golf Club @ 7:30am** **The Royce @ 7:45am**
Wednesday 9th- to Friday 11th December	Hunter Valley Christmas Lights with Coach Holidays and Tours. Balance due **September Meeting**, Organiser: Dianne McAlister 0414 282 972	Fully Booked	**Leonay Golf Club @ 8:00am** **The Royce @ 8:15am**
Friday 18th December	Christmas Lunch has been booked for this date	TBA	Own Transport or carpool
July 2027	O'Reilly's Rainforest Retreat & Gold Coast Tour. 6day coach or 5 days coach/fly home. All meals tours inc.	$2095pp $2580 SS	Coach or coach/fly

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Out and about this month…

Denis' day trip

Denis organised a nice outing to visit The Victoria Barracks Paddington.

A lovely day had by all.







Sharing lunch and good times

Augusts monthly lunch – The always lovely
Maldini's on the River









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The Royce

Marians August morning tea.

Great turn out for the morning tea. 14 members enjoyed a lovely morning tea Louis and Denis H's Bdays





August Monthly Walk

Lynns monthly walk – Balmain and Barangaroo.

14 members enjoyed a nice sunny walk and yummy lunch









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Melbourne Cup Lunch

Tue 3 November - Melbourne Cup Lunch

venue- Panthers Glenbrook Bowling Club
1 Hare St , Glenbrook (02 4720 6800)
arrive 11.30am

Cost - $70 per person

booking - **Payment to be made to Probus by September meeting.**

Menu -

ENTREE

Prawn cutlets , calypso , sriracha crème & peas shoots
Roasted beetroot , puffed quinoa , feta , pumpkin & tendrils
Sous vide chicken roulade , beetroot essence , mustard emulsion
Lamb blackstrap, cauliflower veloute almond crumble & chive blossom

MAIN

Salmon, Moroccan chickpea veg salad & lemon chive dressing
Eye Fillet, caramelised opinion mash,greens,red wine jus & fried leek
Pork Belly , kumara logs , roasted apple , snow pear & demi
Chicken supreme, Kipfler potato , broccolini & parsley sauce with crispy pancetta

Join us on Tuesday 3rd Nov for a special Melbourne Cup celebration at Panthers Glenbrook. Start your afternoon with a complimentary small glass of wine on arrival , setting the stage fora day of elegance and excitement .
Enjoy liver entertainment by ANTOINE from 12pm it 3pm while you savour a delicious 2 course meal for just $70
Take part in the fun with our race day sweeps and immerse yourself in the festive atmosphere .
'Dress to impress for a chance to win our Best Dressed competition and enter our lucky door prize draw.
Don't miss out on this memorable Melbourne Cup event . Reserve your spot today for a fantastic day filled with great food , lively entertainment , and style at Panthers Glenbrook.



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