



Probud Club of Middle Harbour Inc.

August Harbourside

Diary Dates

[Click to go to the website](#)

Monday	August 24	Lucas Heights Discovery ANSTO Nuclear Reactor Bus departs 8.15am
Thursday	August 27	General Meeting Middle Harbour Yacht Club 10.00am Lunch at Skiffies
Thursday	Sept 3	Conservatorium of Music Guided Tour 11.00am
Tuesday	Sept 8	Coffee & Chat at Cafe Jam, Bridgepoint Centre, Mosman at 10.30am
Thursday	Sept 10	Ensemble Theatre , Top Silk 11.00am NOW FULLY BOOKED
Tuesday	Sept 15	Watsons Bay Walk and Lunch 10.00am
Friday	Sept 18	Farinas' Restaurant and Bar Crows Nest - Delicious Italian! 12.30pm
Tuesday	Sept 29	Bowral's Tulips at Corbet Gardens & Red Cow Farm
Wed	October 7	The Dawn Patrol – Men's Breakfast, Middle Head Café 8.30am

President	Suzie Shaw	0412 889 504	Vice President	Sue Field	0409 836 073
Secretary	Sue Hiblen	0439 606 215	Treasurer	Rob Baulderstone	0430 028 970

Bank details: 'Probud Club of Middle Harbour' BSB 032-097 Account 266 628

Please include the [event name](#) and [your name](#) in your bank reference and one event per payment.

Christmas in July Tour a Great Success!

Christmas in July Tour



On 24 July, thirty members and guests set off on a two-day Yulefest adventure with *On Course Tours*, travelling in a brand-new premium coach.

Our first stop was Nepean Dam for morning tea, followed by a wonderful Christmas-themed lunch at the historic Robertson Hotel. With its Christmas tree, log fires and mulled wine, the setting provided a perfect yuletide atmosphere. We then visited the nearby Cheese Factory before enjoying some shopping time in Bowral. Dinner and our overnight stay were at

the luxurious Gibraltar Hotel.

The following morning we visited the National Trust property of Retford Park. The beautiful gardens, with statues, specimen trees, topiary hedges and colourful seasonal flowers, provided a fitting introduction to the elegant Victorian Italianate homestead, formerly the home of James Fairfax AC.

Our guide shared fascinating insights into Fairfax's art collection and the property's history. We then travelled to Fitzroy Falls for a birthday morning tea celebrating Jean Edmonds, followed by lunch at Kiama Leagues Club. Our final stop was the famous Blowhole and Lighthouse before heading home.

It was a thoroughly enjoyable trip, with great company throughout. Thanks to our excellent driver, Peter, and to Janet Edmonds for organising such a memorable tour. **Sue Hiblen**



Guest Speakers – Warren Kennedy 0418 404 927

August Guest Speaker – Ian Thompson



Australian Inventions – More Than the Boomerang and Vegemite!

You may be surprised by how many Australian inventions have helped change the world. Australian ingenuity has also produced significant medical breakthroughs, useful household products and tools, and technologies to combat counterfeiting, scams and pests. We have even made important contributions to Wi-Fi technology.

Australian inventiveness is everywhere – and the list goes on!

The Dawn Patrol – Breakfast for Male Members

Inaugural Dawn Patrol Breakfast

Wednesday 7 October – 8.30am

Join fellow male members and male guests for the launch of the Dawn Patrol Breakfast at the **famous Middle Head Café**. Enjoy a relaxed morning of delicious food, great company, and engaging conversation in a scenic setting. This new monthly gathering will in future be held on **the first Wednesday of each month**.

If you plan to attend, contact Tony Andrew 0411 424 826 or email tonyandrew460@gmail.com



Scenic Walks – Susan Dickinkson 0410 493 793 or Philip Edmonds 0418 251 836

Scenic Walk – Watsons Bay Tuesday 15 September 10 am

Meet at the at Watsons Bay Wharf around 10.00 am. A limited cliff walk in the spectacular Gap area then lunch at the Watsons Bay Hotel at 12noon followed by a 10 minute walk to Camp Cove beach.

Transport options

Ferry from Circular Quay every half an hour stops at Rose Bay Wharf on route.

324 buses (a scenic route) from the City at Park St Stand G near the Town Hall leaves at 9.16 and arrives Watsons Bay 10.13am.

