



Probud Club of Middle Harbour Inc.

June Harbourside

Diary Dates

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Thursday	25 June	Monthly Meeting, Middle Harbour Yacht Club 10.00am Lunch at Skiffies
Tuesday	30 June	30th Anniversary Lunch, Limani Restaurant, Narrabeen 12.30pm
Wednesday	8 July	Guided tour of the QVB, George Street in the city 11.00am
Tuesday	14 July	Coffee & Chat at Cafe Jam, Bridgepoint Centre, Mosman at 10.30am
Thursday	23 July	Monthly Meeting, Middle Harbour Yacht Club 10.00am Lunch at Skiffies
Friday	24 July	Yulefest – Robertson, Bowral, Kangaroo Valley and Kiama
Thursday	10 Sept	Ensemble Theatre, Top Silk 11.00am Reduced cost \$105 now \$101!

President	Suzie Shaw	0412 889 504	Vice President	Sue Field	0409 836 073
Secretary	Sue Hiblen	0439 606 215	Treasurer	Philip Edmonds	0418 251 836

A Big Welcome to Four New Members!



Sophie Vassiliou has spent most of her life in Sydney but has enjoyed some part time living abroad. She has headed up the Human Resources team in the fields of arts, culture, tourism and emergency services. Currently she is a volunteer with the Lifeline Aged Care Visitor Scheme, fostering connection and companionship for the elderly. Sophie loves long lunches (who doesn't?), walking, baking and travelling.



Claudia Shanks spent much of her career in Australian broadcasting, reporting and news reading Channels 9, 10 and the ABC. In London, she worked with Channel 9's bureau, Channel 4, the BBC and Discovery Channel in fast-paced content and production roles. Back in Australia, a change of industry working for the NSW State Government and with DFAT. These days, she enjoys a more relaxed pace, good company, strong community connections, and meaningful conversations with interesting people.



Susan Dickinson graduated from the University of New South Wales and practised as a general practitioner in the Sydney Metropolitan area including many years at Hunters Hill and from her home in Connells Point. Following the birth of her profoundly deaf son, she became heavily involved in education of the deaf. She is a regular volunteer in Bush Care and enjoys pickle ball and golf as well as the arts and social activities.



Noreen Antill escaped from her family of eleven siblings at age nineteen to travel the world. She became fascinated by different cultures especially in third world countries on numerous trips abroad. After corporate careers in Legal, and Education, Noreen practised in Natural Therapies and Shiatsu. Then became a Life Coach and assists families with relationships. She has four young grandchildren. Her current interests include yoga, swimming, gym, writing, public speaking, and travel.

What's Been Happening at Our Club



Balmoral Scenic Stroll

Twenty seven members appreciated the history and beauty of Balmoral Beach on a beautifully sunny May morning. A light seafood lunch at The Bottom of the Harbour capped off the event!

Salon Des Refusés - Phillip McCouat

Members enjoyed an exclusive guided tour of this collection, carefully chosen from the hundreds of entries which didn't make the cut for the official Archibald Prize. We saw an extensive and eclectic group of portraits and landscapes, both realist and abstract, so everyone would have discovered paintings that suited their taste. We followed up with an excellent meal afterwards in the gallery's café.

84 Charing Cross Road at the Ensemble Theatre

A number of members recently enjoyed an engaging performance of *84 Charing Cross Road* at the Ensemble Theatre. Regular theatre outings continue to be a popular feature of the club's social program. Members are now looking forward to the next selected performance, *Top Silk* by David Williamson, which will be presented on 10 September at 11.00 am.

Guest Speakers – Warren Kennedy 0418 404 927

Guest Speaker - Laurie Wilson

“The Camera Never Lies” - or does it?

How photographic images have been “faked” over the years

Laurie obtained a PhD in Cosmic Ray Physics at the University of Sydney in 1973, and after postdoctoral positions at the University of Oxford and University of Sydney, joined the Ultrasonics Institute, which from 1989 was part of the Radiophysics Division of the CSIRO. He performed research in several aspects of medical technology, especially medical imaging.

Since retiring from full time work in 2008, he continued to contribute to research as Post Retirement Fellow at CSIRO, Adjunct Professor at both the University of Technology Sydney and Western Sydney University. He founded the Australian Telehealth Society in 2008. In retirement he has found more time for his passion for photography, especially around the northern beaches of Sydney.



Day Tours – Tony Andrew 0411 424 826

Guided History Tour of the Famous QVB and Lunch at Cellinis - Experience over A Century of History

Wednesday July 8 at 11.00am

Tour Cost is \$20 – Lunch not included



The QVB History Tour will take us on a journey to uncover a story of resilience, culture, and progress as we explore one of Sydney's most iconic historical buildings. Built in 1898 as a monument to the long-reigning monarch, we will learn about the Queen Victoria Building's creation, near destruction and modern way preservation from expert guides.

On this 60 min walking tour, we will discover elaborate Romanesque architectural features including glorious stained glass windows, magnificent atriums, and the mighty centre dome, whilst exploring the inside and outside of the building. After the tour, lunch will be at Cellini's Restaurant at your own cost. To book the tour [click here](#)

Upcoming Day Tours, save the dates! (Click the event below for more information)

Monday 24 August	Lucas Heights Nuclear Reactor, ANSTO and Bundeena ferry cruise
Thursday 3 Sept	Conservatorium of Music, Guided Tour and Free Concert
Tuesday 29 Sept	Bowral Tulip Festival and Red Cow Farm with On Course Travel
Friday 30 October	Naval Historical Society (Eastern Sydney Harbour Cruise)
Thursday 12 Nov	Victoria Barracks Tour

My Life in a Nutshell

Rosemary Brand

After some years of travel, many adventures overseas and a stint working in TV in the UK, Rosemary returned home to Australia. In the early 70s, she met her husband, married and had a daughter. In 1986, at the beginning of women returning to work after having children, and the start of computers in the workplace, she started Brand Secretarial & Marketing, Secretarial Service, which lasted for 34 years. She joined Probus in 2014, works as a volunteer at RNS Hospital, enjoys painting and drawing, attends music, ballet and theatre, and social life with friends and family.



Long Tours – Janet Edmonds 0417 826 669



10/15 September Tastes of the Sunshine Coast

[Click to view full details](#)

19/26 October - Yamba & the Jacarandas

[Click to view full details](#)

Laughter is definitely the Best Medicine



A college class was told they had to write a short story in as few words as possible. The story had to contain the following three things. *Religion, Sexuality and Mystery* And the winner!

Good God, I'm pregnant; I wonder who did it?

Comments or suggestions!

Have an idea, comment, suggestion or complaint? Please let me know!

Tony Andrew – tonyandrew460@gmail.com or 0411 424 826

[Click here to go to the website](#)

July Meeting - Thursday 23 July 2026 at 10.00am

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