There is plenty of street parking along Cliff Road and near the Watsons Bay Hotel by the wharf. Walking varies from mild to moderate with some steep areas but lots of choice.

Contact Susan Dickinson 0410 493 793 or Philip Edmonds 0418 251 836

Phone or text for bookings or enquires. Full details for transport etc. are on the website click [here](#)

September Lunch – Farina's Restaurant and Bar

Farina's Restaurant & Bar

Friday 18 September 12.30 pm

Join us for a relaxed Italian lunch at **Farina's Restaurant & Bar**, 104 Willoughby Road, Crows Nest (corner of Holtermann Street)



Enjoy "**Bites of Bella Italia**" – a delicious two-course shared feast featuring:

Antipasto, Spaghetti Bolognese, Penne Romana, Chicken Risotto, A selection of pizzas and Mixed salads

The cost is **\$45 per person**, payable by EFT or cash when booking.

Still have room for dessert? Treat yourself to **dolce for just \$5**. Wine is available by the glass or bring your own bottle for a **\$8**

corkage fee per person!

We'll have our own private dining room, comfortably seating up to 35 guests, making it the perfect setting to enjoy good food and great company. **Parking** is available at the Holtermann Street Parking Station.

Contact **Rosemary** on **0414 515 170** to reserve your place before it fills. We look forward to seeing you there!

Christmas Luncheon - Save the date!

Thursday 10 December at Wakehurst Golf Club

Day Tours – Tony Andrew 0411 424 826

Tour of the Conservatorium of Music

Thursday September 3

10.45am – meet in the foyer for 11.00am start

Tour will include a **behind the scenes visit to the innovative Sydney Music Mind and Body lab** which investigates how music shapes human cognition and physiology and *Paradisec*, a digital archive preserving endangered languages and cultures across the Pacific communities. If time permits, the tour will include the Conservatorium's ancient instrument collection.

Free Concert 12.30pm – 45 mins approx.

Lunch is available at Piccolo Me nearby at own cost

The tour is free, but donations are welcome.



[Upcoming Day Tours, save the dates!](#) (Click the event below for more information)

Tuesday 29 Sept	Bowral Tulip Festival and Red Cow Farm with On Course Travel
Friday 30 October	Naval Historical Society (Eastern Sydney Harbour Cruise)
Thursday 12 Nov	Victoria Barracks Tour

July Guest Speaker Report

July Guest Speaker – Anita Jacoby AM

“Stories Happen to People Who Tell Them”

Anita Jacoby AM gave members a fascinating insight into her remarkable television career and her encounters with world figures including Sir David Attenborough, Jane Fonda, Bill Clinton, Earl Spencer, Helen Mirren and Clint Eastwood.

Anita spoke passionately about her love of storytelling and the privilege of being paid to tell stories around the world. But the most extraordinary story she ever uncovered was much closer to home. In 2013, Anita heard a passing reference at a family dinner to an “infamous court case from the 1950s” involving her father, Phillip. The family knew nothing about the case.

This chance remark led Anita on a nine-year quest, uncovering secret police files, court transcripts, handwritten notes, newspaper articles and police interviews, much of it in her father’s own words. After a career telling others’ stories, Anita discovered her own richest story had been hidden within her family. A more comprehensive summary is on the website [here](#)

Member Spotlight

Barbara Hannan

Barbara told us that from listening to Winifred Atwell's honky tonk piano playing, TV'S Mickey Mouse Club, Rodgers & Hammerstein's movie musicals, her love and passion for watching and performing in musicals was born. It all began with a school production, then learning dancing, later singing which led to performing in musical theatre, eventually playing several leading roles and establishing lifelong friendships. She successfully auditioned for a semi-professional group and through that, was part of a production starring June Bronhill. June and the group were invited to perform in the first and only Royal Variety Performance held in the Sydney Opera House in the Queen's Silver Jubilee Year in the presence of Prince Charles. Barbara also mentioned her long career in travel.



Long Tours – Janet Edmonds 0417 826 669



10/15 September Tastes of the Sunshine Coast

[Click to view full details](#)

19/26 October - Yamba & the Jacarandas

[Click to view full details](#)

Laughter is definitely the Best Medicine

You can always trust the Americans. In the end they will do the right thing after they have eliminated all other possibilities. *Winston Churchill*

[Click to view the club website](#)

September Meeting - Thursday 24 September 2026 at 10.00am